

FROM THE PRINCIPAL

Dear members of the Lisieux community,

Welcome to Term 3! I hope all students enjoyed a restful break and are energised for an exciting term ahead. I am pleased to welcome four new students this week, swelling our student population to 50! Joining Carmel M is Molly McEwan and in Carmel H we welcome Daphne Mayes, Sophia Murphy and Patrick Rimmer. I know you will join me in making these students and their families feel very much at home at Lisieux.

We also have a further 6 new community members - our chickens who have been named Coco, Tiger, Shelly, Fluffy, Feather and Jacky have joined us, in their own special quarters, The Chook Palace. Students will be involved in learning about how to care for them in our new specialist subject, The Growth Project. This program will incorporate a focus on the environment and sustainability. It will include elements of permaculture, growing and harvesting, food preparation and recycling projects. Tuesdays will remain Specialist Day this term but the structure of the day has changed to accommodate this new subject, which will be led by Mrs Zoe Vagg. Outdoor Discovery has moved to Fridays this term and we will make use of our newly renovated shed, The Discovery Centre, for part of this outdoor-based learning program. As this space has been set up as an outdoor classroom, we request that students only visit this space under the supervision of our staff, and that younger siblings are discouraged from entering the space, as learning stations may be disrupted without supervision.

As part of our commitment to visible wellbeing and positive education, this semester we have decided to have a “focus of the fortnight”, with a school-wide focus on a particular character strength. We begin this term by focusing on ‘perseverance’. Students will be introduced to what this means, how they can recognise it in themselves and others, and how they can build it.

It promises to be a fun-packed and exciting term at Lisieux. It is wonderful to see our students so happy to be back at school and ready to be involved in amazing learning opportunities.

God’s blessings for the week ahead,

Susan Ryan
Principal

Susan.ryan@lisieux.catholic.edu.au

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SCHOOL CALENDAR

JULY

Tues 24th

School Advisory
Meeting 7pm
Staffroom

Thurs 26th

Parents & Friends
Meeting 7pm
All Welcome

AUGUST

Sat 4th

Working Bee
8am – 12 noon



A Winter Prayer

Dear Lord,
Let us huddle together this season,
our community a place of warmth in our lives
as we share the flame of hope and connection.
Let us allow the frost of isolation to melt away
as we open ourselves to a sense of peace and spirit.
We extend our thoughts to all those who are cold,
lacking shelter or love to keep them warm.
Let us wrap our prayers around them and each other like
scarves,
and wish each other safe journeys through the storm.
May we be insulated from fear as the earth is insulated by the
snow,
And, like bulbs, may we continue to grow and open inside,
despite the cold,
Ready for the spring, to stretch and grow towards justice.

Amen



REMINDERS and REQUESTS

Families are reminded that both The Discovery Centre and The Chook Palace are areas that require staff supervision. We request parent support in ensuring that students and their younger siblings are not in these areas before or after school. Your support in this matter is greatly appreciated.

- We continue to seek donations of plastic bottle tops for a recycled art project for The Growth Project. There is a blue container in Reception for donations. We would also appreciate donations of **old floor rugs** for The Discovery Centre as well as **beads, wool, knitting needles**.
- Tuesday and Friday are PE uniform days. We request that students wear full and correct formal uniform, including footwear, on Mondays, Wednesdays and Thursdays.
- If families are planning holidays out of standard school holiday term times, could this advice please be made in writing (email is fine) to Susan Ryan in advance of the scheduled family holiday. In recognising that such opportunities are unique and special family times, it is important for planning purposes that we are aware of planned absences. School work will not be provided for students during such absences.

EGGS! EGGS! EGGS!

'Our girls' are already laying which is great news. Limited supplies of fresh eggs will be available for \$5 per carton, the money from which will go back into resourcing The Growth Project needs. Our first priority is a compost tumbler bin which retails for approximately \$250. That's just 50 dozen eggs! If interested in purchasing fresh eggs, please put your name down with Fiona Thompson at Reception. If all goes well, we should be able to produce and sell two dozen per week.



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July 17, 2018

Dear parents and carers,

It is with great pleasure that I announce the appointment of Mr James Flint to the role of Deputy Principal at Lisieux Catholic Primary School, to commence in January 2019. Many of you will remember James from his short experience as Acting Principal during my absence in April.

James was one of a field of outstanding candidates for the role of Deputy Principal. His appointment was unanimously supported by members of the selection panel as he impressed with his passion for teaching, his commitment to best practice leadership and his dedication to student wellbeing. James is currently Deputy Principal at St Francis Xavier CPS in Corio. He is looking forward to relocating to Torquay later this year with his wife and two children.

