

FROM THE PRINCIPAL

Dear members of the Lisieux community,

Welcome to Term Four! How incredible that we have reached the 'final quarter' of the school year already!

Last term we farewelled Elle Kenna from Carmel D when her family relocated to Ballarat. We wish Elle all the very best and hope to remain in contact with her. This term, we warmly welcome Liam (Carmel D) and Jackson (Carmel H) Sammut to our learning community. The boys have already settled in beautifully.

Over the break, building progress continued and we are edging closer to 'the promised land.' It is our intention to hold our Art Show in the new space at the end of November / beginning of December and also to hold our Transition Day in the building on December 11. We are all very much looking forward to being able to utilise this space.

In very exciting news this week, both The State Labour Government and Opposition Liberal State Government have announced support of 4 million dollars and 6 million dollars respectively towards the building of our Stage 2 building. This funding will make a vital contribution towards our capital work needs. The commitment recognises the contribution and importance of Catholic education in Torquay and it is very welcome news for our future development.

God's blessings for the week ahead,

Susan Ryan

Principal

Susan.ryan@lisieux.catholic.edu.au

ISSUE 30 | 11 October 2018

SCHOOL CALENDAR

OCTOBER

Tues 16th Learning Conferences
3:00 – 8:00

Thur 18th Brave Hearts -
Personal safety
presentation

Fri 19th Feast of St Therese
Mission Day –
Lisieux students to
attend St Therese CS
mission fete activities

Fri 26th Brainstorm Production
Performance

Mon 29th – Fri 2nd (Nov)
Swimming Program

NOVEMBER

Mon 5th Student Free Day

Tue 6th Melbourne Cup Public
Holiday

Tue 13th Lisieux Sports
Carnival

Sat 17th P & F Winery Tour

Wed 21st 2019 Prep Orientation

Fri 30th – Sun 2nd (Dec)
Lisieux Art Show

DECEMBER

Tue 11th Transition Day P-6
Students

Wed 19th Term 4 2018 School
Year Concludes at
1:00pm



**Focus of the fortnight:
CREATIVITY**

PRAYER / REFLECTION

Lord God,

Spring is a metaphor for change. Some changes we eagerly await, and some we struggle to accept. Some changes we plan and others arrive uninvited. To all these changes we ask the gift of Your perspective beckoning us to expectation, hope, and rebirth.

May the sunlight and the rain be reminders that You are at work renewing the earth. As a God of renewal, You are ever at work in our lives, too.

Open our eyes and lives to the needed changes in our lives this Spring. Awaken us to new life and perspective. Amen.

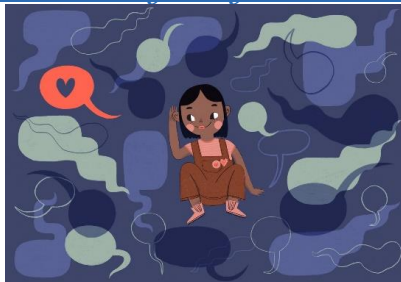
REMINDERS and UPDATES

If families have planned absences from school, please advise the Principal in advance via email.

WELLBEING

Six things parents can do to raise kids to be confident decision-makers

Article by Kate Rope author of [*Strong as a Mother: How to Stay Happy, Healthy and \(Most Importantly\) Sane From Pregnancy to Parenthood.*](#)



On every vacation we allow our daughters to pick out a souvenir. We browse local shops until we find the “perfect” reminder of our time together. On a recent trip, my 6-year-old immediately homed in on a small stuffed cat, but her 10-year-old sister and I pointed out that we were only in the first store. She reluctantly agreed to keep looking.

Over the next hour, however, she continued to solicit our opinion on the cat. We told her it was her decision, but she refused to make it. It was a small moment, but it struck me deep inside. For much of my life, I made decisions by committee. After a difficult breakup at age 27 — and some good therapy — though, I learned how to listen to the tiny voice inside me, which had known for nearly a decade that the relationship was not right.

That \$9 stuffed kitty became a symbol for all the times the needs, opinions and goals of others drowned out my own, and it launched me on a mission to help my daughter develop confidence in her own opinions, ideally long before she turns 27.

I asked Katie Hurley, a child and adolescent psychotherapist in El Segundo, Calif., and author of [*“No More Mean Girls,”*](#) whether my daughter’s tendency to rely heavily on input from others was a bad thing. Was it a symptom of anxiety? Or, as I was pessimistically forecasting, was it proof that she is destined to put the opinions of others before her own until she winds up on a therapist’s couch? And would it be my fault?

