

known and loved

ISSUE 6 | 10<sup>th</sup> March 2022  
**SCHOOL CALENDAR**



## FROM THE PRINCIPAL

Dear members of the Lisieux community,

Yesterday we held our much-loved Beach Activities Day. It was a celebration of colour, excitement and friendly house rivalry as our four houses competed in their first 2022 event. Our four houses – Bundjil, Parrwang, Kunuwarra and Gherang- engaged in a range of activities including tug of war, bocce, find the treasure, water relay, volleyball and scavenger hunt to gain points for their teams. Such occasions always provide a wonderful insight into the emerging leadership skills and sportsmanship of our senior students and it is affirming to see them gently encouraging younger students to have a go. Just prior to leaving for Cosy Corner, we announced the House Captains for 2022. I would like to commend all Year 5/6 students who showed the courage to put their hand up for these roles, prepared speeches and delivered these to their peers. For a young person to make the decision to do this shows determination, bravery and grit, all very worthy character strengths. Several students overcame feelings of anxiety to persist with the process and this is a valuable learning opportunity. Although 8 students were ultimately elected to the roles (2 per house), we consider all our Year 5/6 students to be leaders and they will each take on a range of responsibilities throughout the year.

A very special congratulations to the following newly-elected 2022 House Captains of Lisieux:

Parrwang (green): Shari Furness and Scarlett Wraight

Bundjil (red): Eva Hageman and Amelia Roche

Gherang (yellow): Jack Stosic and Maeve Timms

Kunuwarra (blue): Olivia Ferraro and Chevva Topic

Our Year 5/6 students will depart for camp on Tuesday where they will continue their leadership journey while engaging in a range of fun activities. We wish them every success and look forward to hearing about their adventures. Upon their return, we will advise of the date of their first Year 5/6 assembly, during which they will be presented with leadership badges and Year 6 jackets.

### MARCH

|   |  |
|---|--|
| Fri 11 <sup>th</sup>                            | Fresh Fruit Friday   |
| Mon 14 <sup>th</sup>                            | Labour Day<br>Public Holiday   |
| Tues 15 <sup>th</sup> -<br>Fri 18 <sup>th</sup> | Year 5/6 Camp  |
| Wed 16 <sup>th</sup>                            | 2023 School<br>Information Tour<br>12pm<br><b>Booking<br/>Registration<br/>Required</b>    |
| Tues 22 <sup>nd</sup>                           | Year 3<br>Reconciliation<br>Family Evening 7pm   |
| Fri 25 <sup>th</sup>                            | 2023 School<br>Information Tour<br>9.30am<br><b>Booking<br/>Registration<br/>Required</b>  |
| Sun 27 <sup>th</sup>                            | Rite of Enrolment<br>for Year 3<br>Reconciliation<br>St Therese Church<br>8.45am           |
| Mon 28 <sup>th</sup>                            | School Photos  |
| Tues 29 <sup>th</sup>                           | 2023 School<br>Information Tour<br>10.30am<br><b>Booking<br/>Registration<br/>Required</b> |
| <b><u>APRIL</u></b>                             |  |
| Sun 3 <sup>rd</sup>                             | Rite of Enrolment<br>for Year 3<br>Reconciliation<br>8.45am<br>St Therese Church           |
| Mon 4 <sup>th</sup>                             | Back Up School<br>Photos Day   |

On Tuesday evening we held our first Advisory Council meeting for the year. This group meets 4-6 times throughout the year to give consideration to, and advice on, important school matters in order to support our school leadership team and the strategic interest of the school. I would like to thank the following parents for their involvement in this capacity:

Simon Backhouse: Chair

Michael Timms: Vice-Chair

Secretary: Tamara Kirley

Parent Members: Danielle Moloney, Josh Symes, Nat Kuit (P & F representative).

Ex-officio members: Father Linh Tran, James Flint (Deputy Principal), Ron Dando (Religious Education and Stewardship Innovation Leader).

I also acknowledge and thank outgoing Council members for their time and involvement over the past four years: Lauren Barton and Fiona Harrington.

