

FROM THE PRINCIPAL

Dear members of the Lisieux community,

Bonjour!

As our learning community has now been in operation for close to 18 months, it is timely to collect some feedback from our key stakeholders about our school's development. Feedback provides a point of reference that can be used for school staff and leadership to reflect on current practices and identify areas in which our work could be still more effective. Feedback is useful in helping us determine key priorities for the future and hopefully it also provides affirmation of what is going well.

Because we want to identify and meet the needs of all our Lisieux students, we need to hear from parents, carers and community members about how clear our vision is, whether it is aligned to what you see as core business for your child's development, and what you believe could be improved at Lisieux. As I often say to parents who are touring our community, "we are on a journey" and we are conscious that we do not have all things right now. This is why prioritising needs and goals is so important. I strongly believe that doing things slowly, with focus and embedding them in our practice is of more lasting value than rushing "to have it all."

The attached link will take you to a short survey which includes 7 questions. Not only will your honest responses help guide the Lisieux leadership team and Advisory Council to set future goals, it will also be used as data for a project we are undertaking to encapsulate our school vision and mission in a visual format.

We greatly appreciate your time to respond to the Community Survey. Please note that responses are confidential.

<https://www.surveymonkey.com/r/LLR9QBM>

God's blessings for the week ahead,

Susan Ryan
Principal

Susan.ryan@lisieux.catholic.edu.au

ISSUE 15 | 6th June 2019

SCHOOL CALENDAR

JUNE

Fri 7 th	Student Free Day
Mon 10 th	Queen's Birthday Holiday
Tues 11 th	Student Free Day
Thurs 13 th	Prep – 2 Incursion Bravehearts Performance - 11:30
Sun 23 rd	First Eucharist Celebration at St Therese Church 8:30am – 9:30am



A Winter Prayer

Let us huddle together this morning,
our community a place of warmth in our lives
as we share the flame of hope and connection.
Let us allow the frost of isolation and bitterness to melt away
as we open ourselves to a sense of peace and spirit.
We extend our thoughts to all those who are cold this season,
lacking shelter or love to keep them warm.
Let us wrap our prayers around them and each other like scarves,
and wish each other safe journeys through the storm.
May we be insulated from fear as the earth is insulated by the snow,
And, like bulbs, may we continue to grow and open inside, despite the cold,
Ready for the spring, to stretch and grow towards justice.
Amen



REMINDER

Student Free Days:

Don't forget that this Friday 7 June is a professional practice day for all Lisieux staff and is a student-free day. Monday is a public holiday and Tuesday 11 June is a Staff Curriculum Day with all staff participating in professional development on Restorative Practice. We look forward to seeing students on Wednesday 12 June after an extra-long weekend.

Out of Hours School Care

Please note that we are now accredited to host up to 30 students at Before or After School Care if needed. There has also been a small price rise in the service provision as follows:

<u>Current Rates:</u>	Blue	Silver	Gold	Casual
Before School	\$16.37	\$20.55	\$23.05	\$25.55
After School	\$24.61	\$30.03	\$32.53	\$35.03
<u>New Rates:</u>	Blue	Silver	Gold	Casual
Before School	\$17.91	\$22.09	\$24.59	\$27.09
After School	\$26.86	\$32.28	\$34.78	\$37.28

Donations:

Thank you to those who have generously donated to our collection tub for Cottage by the Sea. Donations of new clothing for boys and girls aged 5-14 are very welcome and we will organise for these to be transported to the organisation which provides support for children in need.

3 simple ways to teach kids to have empathy for others

Empathy is not a fixed trait—it can be fostered. Here's how.

By [Sheri Madigan](#), [Jennifer Jenkins](#) and [Marc Jambon](#) | Mar 9, 2018



Johnny is five years old. He watches his friend [Mark being teased by other kids](#), and then he sees Mark start to cry. As a parent, or caregiver, what do you hope Johnny will do?

For many adults, the expected response would be that Johnny would show empathy. That is, he would be understanding and sensitive to Mark's feelings, and show a compassionate response to Mark's distress. But is it realistic to expect that young children have this capacity?

Signs of empathic concern in children have been documented as young as eight to 10 months of age. Demonstrations of more obvious forms of empathy, such as showing concern when someone is crying, can be seen in toddlers. But like all aspects of development, the quantity and quality of this skill development can vary dramatically from one child to the next.