I know you will join me in welcoming James in due course when he commences his appointment. It is an exciting time for our learning community as we grow and prepare for the new opportunities that lie ahead.

Yours sincerely,

Susan Ryan
Principal

Giving Them Grit: How to Build Perseverance in Children

Adapted from an article by Brian P. Gatens

If I've heard the story once about Thomas Edison failing hundreds of times before finally perfecting his inventions, I've heard it a thousand times. The same goes for the legend of Michael Jordan being cut from his high school basketball team in his sophomore year.

These two stories are small examples of our society's admiration of those who showed perseverance or "grit" before finally breaking through to success. This is especially important to schools, where developing positive character traits are essential, and perseverance is one of the most important among them, along with honesty, caring and hard work.

To learn more on building grit, I started with the work of both Angela Duckworth and Paul Tough, who have researched the topic extensively and have crossed over from academia to popular culture. I also tend to think that this topic gels nicely with our current struggles with the economy and recession.

Spending time exploring grit is a wonderful coping strategy as we persevere through tough times. As a side note, another example is the continuing popularity of the World War II era "Keep Calm and Carry On" signs and shirts. There are two components to developing perseverance:

Helping children get more grit



Acknowledge nature and nurture

We have to accept that grit and perseverance are a mixture of nature (children are born with a certain amount) and nurture (environmental factors, primarily the home) as children develop into young adults.

Accepting children for where they are, establishing their capacity for growth and then working diligently to find that possibility is essential. As with all other traits, the two mixing factors need to be realized and considered when working with children. You may want to consider developing a "grit" inventory in which children have the opportunity to share and reflect on their perception of their personal grit.

Have a talk about grit

To help your students develop toughness, I suggest that you verbalize how grit manifests itself in people's lives and offer examples of where a person makes a conscious decision to "hang in there" and triumph in the end.

This is best told through story, especially because children have a natural inclination to enjoy an exciting tale or two. For the older child, a teacher may want to look at the adventures of Ernest Shackleton or read excerpts from "Unbroken," Laura Hillenbrand's excellent book of heroism during World War II.

Note the comparison to athletics

Developing grit is akin to building athletic or physical strength. We develop more capacity when our systems are "stressed" because the body strengthens itself in anticipation of new demands. This physiological principle also applies to activities of the mind and will. As a result, you can help your children develop their own sense of grit and perseverance by putting them into situations that require them to push a little bit further each time. An exciting and interesting way to try this out is to purchase and share "tavern puzzles" with your class. These old-fashioned metallic contraptions require students to continue to work and work at a problem.

Eventually they, and you, will be amazed at the lengths they can go in tackling and solving a problem.

FUNDRAISING NEWS

From the second week of Term 3, we will be offering Advertising spots in our newsletter each week. Initially, 4 businesses will be featured with a 1/4 page advertisement each. The newsletter is currently emailed to over 80 contacts and also has a link on the School Website and Facebook page.

If you have a business that you would like to advertise, or know of anyone that would like their business advertised, please get in touch with Fiona Thompson -

fiona.thompson@lisieux.catholic.edu.au or

03 90896614. (Word or jpeg formats are preferable).

The cost of advertising per week will be \$20. If you are interested in a regular (ie once a month)

Some Photo's from our Supatramp Fundraiser





LISIEUX DADS NIGHT OUT

Friday 3rd August

7:30pm – 9:30pm

X-Golf

Package Includes: 2hrs Simulator hire, 2 drink tokens (beer, wine or soft drink)
1 food platter per simulator and a 15 minute introduction and warm up.

Cost - \$40 per person

RSVP – Grant Byrne on 0418 544 611 (No later than Monday 30th July)

****We need 20+ dads to make it a private function.****



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CCS is here! Changes have been made to your Government Subsidy.

Did you know that on **Monday the 2nd of July** the Government's old fee assistance, CCR and CCB, were replaced with a single **Child Care Subsidy (CCS)**. Great news is this new subsidy is available at all Camp Australia services!

CCS affects the amount of fee assistance each family receives. A few things that will determine a family's level of Child Care Subsidy are:

- Annual income will determine the percentage of subsidy a family is eligible for,
- An activity test will determine how many hours of subsidised care families can access, and
- The type of child care service will determine the hourly rate cap

You must confirm your enrolment as soon as possible on the MyGov website:

<https://my.gov.au/> and confirm your personal details. This is what determines how much assistance you will receive.

Due to CCS being brand new, **your details will not automatically roll over** from previous years, so to prevent any complications please confirm your enrolment otherwise you may not receive any subsidy until you do so.

You can find more information at: <https://www.education.gov.au/ChildCarePackage>.

Thank you and we look forward to seeing you soon,

Camp Australia

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