

## FROM THE PRINCIPAL

Dear members of the Lisieux community,

Welcome to Term Two! It was wonderful to greet children on Monday morning, all with big smiles and many with tales of their fun holiday break. I hope all students (and their families) enjoyed a restful holiday.

As you know, the Lisieux staff team undertook two days of professional development just prior to Easter. For most of the time we were led by Andrea Downie from Project Thrive who supported our continued learning about the science of wellbeing and Positive Psychology. This is a journey we have been on for over three years now, and with new staff joining us each year, it is vital that we have a shared understanding of this philosophy and of our Lisieux commitment to the vision of a learning community underpinned by this approach. Because the world in which we live continues to evolve, our task as educators is to support our students to develop knowledge and skills for the future, but also values and attitudes which will enable them to be responsible contributors to society. Andrea introduced staff to a term known as 'eudaimonic education'. Essentially, eudaimonia translates to mean 'good spirit', or having a meaning /purpose, which is the cornerstone of psychological wellbeing. Unlike our everyday understanding of happiness, eudaimonia relates to living a human life well or flourishing, rather than simply experiencing transient joys and pleasures. For us as a school committed to enabling our students to flourish, it involves us guiding students to have positive relationships with others, to supporting them in making a valued contribution to society, and being part of an authentic learning environment where learning is aligned with purpose. There is a lot more for us to learn but we were inspired by the information and subsequent dialogue on this topic.

We were also very fortunate to have guest presenter, Ben Crowe, join us. Ben talked about how our greatest growth comes from our darkest times. His message was about finding out "what is my 'why'?" and adopting a 'purpose mindset' which tells us that our lives are about the impact we can have on others. He talked about 'leaning in' to risk, exposure, vulnerability to earn compassion, innovation, kindness and connection. He also reinforced the message that 'you are the author of your own story' and that it takes the same amount of energy to dream big as to dream small. Ben challenged us with the question, "What type of human do you want to be?" There are many invisible forces that can stop us from thriving (e.g. fear, competing priorities, judgement, etc) but with training and mindset we can choose our attitude and be our best self. Ben Crowe's message resonated with all of us, and aligned very much with Andrea Downie's theoretical explanation of eudaimonia

ISSUE 9 | 22<sup>nd</sup> April 2021

## SCHOOL CALENDAR

### APRIL

**Fri 23<sup>rd</sup> Calendared Sports  
Carnival Rescheduled  
to Tuesday 15<sup>th</sup> JUNE**

**Mon 26<sup>th</sup> April Birthday  
Morning Tea**  
  
**Assembly  
1/2 Waratah  
Rouge - 12noon**

**Wed 28<sup>th</sup> Prep 2022 School  
Tour  
9:30am–10:30am**

**Reconciliation  
Family Night  
7:00pm – 8:00pm**

**Thurs 29<sup>th</sup> Parents & Friends  
Meeting  
7:00pm**

**Fri 30<sup>th</sup> Prep 2022 School  
Tour  
9:30am – 10:30am**

### MAY

**Sun 2<sup>nd</sup> Reconciliation  
Rite of Enrolment  
Name Mass – St  
Therese Church  
8:45am**

**Tues 4<sup>th</sup> Prep 2022 School  
Tour  
12noon – 1:00pm**

**Thurs 6<sup>th</sup> Mothers' Day  
High Tea  
2:00pm – 3:00pm**

**Fri 7<sup>th</sup> Year 5/6 Beach  
Discovery  
  
Mothers' Day Stall**

## FROM THE PRINCIPAL

I'd like to thank our parent community for supporting us as educators in our continuing professional learning journey. We came away from the two days with so much information, but also with a renewed sense of purpose and commitment to continue to build the very best learning community possible. We could not do this without the ongoing partnership between parents and educators. We are very blessed.

Coming up later this term, we will be hosting our own conference, titled, "Nature, Nurture, Knowledge: the value of outdoor learning in primary education." We are thrilled to have this opportunity to learn more and also to shine a light on our own practice of outdoor learning, which we believe is directly linked to physical, psychological, social, academic and spiritual development and wellbeing. We will be hosting a free parent information evening on Tuesday 25 May, the night prior to the conference. Places will be limited to ensure COVID-safe practice. We will have a TryBooking link for parents to register available by the end of next week. Do save the date if interested.