We do know that when children learn to be empathic early in their development, it can lead to much stronger empathy skills later in life as they become adults who treat others with kindness, respect and understanding. Empathic children can become empathic parents, spouses, co-workers and friends.

Empathy is not a fixed trait; it can be fostered. It can be [encouraged and cultivated by empathic siblings](#), as well as adult caregivers. But empathy does take time to develop.

Parents, teachers and caregivers often ask how they can encourage young children to be more empathic. Here are some tips:

1. Model how to value feelings

First, whenever possible, [show warmth and empathy towards children](#).

Children are watching others to learn appropriate ways of behaving and interacting, and are known to be influenced by the behaviours they see around them. You can be a good role model by acknowledging and valuing others' feelings, and showing understanding and sympathy when someone is sad, upset, distressed, frustrated or in need of help.

When children show negative emotions, acknowledge how they feel. Provide nurturing until they signal they are OK to move onto something else.

Young children sometimes need help understanding what they are feeling, so label the emotion for them. For example, if they are crying, say: "You seem upset. How can I help?"

2. Connect feelings, thoughts and behaviours

Second, when talking about feelings, connect behaviours with the feelings for children so that they understand cause and effect.

For example: “Max is feeling sad because Oliver took his toy. What might help Max feel better?”

Teaching kids about cause and effect can also be done through stories, play-acting or reading books. Talk to children about the thoughts, feelings and behaviours of the characters. What might the characters do next?

Connect these scenarios with the child’s own experiences. For example, if the character is sad because she misses her parents, connect that feeling to a time the child also expressed sadness for something similar. This helps the child more clearly understand the connection between feelings, thoughts and behaviours.

For older children (aged five and up), ask them to step into the mind, or take the perspective, of another child or adult: “How do you think they are feeling? Why might they be upset? What could we do to help?”

3. Build a ‘climate’ of empathy

Third, as a family, or as a classroom, put a focus on working together to build a “climate” that encourages children to be empathic and understanding with their family and friends.

If your child, or a child in your classroom, is struggling with empathy, try to set them up for success by creating opportunities to be empathic and highlight for them how being kind can benefit everyone involved:

“That was very kind of you to help your sister when she lost her favourite toy. I bet she’ll remember that and want to help you when you need it!”

This will foster more of the same types of behaviour in the future.

Strong empathy skills can set children up for success in life. Parents, teachers, caregivers and even siblings can play a powerful role in helping one another achieve this success.

This Weeks Photo's



BATForce and Surf Coast Youth presents “DIGITAL TATTOO 2.0”

**Year 5 – Year 8 Parents/Guardians and students
are invited to attend this information evening
Tuesday 18th at 6:30 – 8:00pm
Kurrambee Myaring Community Centre
12 Merrijig Drive, Torquay**

Young People live in an amazing world, they seamlessly move between their ‘online world’ and ‘living directly world’. As a community this can create questions as they baffle us with their speed and connectivity, take risks and sometimes make mistakes.

This session is a chance for families to come together and explore what technology will look like in their lives. Talk about potential risks, strategies for managing concerns and how we keep communication open as our families grow their interaction with their online worlds.

The session runs for 90 minutes is interactive and a bit of fun.

Topics include:

Healthy online relationships, gaming, social media, gambling, importance of role modelling, creating rules that fit your family, screens and your body, staying safe, looking out for your mates and what to do when things go wrong.

Please RSVP before June 14th 2019

<https://www.eventbrite.com.au/e/digital-tattoo-20-tickets-62614095445>

FEEDBACK FROM FAMILIES THAT HAVE ATTENDED THIS SESSION –

‘Dad was with me to listen’ ‘The whole thing was fantastic. It’s always going to be hard to cover all the content in one evening but you did extremely well. Loads of great ideas and communicated in an accessible and humourous way. A fun evening! Thanks for keeping up with th research too- that feels good to have that tied inot the anecdotes.’ ‘Stop the head in the sand mentality’ ‘Learning that prohibition doesn’t work.’ ‘Funny, entertaining, informative’ ‘Lots of practical tips delivered in an accessible way’ ‘That my son was here too engage in the information evening’





Lisieux will be holding a Supatramp FUNdraiser

When: Wednesday 3rd July

Time: 10am to 12noon in Grovedale.

Put it on your calendar and put a reminder in your phone.