Enjoy the long weekend!

God's blessings for the week ahead,

Susan Ryan

[Susan.ryan@lisieux.catholic.edu.au](mailto:Susan.ryan@lisieux.catholic.edu.au)

Principal



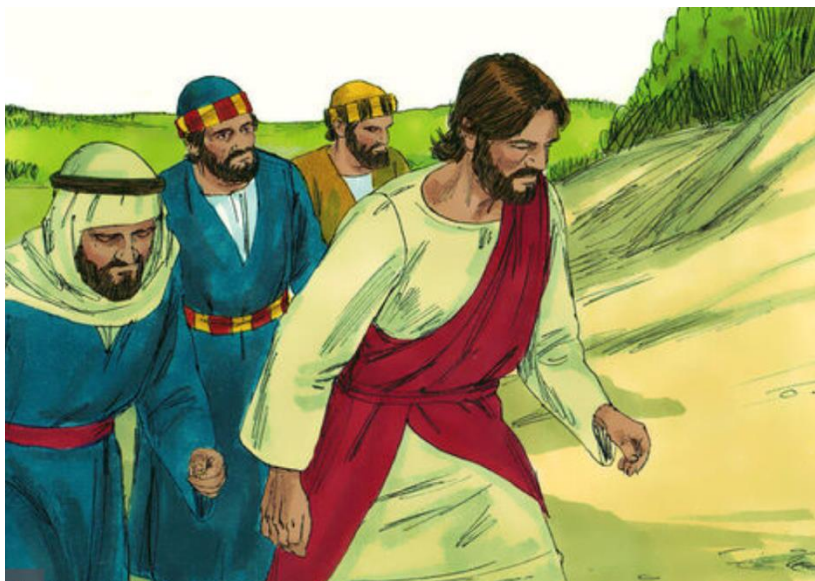


# PRAYER



On Tuesday evening, our Prep students participated in Prayer in Pyjamas where they shared with family members how they pray at school each day. The Prep team showed family members what it looks like at school when we 'talk to God' which, in its simplest form, is the definition of prayer. They concluded with a beautiful song: These Hands. Thank you to Prep staff, students and family members for joining in Prayer in Pyjamas.

The readings for the 2nd Sunday of Lent show us that God is truly present in our world. The first reading tells of Abram's encounter with God and the covenant which was made. The psalm declares "Your presence, O Lord, I seek. Hide not your face from me." The second reading reminds us that God has the power to transform us. And the gospel tells of when Jesus took Peter, James, and John up the mountain and they witnessed his transfiguration.



In our daily prayer time at Lisieux, teachers frequently share an art work or image of a bible scene. As the saying goes, "a picture is worth 1000 words." Images can evoke meaning and deepen the prayer experience.

***God, during the season of Lent, may Your light guide my day, and your spirit bring me peace.  
Amen***





# STUDENT LEARNING & ACHIEVEMENTS

## Reconciliation

Dear Year 3 Families,

Just a reminder to please register your child for the Sacrament via the Parish website at <https://tagparish.com.au/Sacraments/Sacramental-Registration>

You will require your child's baptism certificate when filling in this form. Please ensure you submit the registration prior to Friday 18th March.

### **Reconciliation Family Evening**

A family formation evening for the candidates and their parents/guardians is scheduled for Tuesday 22nd March at 7.00pm. This evening is as important as the celebration of the Sacrament itself, and is imperative that parents/guardians and child attend.

This will be via Zoom. Each family is required to register via Trybooking to receive the Zoom details.

Click the below link to register.

<https://www.trybooking.com/BXOHE>

Thank you to the families who have registered already.



## How to be a good sport: a guide for teaching kids

For some kids living with disability, learning how to be a good sport can take a little extra time – and that’s okay. However, taking the time to develop the skills associated with sportsmanship can greatly benefit their development – both on and off the field.

Kids learn by observing the behaviour of the adults in their life. This means parents, coaches and support workers all play an important role in raising kids to be good sports.