“For parents, the fear is, ‘Is my kid paralyzed with anxiety, and am I enabling that by always providing the committee to help make the choice?’” Hurley says. But, she adds, this kind of crowdsourcing is “probably a function more of personality type.” Kids who are more introverted “tend to be the overthinkers.” For them, “learning how to make quicker decisions is a developmental process.” And although some people never learn, Hurley says, you can help guide children at a younger age. Whew.

Here are some ways parents can help their kids become confident and independent decision-makers who know themselves.

Empathize, but don't solve the issue

“Acknowledge that you go through this, too,” Hurley says, as a child and as an adult, and then let your child know that you see her struggle. But try to listen without jumping in. The key, which I clearly missed, is shutting up. “Parents are directing kids all the time and robbing them of age-appropriate decision-making practice,” says Emily Green, a child and family therapist in Atlanta. “We talk them out of it. We talk them into it. Then they never have to practice their own decision-making or problem-solving skills.” On the flip side, Green says, “If we can press the mute button and pause, that’s where the growth comes in.”

Help your child listen to herself

Green suggests using words such as “seems like” and “sounds like” to help a child identify what she is feeling: “Sounds like you are unsure if you want the cat. Seems like you’re feeling a little stuck.” Developing kids’ awareness of their emotions helps them calm down and make a choice.

[[The important connection between risk-taking and confidence in girls](#)]

“If you go back and replay the whole scenario,” Hurley says, “your daughter actually knew what she wanted from minute one, but you and your older daughter said, ‘Wait, there might be something better,’ and then she spent time worrying about it.” Helping her get back in touch with what she wanted would have been a good place to start, by telling her, “It seems like that cat really spoke to you. Tell me why it means so much to you.” Giving her a moment to articulate her desire is part of “teaching her the process of knowing herself,” Hurley says.

Provide structure

After you’ve helped your child voice her struggle and get in touch with her gut, let her know it is her decision. Tell her, “It seems like you’re really looking for me to decide for you, but this is a decision for you to make,” Green says. Then give her a time frame — five to 10 minutes — in which to make it. You also can offer techniques that have helped you, such as making a pros-and-cons list or asking yourself how you would help a friend facing the same choice. But let her make the decision herself. And let your child know, “I’m confident you can make this decision,” suggests Betty Wood, a parent coach in Decatur, Ga.

Practice decision-making

Look for small moments to make choices. At the grocery store, let your child decide whether it’s broccoli or peppers for dinner. “Making a series of small decisions will help her learn to make pros and cons quickly and get into the habit of decision-making,” Hurley says.

As kids get older, keep the ball in their court as much as you can. “I hear parents of all age kids say things like, ‘I just really want her to go out for the robotics club because I know that she loves that stuff,’” Green says. “So often when we make suggestions, or we try to convince our kids what’s best for them, or try to steer them into something they are good at, we are robbing them of opportunities to pick what is fulfilling for them.”

When we tell kids, “That didn’t hurt,” or, “Wear your jacket, it’s cold out,” we subtly undermine their own assessment of situations, Green says. “If we do that, it’s not realistic that they will grow up to be adults who trust their own opinions.” (Although Green says it’s fine to put a child’s jacket in his backpack so he can put it on later if he feels cold.)

Encourage reflection

“Children are told what to do so often that when they make a good decision, it’s not acknowledged,” Wood says. In the case of — spoiler alert — my daughter’s choice to buy the cat and her subsequent explosion of happiness, I might have said, “Seems like when you listened to what you wanted, you made the choice that fit you.”

You can also help kids get in touch with how they felt when they didn’t follow their inner compass — especially when peers complicate behavior (whether they are 6 or 16). That might sound like, “It seems like you end up only doing things Claire wants to do when you hang out with her and not having fun.”

That can help them recognize when their behavior doesn’t match their goals or beliefs, Green says.

Discuss learning to live with regret

Of course, part of making decisions is sometimes making the wrong one. “We are trying to sweep away all the problems of our children’s lives, but we all have regrets,” Hurley says.

Let your kids know you feel regret, too, and help them find a way to work through the discomfort of it, such as writing the regret down on a piece of paper, crumpling it into a ball and throwing it into the trash, or folding it into a paper airplane and sending it away. “For kids, symbolic acts hold a lot of feeling,” Hurley says.

You also can deconstruct the decision and help them think through what might be helpful the next time they have a choice to make.

“The hard part about life is we always live with regret,” Hurley says. “The great thing is that there is always a next time.”



St Therese Feast Day Invitation



**On Friday 19th October St Therese
CPS and Lisieux are celebrating
the feast of St Therese of Lisieux
along with Mission Day. The two
schools will join together for this
celebration.**

Lisieux on Tour....