ADVERTISING PACKAGES

If you have a business that you would like to advertise, or know of anyone that would like their business advertised, please get in touch with Fiona Thompson - fiona.thompson@lisieux.catholic.edu.au or 03 90896614. (Word or jpeg formats are preferable).

The cost of advertising is as follows;

\$25 – 1 week

\$90 – 4 weeks slot

\$200 per Term

LISIEUX BALL UPDATE



Only **72 sleeps** to go...and less than **85 tickets left!!**

If you haven't secured yours yet, the event is now open to the wider community so ensure you don't miss out!

Tickets can be purchased here <https://www.trybooking.com/BBMAP>

Do you have a business you'd like to promote at our event? Or know someone you think might be interested, please find out more here <https://forms.gle/KdAhM33xjYTwDvTT6>

Saturday 3 August 2019 at 6:30pm

LOCATION

RACV Torquay Resort

1 Great Ocean Road, Torquay, VIC 3228



Linking people with property

Experience our female approach, we are creating outstanding results time and time again for our clients throughout Torquay, Jan Jue and the Surf Coast.

- Extensive local knowledge - we live where you live
- We successfully manage over 160 rental properties

Call Lynne: 0415 966 471 or Suzy: 0438 438 388

LINKS PROPERTY

COASTAL SALES | PROPERTY MANAGEMENT | LAND PROJECTS

LINKSPROPERTY.COM.AU

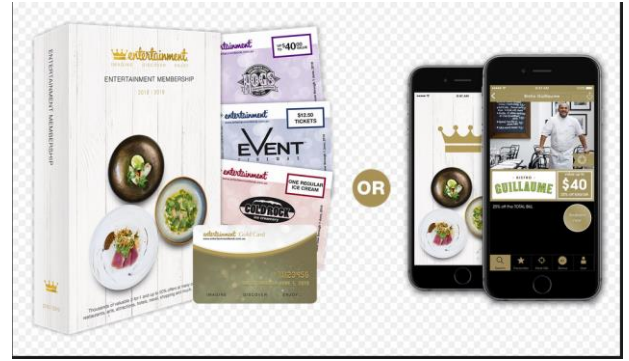


2019/2020 Entertainment Books.

2019/2020 Entertainment Books were sent home with children earlier in the week.

Please see the included pink or yellow slip inside for the different options.

If you are not wishing to purchase the Entertainment Book can you please arrange for the Book to be returned to Fiona.



Here is the link to our online booking page - <https://www.entbook.com.au/9513e26>

If you would like any further information, please contact Lauren Brody [0488336678](tel:0488336678).

LISIEUX VEGGIE BOXES ARE BACK!



Now in three sizes

Small box \$40

Medium box \$60

Large box \$90

Why buy your veggies through Lisieux?

- 5% of every box donated back to the school by Organic Mojo
- For every \$500 donated, a box worth \$75 will go to a family in need
- Friends and family can order which further helps support our kids
 - Recipe ideas that align to items in your order
- 100% Australian Certified Organic and Bio-Dynamic fresh produce
- Supporting our farmers to live and work in a healthy environment
 - Reducing waste which contributes to a happy planet earth
 - Select from 3 options – mixed box, only fruit or only veggies
- Order 1 week, 4 weeks or ongoing weekly subscription you can manage online
 - New easy online ordering system

Pick ups will always be Friday afternoon at school.

Go to <https://www.organicmojo.com.au/shop?category=Schools> to place an order!

Thanks in advance for your support to the P&F Committee ☺



Lisieux
CATHOLIC PRIMARY SCHOOL
TORQUAY

2019 Business Sponsorship Packages

GOLD SPONSORSHIP - \$500

- Listing as Gold sponsor on our Sponsors Board in school foyer
- Sponsors board displayed at Lisieux CPS inaugural School Ball in August 2019
- Acknowledgement by MC of Gold Sponsors at Lisieux CPS School Ball
- Listing as Gold sponsor on our school website, along side your businesses logo
- Newsletter advertising in each weekly newsletter for the remainder of the 2019 school year
- Framed Certificate of Appreciation

SILVER SPONSORSHIP - \$250

- Listing as Silver sponsor on our Sponsors Board in school foyer
- Sponsors board displayed at Lisieux CPS inaugural School Ball in August 2019
- Listing as Silver sponsor on our school website
- 3 x Newsletter advertising per term (In terms 2, 3 and 4)
- Framed Certificate of Appreciation