Here are 7 strategies you can use to teach your kid how to be a good sport:

### 1. Talk about what sportsmanship is

#### And why it matters...

Explain to your kid that it’s okay for them to feel disappointed when they lose. However, it’s important for them to stay in control of their actions, attitudes and behaviours. Be sure to share with them that the same goes for winning and explain that everyone likes to win, but it’s important to stay humble. Discuss that winning or losing is not as important as trying their best, developing their skills, having fun and making friends with the other kids.

### 2. Lead by example

#### Role model what being a good sport looks like...

Through observation and imitation, kids develop patterns of behaviour. Therefore, it’s important that you display the behaviour you would like to see in them. You can do this by playing games together and taking the opportunity to model good sportsmanship – follow the rules, be honest, encourage others, acknowledge good plays and incorporate positive self-talk. Be sure to create opportunities for them to lose, so they can begin practising the skills they are learning.

Working with your kid to develop a pattern of positive self-talk will build their confidence and help them respond positively to disappointment.

Here are some examples of phrases you can use:

- ‘I can’t wait to practise my skills for next time’
- ‘I’m proud of myself for working hard today’
- ‘I had a lot of fun playing with you’
- ‘I thought it was awesome when you scored that goal’

It is important for you to model this behaviour outside the home also – such as on the sidelines of your kid’s sporting match or at a games night with friends – kids are always absorbing information. You could also discuss this with your kid’s therapist and request that they intentionally incorporate positive self-talk into their sessions.

### 3. Ask about the game

#### Instead of the outcome...

By asking your kid about other aspects of the game, other than the end result, you are showing them what really matters. You could ask, “Did you have fun?” “What do you think you did well at today?”



or “Who did you enjoy catching up with?” Praising your kid for their hard work and self-reflection will teach them that they do not always have to win to have a successful day – this will build their confidence and self-esteem and can increase their ability to combat negative emotions that can come with losing.

#### 4. Point out sportsmanship in others

##### Provide them with examples...

Pointing out sportsmanship in others can give your kid a deeper understanding of the positive effects it can have for everyone involved. Be sure to point it out in other kids, when watching professional sport on TV or in news stories. If your kid has a favourite athlete or sporting team, you could find stories of them showing sportsmanship for inspiration. If your kid doesn't have an athlete they look up to, you could help them find one, perhaps someone who lives with disability, who demonstrates sportsmanship.

Here are examples of famous athletes who live with disability:

- Dylan Alcott – Professional Wheelchair Tennis and Basketball Player
- Matthew Cowdrey – Paralympic Swimmer
- Alix Louise Sauvage – Paralympic Wheelchair Racer

Use this as an opportunity to build your kid's confidence and self-esteem by showing them that many people living with disability play sport and inspire others – and they can too!

It's also important to point out examples of when sportsmanship is not shown. Discuss with them the consequences of the behaviour and give them examples of positive ways the person could have responded.

#### 5. Respect the rules

##### And the people in charge...

Good sportsmanship is not only about how your kid responds to winning or losing, it's also about respecting the rules during the game. Talk to your kid about the importance of accepting decisions, being honest and not arguing with the people in charge.

You can practise these skills at home by asking your kid to help with a task they may not think is fair – such as cleaning up a mess they didn't make – it may not be fair but sometimes it's the right thing to do. Building 'turn taking' skills can increase their ability to follow rules. Playing backyard cricket with your kid is a great sport for practising turn taking – as you rotate positions, from batting to bowling, your kid is learning to follow the rules even if they would rather stay in their favourite position. Remember though, it's important to pick your battles...playing sport is supposed to be fun!

#### 6. Celebrate victories with others

##### Team work makes the dream work...

Winning gracefully is a big part of learning how to be a good sport and one way you can encourage this is by creating opportunities for your kid to celebrate their successes with others. After a victory, you could arrange a team lunch or ice-cream celebration, whilst reminding them that 'team-work makes the dream work'. Be sure to develop a culture where all team members are congratulated equally, rather than singling out the best performers – your kid will begin to recognise that every player is important and mimic this behaviour amongst their fellow team members.