Our Parents and Staff Winery tour is quickly approaching on



Saturday 17th November!
Tickets are now available from
Fiona at the office and are
\$65 each.



Payment via cash or Direct debit;
BSB 083-347 Account 33975 7598

Reference – Name

This includes return bus from Torquay and lunch at one of Bellarine's best wineries (gluten free, vegan and vegetarian options available).

Drinks and tastings will be at cellar door prices.

Looking forward to a fun day celebrating an amazing year with Parents and Staff!! Get in quick....

-Parents & Friends Committee



09 Oct 2018
The Australian, Australia

Author: Rebecca Urban • Section: General News • Article Type: News Item
Audience : 94,448 • Page: 7 • Printed size: 585.00cm² • Region: National
Market: Australia • ASR: AUD 15,050 • words: 529 • Item ID: 1019430032

isentia.mediaportal

Licensed by Copyright Agency. You may only copy or communicate this work with a licence.

Page 1 of 2

\$400M FUND FOR UPGRADES, NEW SCHOOLS

Andrews comes to Catholics' aid

REBECCA URBAN
NATIONAL EDUCATION
CORRESPONDENT

The Victorian government has promised to triple its investment in the non-government schooling sector over the next four years, announcing a \$400 million capital works fund to upgrade and build new schools.

With an additional 90,000 students to flood Victorian schools by 2022, the proposed funding aims to stimulate investment by the non-government sector in building new schools, particularly in Melbourne's fast-growing outer suburbs.

Making the announcement yesterday, seven weeks out from the state election, Premier Daniel Andrews said he expected hundreds of projects to be funded, with Catholic schools to be the main beneficiary.

The fund is a significant boon for the Catholic sector and follows the recent news that it will share in an additional \$4.6 billion in federal support over the next decade. It has disappointed the teachers union, however, which is still reeling from what it describes as Prime Minister Scott Morrison's "special deal" for the sector.

Mr Andrews said the state government had announced 70 new government schools over the past two years but, given population projections, it was unable to meet future demand on its own.

In the case of the fast-growing Wyndham municipality alone, including suburbs of Werribee, Point Cook, Hoppers Crossing and Tameit, about 450 babies — enough to fill a primary school — are born each month.

"We simply cannot educate all of our kids across Victoria without partnership with Catholic schools and other independent schools," Mr Andrews said.

He said more than 30 per cent of students attended Catholic and

other independent schools and the government supported parental choice when it came to schooling. Recipients of grants would predominantly be low-fee parish schools and regional colleges.

"This partnership will allow us to upgrade existing facilities and make sure in growing suburbs of

Melbourne, and indeed in some regional centres, we can have more ... brand new schools being built," Mr Andrews said.

Independent Schools Victoria and the Catholic Education Commission of Victoria welcomed the investment, which represents a significant increase from the \$120m allocated in 2014.

"Catholic education already runs the second-largest school system in the state, providing a quality education for close to a quarter of Victoria's schoolchildren," CECV executive director Stephen Elder said.

Australian Education Union Victorian president Meredith Peace said members working in public schools would be disappointed, given that the bulk of new school enrolments would be in government schools.

CECV has opened five new schools across Melbourne this year and several in regional Victoria, including Lisieux Catholic Primary School in Torquay North.

Kicking off with 43 students in an old house on the site, the school expects to have 130 students enrolled by the time its new main

building is completed by the start of the 2019 school year. The school — the second Catholic primary school in the Surf Coast town — will receive \$4m from the state fund. "In Torquay North there is a lot of land opening up and new families investing in the area and

it's fast becoming a really vibrant community," said principal Susan Ryan.

Dear parents and carers

I write to you with great news for Catholic schools around Australia.

After 16 months of intense lobbying from school communities like yours, the Australian Government and the National Catholic Education Commission announced that they have agreed to new arrangements under the Gonski 2.0 funding policy.

Under these new arrangements, the Australian Government will make changes to how it calculates the funding each school receives. Revisions to the existing SES funding methodology will take parent income into account to ensure a fairer and more accurate measure of school community wealth. The new arrangements also provide more time to schools considered 'overfunded' under the model to transition to their new funding arrangements.

The Australian Government has also established a new fund to support struggling schools.

Since May last year, Catholic schools in Victoria faced more than one billion dollars in funding cuts over the next decade.

Today, the announced changes will put a stop to these funding losses and actually provide additional funding to schools in our sector.

None of this would have been achieved without your efforts, and those of parents and carers in other school communities across Victoria.

When confronted with the government's funding policy changes last year, Victorian Catholic school communities were the first, and for a long time the only, voices advocating for Catholic schools across Australia.