BRONZE SPONSORSHIP - \$100

- Listing as Bronze sponsor on our Sponsors Board in school foyer
- Sponsors board displayed at Lisieux CPS inaugural School Ball in August 2019
- Listing as Bronze sponsor on our school website
- 1 x Newsletter advertising per term (In terms 2, 3 and 4)
- Certificate of Appreciation



Lisieux Catholic Primary School – 2019 Business Sponsorship Packages

BUSINESS NAME: _____

CONTACT NAME: _____ PH: _____

ADDRESS: _____

EMAIL ADDRESS: _____

SPONSORSHIP PACKAGE: (Please circle) **GOLD** **SILVER** **BRONZE**

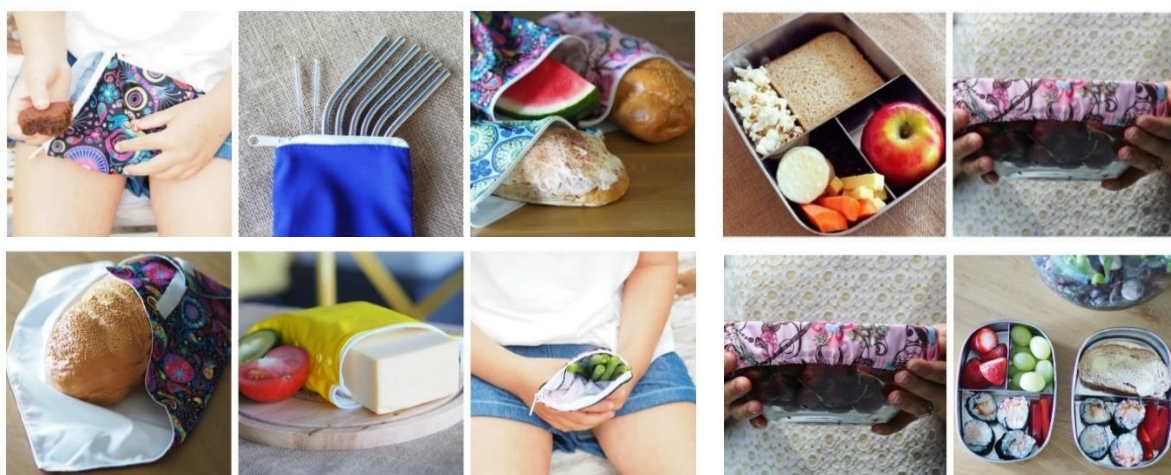
- I would like to sponsor a table at the Lisieux CPS School Ball (Cost \$120)
- I would like to donate an item to the Live or Silent Auction (at the School Ball)

Please return Sponsorship acceptance form to Lauren Brody at laurenbrody07@gmail.com or call 0488 336 678 for further information.



Save money and the environment while raising funds for our school!

Litter Free Living offers a range of reusable lunch and household products and has offered us a great fundraising deal. Visit www.litterfreeliving.com.au and enter the code **LISIEUX** at checkout and you will receive a **10% discount plus 20% of your sale will come back to our school**. Also, when you spend over \$50 and use the LISIEUX code, you will automatically receive 1 small reusable zip-fresh snack bag.



stuckonyou®

We are fundraising with Stuck on you! Follow this link or use the code **LISIEUX** at checkout to earn 20% commission for our school (or 5% for sale items). Please share with family and friends for great gift ideas also! Stuck on you sell high quality school essentials, baby products, stamps, bags, books, stationery and offer free local pick up (16 Leather St, Breakwater).
<https://www.stuckonyou.com.au/affiliate/fundraiser/LISIEUX>





DIDRIKSONS

- **100% Waterproof**
- **100% Windproof**
- **PVC Free**
- **Lightweight**
- **Separate waist pants and bib 'n' brace pants available**
- **Local Jan Juc business**
- **Scandinavian designed**
- **Sizes from 1Y to 12Y**

OUTDOOR DISCOVERY RAINWEAR

10% DISCOUNT FOR LISIEUX FAMILIES

- Order online at www.mknordika.com.au to receive 10% off any Scandi Rainwear items and **FREE DELIVERY** to Lisieux Catholic Primary School
- Enter "LISIEUX10" at checkout



Leitchville Kindergarten
Victoria

MKNORDIKA

Unique Beautiful Scandinavian

Marie Kullenberg

www.mknordika.com.au

marie@mknordika.com.au

Ph: 0410 914 446



DIDRIKSONS



ELKA