If your kid plays an independent sport, encourage them to socialise with the kids they train with or compete against – remind them that their opponent can be both their friend and their competitor. Learning how to make friends with their opponent will increase their social skills and ability to interact with other kids at school and outside the home.

#### 7. Tailor learning to your kid's capacity

##### As well as their personality...

Understanding your kid's personality, and the behaviours associated with their disability, will help you find the most effective ways to impart sportsmanship in them. Whilst most kids will have multiple strengths, usually one will stand out the most.

**Ambitious:** Rather than focusing on winning the game, set goals with your kid for personal improvement, and work towards them together.

**Emotional:** Teach your kid how to regulate their emotions – sit down together and pick three options they can choose from when emotions are high; perhaps taking 10 deep breaths, a five-minute walk or counting down from 20.

**Reactive:** Discuss with them that there are consequences for all behaviour – some positive and some negative. Help them make positive choices by being clear and consistent in your response to their choices.

Imparting sportsmanship values in your kid will have a positive impact on all areas of their life and assist them with navigating difficult situations as they grow up.



# TAKE NOTE

This year we are introducing regular **Fresh Fruit Fridays** each term. The first of these will be this **Friday 11 March**. Students are invited to bring \$2 if they would like to purchase a freshly made bowl of fruit salad at recess or lunch. Fruit has been kindly donated by Peachs, Torquay, and funds raised will support our Parents and Friends Committee.

**PEACHS TORQUAY**  
EAT LOCAL - EAT FRESH

fruit salad bowls  
for \$2

**FRESH  
FRUIT  
FRIDAY**

11th of March at snack  
and lunch  
proceeds go to P&F.

It is pleasing to see that our positive COVID notifications are slowing gradually. Families are asked to continue the twice-weekly rapid testing regime until the end of Term One at this stage. Rapid tests are available at Reception or can be sent home with children if you prefer - please email or phone Reception if you would like to arrange this. Please continue to advise Susan directly if you have a positive result within your immediate family via [susan.ryan@lisieux.catholic.edu.au](mailto:susan.ryan@lisieux.catholic.edu.au)

## Conveyance Allowance Application 2022:

Eligibility An application on behalf of a student may be submitted if the student is:

- A Victorian resident;
- School aged and enrolled (3) three or more days per week at a school; and
- Attending a school/campus located outside the Melbourne metropolitan conveyance boundary A student who meets the above requirements may be eligible if they:
  - Attend their nearest or designated neighbourhood government school/campus appropriate to their year level, at which admission is permissible, or
  - Attend their nearest appropriate non-government school/campus appropriate to their year level, at which admission is permissible, and reside 4.8km or more by the shortest practicable route from the campus attended

### FORMS ARE AVAILABLE FROM THE SCHOOL OFFICE

Note: Eligibility is assessed when the School completes your child's application on the Student Conveyance Allowance System (SCAS). If approved, the allowance payable is based on the one way distance to make the journey to and from school. No private car allowance is payable if the journey to and from school could be made using a public transport service or contract school bus. For further information regarding the Conveyance Allowance Program see:

[www.education.vic.gov.au/travellingtoschool](http://www.education.vic.gov.au/travellingtoschool)

\*Multi mode conveyance allowances

Multi mode conveyance allowance applies when a student uses more than one mode of transport (e.g. private car and public transport) for a journey between home and school.

A conveyance allowance may be granted at the appropriate rate for private transport or public transport where the distance travelled is 4.8km or more for each leg of the journey. This provision does not apply if the journey could have been undertaken using a single mode transport or one leg of the journey is less than 4.8km.

Where two modes of private transport are used (private car and private bus), the amount payable is based on the distance from the student's residence to the school/campus at the private bus rate.

Rates are calculated using the shortest practicable route (measured in kilometres) from the student's residence to the school/campus attended. Multimode is not applicable under the 'next nearest' school allowance or to attend a more distant school.

