

90 South Beach Road Torquay VIC 3228 (03) 9089 6614 www.lisieux.catholic.edu.au

KNOWN & LOVED

FROM THE PRINCIPAL

Dear members of the Lisieux community,

The **beginning of the school day** is an important time. As children arrive, they are encouraged to say good morning to staff and students, unpack their bag, and if there is time, enjoy some outdoor play. Such greetings build relationships and allow the students to share any news and feel comfortable about the day ahead. When the bell rings at 8:45am, we begin our day by gathering around the prayer mat and sharing prayers together as a class group. At Lisieux, this daily ritual is important and establishes a positive start to the day. Being punctual is important for children as they learn about routines and commitment. Late arrivals can affect learning, not only for the student who is late, but can also be disruptive to other students, particularly during prayer time. Lateness can also make the late student feel embarrassed or uncomfortable. May I request that families support the timely arrival of their student at school. Any time between 8:25am-8:40am is perfect. Pick up time is 3:15pm and in cases where a student is not collected by 3:30pm, they will be taken to After School Care, with the required costs being charged to parents. We ask for your understanding in this matter.

With steady interest in **enrolment at Lisieux for 2019**, a decision has been made to run 3 Prep classes next year. While offers for Prep placements have been sent to families, we still have a small number of places available in Prep and are accepting enrolment applications for Years 1-6.

This term we will host two **student teachers** on placement at Lisieux. Mrs Jen French has commenced her placement and is currently observing learning across all classes one day per week. Across the semester she will spend some more dedicated time in Carmel D and Carmel M. I know you will make Jen very welcome.

At our Advisory Council meeting this week, we discussed the issue of **carpark safety**. It was noted that, especially in the afternoons when all cars are arriving and exiting at the same time, extra vigilance is required with the number of students and younger siblings present. Please follow the signs provided and be very cautious when reversing. The Advisory Council is reviewing current practices to seek arrangements that will provide for increased safety. ISSUE 21 | 26 JULY 2018

SCHOOL CALENDAR

<u>JULY</u> Thurs 26th

Parents & Friends Meeting 7pm All Welcome

AUGUST Sat 4th

Working Bee 8am – 12 noon

Mon 20 –Fri 24 - Book Week (parade to be held on Friday 21 August)





FROM THE PRINCIPAL

Please consider registering for our next **Working Bee on Saturday 4 August**. Between 8am - 12 noon. Even if you can just spare an hour, we would love your support and it is a great opportunity to meet other parents. Our focus will be weeding, mowing and a general outdoor tidy up. Please note that for safety reasons it is not suitable for younger children to be present during the working bee.

God's blessings for the week ahead,

Susan Ryan Principal Susan.ryan@lisieux.catholic.edu.au

PRAYER

Lord, bless the educators who give their heart to teaching. Thank you for the special gift that You have given them and for giving them a spirit of grace and compassion. May they have strength and endurance to perform their many tasks, and may they know and feel the deep gratitude of those whom they teach. Amen



WELLBEING

WHY IS IT IMPORTANT FOR YOUR CHILD TO ARRIVE AT SCHOOL ON TIME?









There are many benefits your child will gain from arriving on time to school and class. Did you know?

- The likelihood of success in learning is strongly linked to strong participation in school programs which is linked to arriving on time.
- 4
- It is very important for children to develop habits of arriving on time at an early age, beginning from the time they start school.



Some Gains for Your Child

Arriving On Time for School and Class:

- Makes sure that your child doesn't miss out on the important learning activities that happen early in the day when they are most alert.
- Early morning learning activity is often reading or writing your child can lose so many opportunities to learn these critical life skills.
- Helps your child to learn about routines and commitment.
- Gives your child time to greet their friends before class and this can reduce the possibility of disruptions in the classroom.
- 4 Class disruption can make your child feel uncomfortable and can upset other children.
- 4 Arriving on time every day makes children feel good about themselves

SCHOOL ATTENDANCE IS COOL!

HAVING PROBLEMS GETTING YOUR CHILD TO SCHOOL ON TIME?

Are these some reasons why your child does not get to school on time?

- Your child won't go to bed at night or get out of bed in the morning
- 4 Your child can't find their clothes, books, homework, school bag....
- 🖊 The school lunches are not ready
- Homework's not done
- ¥ Your child is slow to eat breakfast
- 4 Your child is watching TV late at night or when they should be getting ready for school
- 🖊 It's your child's or someone else's birthday
- 4 There is a test or presentation at school today
- 4 Your child is screaming or not letting go of you.

Things to Try

- **Here are some suggestions based on setting regular routines:**
- 🖊 Have a set time to go to bed
- 🖊 Have a set time to be out of bed
- 🖊 Have uniform and school bag ready the night before
- 🖊 Make lunches the night before
- Have set time for starting and ending breakfast.
- Set a time each day for homework. Try straight after school with the TV off so your child can relax for the rest of the night and have a reward when finished.
- **4** Turn the TV on for set times and only if appropriate.
- **4** Be firm that children must go to school.
- Give your child lots of positive encouragement and acknowledge they are organised and get to school on time.
- 🖊 Be firm; a birthday does not equal a holiday.
- On arrival look for some of your child's friends and encourage your child to go and play with their friends.
- 4 Once settled leave quickly.

REGULAR ROUTINES ARE IMPORTANT



LISIEUX DADS NIGHT OUT

Friday 3rd August 7:30pm – 9:30pm X-Golf

Package Includes: 2hrs Simulator hire, 2 drink tokens (beer, wine or soft drink) 1 food platter per simulator and a 15 minute introduction and warm up.

Cost - \$40 per person

RSVP – Grant Byrne on 0418 544 611 (No later than Monday 30th July) **We need 20+ dads to make it a private function.**



We've been cooking up a storm in OSHC

At Camp Australia, all our OSHC programs follow the Healthy Eating Program.

We make sure that the children who attend our programs eat healthy and delicious meals and snacks that are in line with the Australian Dietary Guidelines.

To help you and your family stay healthy, we thought we'd share one of our most popular savoury dip from our very own Healthy Eating Cookbook.

Mexican Bean and Corn Dip

This quick and easy dip can be varied by adding cheese and/or diced fresh tomato on top. It can also be served hot or cold.

You'll need:

□ 2 tin of beans (use salt reduced baked beans or kidney beans)

- 1 tins corn
- 1 jar of salsa
- \Box $\frac{1}{2}$ grated cheese
- □ 5-6 medium cherry tomatoes diced or 1 tin of tomatoes

Method:

- 1. Refrigerate the cheese provided for 5 mins so that it is easier to grate.
- 2. Drain excess sauce off beans and corn but do not rinse.
- 3. Mix salsa and beans together.
- 4. Place grated cheese and tomato on top.
- 5. Serve a teaspoon of cold dip with crackers and/or vegetables.
- 7. Ready to eat. Enjoy!

Come Along And See What We Are Cooking Up!

Feel free to drop by and meet our team and see the program in action. Come along and see what healthy meals and snacks are being made and enjoyed in every session.

Program Details

To find out more about our program, view fees and to register visit www.campaustralia.com.au

We look forward to seeing you and your family soon.

visit www.campaustralia.com.au