God's blessings for the week ahead,

**Susan Ryan**

**Principal**

[Susan.ryan@lisieux.catholic.edu.au](mailto:Susan.ryan@lisieux.catholic.edu.au)

## PRAYER

Dear Lord,

We ask you to be present in our space. As we prepare for the beginning of a new term, make us ready, attentive and available to hear You.

Thank You for the gifts of creativity and diversity, and the energy to put them to good use.

May all that we are today, all that we try to do, all our encounters and reflections, even frustrations and failings, be placed in Your hands.

May the work we do and the way we do it bring new hope, new life and new opportunities to all who we come in contact with this term. We thank you, Lord.

Amen



## SCHOOL INFORMATION

We are thrilled that our car park has been asphalted and had car park lines added over the break. Currently, we are developing the western area of the site to be a staff / overflow parking area. We ask that parents respect and follow the following requirements to ensure traffic flow continues to be safe:

- **Please only stop in Kiss and Drop (yellow zone) if your child is ready and waiting for pick up. This is a strictly NO STANDING zone. If your child is not waiting, please park in a designated car space.**
- **Cars must only turn left when exiting the school between 8am-9am and between 3pm-4pm. At other times of the day, vehicles may turn either left or right.**

James Flint and Susan Ryan have met with local member, Darren Cheeseman, about ongoing traffic issues on South Beach Rd. Darren will take our concerns and request for a crossing on both South Beach Rd and Legacy Drive to Council on our behalf. Thank you to those parents who signed a recently circulated petition to improve traffic conditions.

## CONGRATULATIONS

Congratulations to Jennifer and Damien Ball on the arrival of a healthy baby boy, Beau Gallagher. Beau is a brother for Blake in 1 / 2 Acacia Bleu. We wish you a lifetime of love and happiness together.



## STAFF INTRODUCTION

### Introducing Miss Jessie Mackinnon

#### **Q: What is your role at Lisieux?**

A: I teach 3/4 Spotted Eucalypt Bleu. This is my first year teaching Year 3/4 as I taught Carmel Rouge in 2019 and 2020.

#### **Q: Who is in your family?**

A: I have a big family! I have a younger brother and sister, a twin brother, two older half brothers, two older step brothers and an older step sister making 9 of us in total. I grew up in Altona but now I live in Torquay with my partner, Cameron.

#### **Q: What was your favourite childhood experience?**

A: Most of my weekends were spent at the Altona Lacrosse Club. My favourite experience would have to be playing in the Under 11 mixed team. Some of my cousins played too so almost the whole team were Mackinnon's.

#### **Q: What has been your favourite holiday?**

A: My favourite holiday would have to be when I went to the Galapagos Islands and then travelled to Peru and walked the Inca Trail in 2019. I saw so many wonderful things on that trip and am very grateful to have been able to go before travel restrictions were put in place.

#### **Q: What is your favourite movie?**

A: My favourite movie is The Lion King (the original one though, the new one creeps me out a bit). It was the first movie I ever got to watch at the cinema.

#### **Q: What is your favourite book?**

A: I love anything Dr. Seuss! I can't make up my mind between The Lorax and Oh, The Places You'll Go. I think they both have such an important message.

#### **Q: What is your favourite thing to do on the weekend?**

A: I enjoy spending time at the beach. You'll often find me searching through the rock pools looking for crabs while Cam is out surfing or walking sections of the Surf Coast Trail.

#### **Q: Share some fun facts about yourself:**

A: As I said, I am a twin. I have a twin brother named Lachlan. Jessie is actually my great grandmother's name. Whoever was born first would be named Jessie. If I was born 30 seconds later, my name would be Fiona.

#### **Q: What are you looking forward to in 2021?**

A: I'm really looking forward to Beach Discovery!





## PHOTO TERM 2 WEEK 1





### **Trivia Night!**

Our first ever Trivia Night will be held later this term.

It is set to be a great event to bring together our school community for a fun and relaxed evening! Our main priority is for it to be a social event, with a small amount of fundraising on the side.

We will be releasing all the details next week. Please stay tuned!

### **Sponsorship and Prizes**

If you or a business you know may be interested in sponsoring the Trivia Night event, please contact us asap to express your interest. We would greatly appreciate assistance to help cover the small running costs of the event.

OR if you or a business you know has something to donate as a prize (for lucky door, round winners or raffles), this would also be warmly received!

Please email [lisieuxpandf@gmail.com](mailto:lisieuxpandf@gmail.com).

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