### Camps Sports and Excursion Fund (CSEF)

Families who hold a valid means-tested concession card or who are temporary foster parents of school-age children are eligible to apply. All new eligible families will need to submit an application form with a copy of their Healthcare card.

The annual CSEF amount for primary school students is \$125. If your application is successful, a credit of \$125 will be put against your school fees. Families can list more than one student in one application if they are attending the same school.

The payment will be made directly to the school and will be used towards camps, sports and excursion costs for the benefit of the student.

Please collect an application form from reception.

Applications need to be submitted by **15 March 2022**



## **ENROLMENT 2023**

If current Lisieux families have younger children who are due to commence Prep in 2023, we encourage you to submit your enrolment applications by the end of April or earlier if possible. As we are anticipating more enrolment applications than we expect to be able to accommodate, it is important for us to include all siblings in that number. Our recommendation is that students commencing Prep should be five years of age before the commencement of the year, and turning 6 in their first year of school.

A number of enrolment tours will be held throughout March for interested families and to register, please phone Reception to book a place in a tour.



*Learning is a journey of discovery*

 **Lisieux**  
CATHOLIC PRIMARY SCHOOL  
TORQUAY

**ENROLMENTS CURRENTLY  
BEING ACCEPTED FOR 2023**

***Come and see our learning community in action...***  
*Visit our classrooms and hear from our Principal about what we offer.*  
*We believe you'll be excited by our vision.*  
***Group tours currently being offered  
weekly throughout March.***

To Register Phone: 9089 6614      [www.lisieux.catholic.edu.au](http://www.lisieux.catholic.edu.au)





# LEARNING COMMUNITY IN PICTURES











# COMMUNITY NEWS

## Condolences

The thoughts and prayers of the Lisieux community are with the Brooks family following the loss of Ruvai Brooks. Ruvai was mother to Peter Brooks, and much-loved grandmother of Tom (Year 5), Luke, Emily and Jake Brooks. Ruvai was a resident of Star of the Sea Retirement Village for 5 years before moving back to Sydney for the past couple of years.





Parents & Friends Meeting

ALL WELCOME!  
at Lisieux Catholic  
Primary School

7PM

Thursday 17th  
March 2022

PEACHS TORQUAY  
EAT LOCAL - EAT FRESH

PROUDLY SUPPORTS

**FRESH FRUIT  
FRIDAY!**

PLEASE BRING A GOLD COIN, TO ENJOY  
DELICIOUS FRESH FRUIT GENEROUSLY  
DONATED BY PEACHS TORQUAY.

Friday 11th March 2022

Easter Raffle

TO CELEBRATE EASTER THIS YEAR, LISIEUX WILL HOLD AN EASTER RAFFLE. IF YOU CAN HELP, WE WOULD LOVE FOR EACH FAMILY TO PLEASE DONATE SOME EASTER THEMED PRIZES. THIS WILL CONTRIBUTE TO PUTTING TOGETHER SOME EASTER HAMPERS!

**EASTER CHOCOLATES**      FOR EXAMPLE:      **EASTER EGG CUPS**  
**EASTER CRAFT PACKS**      **EASTER COLOURING BOOKS**

Thanks for your ongoing support.

**DONATION BOX WILL BE IN THE FRONT OFFICE FROM NEXT WEEK**

## Newsletter Advertising/Sponsorship

Newsletter Advertising/Sponsorship positions for 2022 are now open. Limited spaces available.

We also have the opportunity for business to earn 'naming rights' to some 'wish list' items around the school.

If either of these are of interest to you or a business you know, please email [lisieuxpandf@gmail.com](mailto:lisieuxpandf@gmail.com)

[insert sponsorship attachment here]

## Facebook Groups

Here are some Facebook groups useful for parents and carers to join:

Lisieux Parents & Friends: <https://www.facebook.com/groups/219863365445717>

Lisieux Parents & Carers Noticeboard: <https://www.facebook.com/groups/291861974867417>

Lisieux Secondhand Uniform: <https://www.facebook.com/groups/330510007547326>

## NEWSLETTER ADVERTISING!

Do you have or know of a local business that would like to advertise to our school community?