Thank you for standing up for your community over the last 16 months.

Victorian Catholic school family efforts inspired other dioceses and their school communities to have the confidence to take up the fight and to bring about today's announcement.

There is no doubt that your efforts have resulted in the fresh approach taken by the new Minister for Education, Dan Tehan. Minister Tehan has genuinely listened to the concerns of Catholic education and recognised that there are major flaws in the funding model. We are grateful for his intervention and efforts to resolve this impasse.

While I am hopeful that we won't face this type of challenge again, I am gratified to know that there are parents and carers like you ready to stand up for our Catholic schools.

Thank you once again for your efforts.

Good wishes



Stephen Elder
Executive Director

Dear parents and carers

I write to you with great news about a recent funding commitment for our schools.

The Premier of Victoria, Daniel Andrews, and the Deputy Premier and Minister for Education, James Merlino have announced the ALP's commitment to provide \$400 million in funding over the next four years to upgrade and build new Catholic and other non-government schools.

Catholic education will be the big winners from the fund, with the Premier indicating that our schools will receive 70-80% of the new funding.

The Andrews Labor Government has also announced a range of planning reforms which will streamline existing processes to help us build and maintain facilities for Catholic school communities across the state.

On top of this, Mr Andrews has committed funding to support the removal of asbestos and the other hazardous materials, which will ensure that all of our schools, wherever they are, are safe.

This is a huge announcement for the Catholic sector, and is the largest capital funding commitment a Victorian Government has made to our schools.

I know the significant contribution you already make to maintaining and upgrading the facilities at your child's school, and I also know that you keep putting your hands in your own pockets to make sure that they can have the best places to learn in. Across Victoria, parents and carers are contributing 80 cents in every dollar that our school sector spends on capital works in our schools.

Today's announcement is an acknowledgement of that fact.

Today's announcement is also a welcome recognition of the hard work from you and other members of your school community have put in over the last 18 months, sending a very clear message to decision-makers: Catholic education matters.

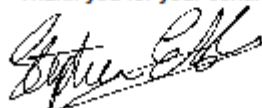
If you have the opportunity, I encourage you to write and thank the Premier and the Deputy Premier and Minister for Education for their support of your school. Their addresses are:

The Hon Daniel Andrews MP
Premier
Parliament House
Spring Street
EAST MELBOURNE VIC 3002
daniel.andrews@parliament.vic.gov.au

The Hon James Merlino MP
Deputy Premier and Minister for Education
Parliament House
Spring Street
EAST MELBOURNE VIC 3002
james.merlino@parliament.vic.gov.au

Your principal will pass on any further updates on the policies of the other major parties in the weeks ahead.

Thank you for your continued support for your school community.



Stephen Elder
Executive Director

Dear parents and carers

For the second time this week, I am writing to you with good news on school funding.

The Liberal Nationals leader Matthew Guy and his education spokesman, Tim Smith, have pledged to match the Victorian Government's \$400 million commitment for the upgrading and building of new Catholic and non-government schools over the four years, if elected on 24 November.

The Liberal Nationals have also committed to planning reforms they say will offer more streamlined procedures and enable Catholic and other non-government schools to be more responsive to community demands by transferring planning responsibility for applications relating to non-government schools from councils directly to the Minister for Planning.

Importantly, Mr Guy has said 'giving parents and children choice in education is a core value of the Liberal Nationals', adding 'a critically important part of that choice is for parents to have the option of low-fee independent and Catholic schools'.

Shadow Minister for Education, Tim Smith, acknowledged that Victoria has the highest rate in the country of students attending non-government schools and, like the ALP, has committed funding to support the removal of asbestos and other hazardous materials to ensure our schools, wherever they are, are safe.

Yet again, this is a terrific announcement for Catholic education, and is further recognition of your commitment to seeing that your children are taught, in not only caring learning environments, but great teaching spaces that can inspire.

In the space of just three days, both major parties have offered a public endorsement of the quality and strength of our schools in the Catholic sector – and recognised their significance to the state.

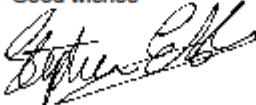
Again, if you have the opportunity I would encourage you to write or email thanking Mr Guy and Mr Smith for their support for our education sector. Their addresses are:

The Hon Matthew Guy MP
Leader of the Opposition
157 Spring Street
MELBOURNE VIC 3000
matthew.guy@parliament.vic.gov.au

Mr Tim Smith MP
Shadow Minister for Education
Suite 1, 400 High Street
KEW VIC 3101
tim.smith@parliament.vic.gov.au

Thank you for your continued support for your school community.

Good wishes



Stephen Elder
Executive Director