Our newsletter gets over 1,000 views each week!

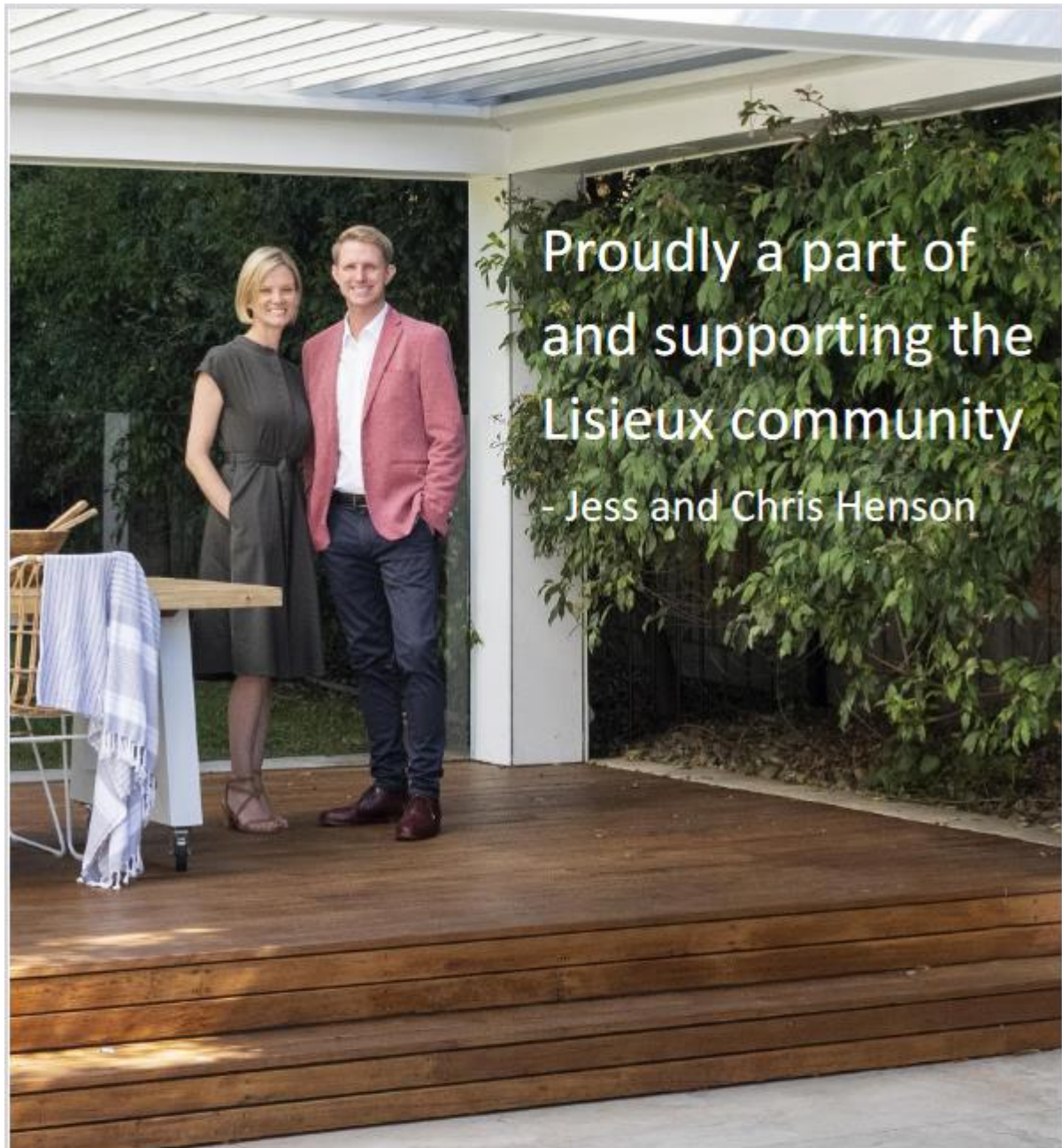
| SMALL AD        | MEDIUM AD        | LARGE AD         |
|-----------------|------------------|------------------|
| One Off: \$20   | One Off: \$40    | One Off: \$80    |
| One Month: \$50 | One Month: \$100 | One Month: \$200 |
| One Term: \$100 | One Term: \$200  | One Term: \$400  |

OR you might like to have a Special Offer e.g. "Quote 'Lisieux' when booking a job and we'll give \$50 back to the school." Or "For every Lisieux Family Meal Deal ordered we will give \$10 back to the school."

OR you might be interested in sponsoring one of our bigger projects and have your business name and logo on it! Bigger projects get FREE Newsletter Advertising.

For Advertising Enquiries please contact Lisieux Parents and Friends Committee at: [lisieuxpandf@gmail.com](mailto:lisieuxpandf@gmail.com)





Proudly a part of  
and supporting the  
Lisieux community  
- Jess and Chris Henson

If you have any questions about real estate, we're always happy to have a chat.

[chris.h@oneagency.com.au](mailto:chris.h@oneagency.com.au) | 0477 774 271

**ONE AGENCY**  
SURF COAST

Linking **People** with **Property**



We **sell**  
where  
we **live**

The Surf Coast Region  
is our community  
it's where we know the  
market and where we  
provide complete property  
services from land sales  
through to home sales  
& property management.



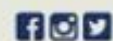
Suzy Jones  
0438 438 388  
sjones@linksproperty.com.au



Lynne Hayden  
0415 966 471  
hayden@linksproperty.com.au

5261 5155

| [linksproperty.com.au](https://www.linksproperty.com.au)





# CHAT HOME LOANS FROM YOUR COMFORT ZONE

IT'S NEVER BEEN EASIER TO TALK  
TO A HOME LOAN SPECIALIST



PHIL HASLAM

 0481 006 770


 [phil.haslam@anzmortgagesolutions.com](mailto:phil.haslam@anzmortgagesolutions.com)

 ANZ Mobile Lending



This Mobile Lender operates as ANZ Mortgage Solutions Surf Coast 70 511 955 206, an independently operated franchise of Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. Australian Credit License Number 234527. Item No. 97490 06.2020

# TUTU'S



## In Torquay

STARTING  
APRIL 5<sup>TH</sup>


**Come dance with Miss Remy!**


Tuesday and Friday mornings.  
Mums & Bubs: 9.30-10am (both days)  
Tutu Ballet - 10.10-10.50am (both days)


\*No uniform; wear your favourite tutu  
(Tutu's available to wear at class if you forget)


**TIA, 12 Price St, Torquay.**  
Parking available as well as ramp for strollers

Classes are \$14 each  
You can buy a 5 class pass or a 10 class pass  
Available to buy via the Square link




tutusintorquay@gmail.com


0423 735 447


Tutu's in Torquay



# natured

connecting kids to nature

**outdoors afterschool activities**  
bush craft, food & adventures

experience what natur.ed is all about prior to term 2  
**free intro sessions** 3/3.30- 5.30 incl school pick up and drop off

wed 16th march **Lisieux & Torquay Coast PS**  
wed 23rd march **Anglesea PS**  
wed 30th march **FWC Steiner School**

to find out more and book [www.commply.com.au](http://www.commply.com.au)  [natur.ed.by.commply](https://www.instagram.com/natur.ed.by.commply)

Come and try Footy at Surf Coast  
Suns Football Club!

# JUNIOR GIRLS AFL CLINIC



**GIRLS AGED 7-18  
WELCOME**

**FEATURING GEELONG CATS  
AFL PLAYERS**





**4:30-5:30PM**

**THURSDAY 10TH MARCH**

**POLWARTH OVAL**

For girls under 12, register your interest via this link.  
For girls over 12, RSVP to Michael on [president@surfoastsuns.com](mailto:president@surfoastsuns.com)