

known and loved

ISSUE 24 | 11<sup>th</sup> August 2022  
**SCHOOL CALENDAR**



## FROM THE PRINCIPAL

Dear members of the Lisieux community,

On Monday our educators gathered for a valuable curriculum day, with the focus of revisiting and reviewing some of our current programs and pedagogical approaches. As a growing staff team, it is so vital to regularly spend time ensuring our 'why' is clearly understood and embraced by all members of the team. We took a very hands-on approach and participated in 'snapshot' lessons of Beach Discovery, De'Couverte, Outdoor Discovery, Young Designers and The Growth Project, exploring the common elements, what works well and what could be improved. In the afternoon, we undertook the written component of our First Aid training, which will be followed up with the practical training later this term during scheduled staff meetings. Such opportunities help us build on our knowledge and skills to ensure the best delivery of our school vision. We are grateful to parents for your support in this area.



Next week we will begin the process of interviewing for new 2023 staff. 'Recruitment season' is always an exciting time – we want to ensure not only that we employ the best possible educators, but those who share our Lisieux vision for educating the whole child, catering for diversity,

### AUGUST

Mon 15<sup>th</sup> Keep Australia Beautiful Week

Science Week

Year 5/6 Beach Discovery Day

Wed 17<sup>th</sup> Eucharist retreat Day Year 4

Thur 18<sup>th</sup> Interschool Athletics Carnival  
Landy Field

Mon 22<sup>nd</sup> Book Week  
Book Week Parade

Thur 25<sup>th</sup> Book Exchange Stall

Sun 28<sup>th</sup> Sacrament of Eucharist

### SEPTEMBER

Thurs 1<sup>st</sup> Father's Day stall

Fri 2<sup>nd</sup> Father's Day Breakfast  
Father's Day Stall

Sat 10<sup>th</sup> Lisieux Trivia Night  
7pm

Sun 11<sup>th</sup> Family Mass  
St Therese Church  
8.45am

Wed 14<sup>th</sup> Year 3/4 Beach Discovery Day

Fri 16<sup>th</sup> Footy Colours and Hot Dog day  
**LAST DAY OF TERM 3**  
3.15pm

celebrating opportunities for creativity within the curriculum, and most importantly, are individuals who have a passion for working with young people. Once again, we are fortunate to have attracted a strong field of applicants and we look forward to appointing staff who will complement and support our existing teams and structures. I look forward to sharing an update of staffing within the coming weeks.

God's blessings for the week ahead,

Susan Ryan

[Susan.ryan@lisieux.catholic.edu.au](mailto:Susan.ryan@lisieux.catholic.edu.au)

Principal





# PRAYER

Lord God, It's been cold lately but through the crisp morning frost, we see a glimmer of sunshine. You are reminding us that Spring is on its way. You are teaching us to have hope.

Give us the grace of memory. Remind us of the countless ways, both big and small, that You have already proven Yourself to us. Remind us that, although challenging times have come and gone like passing seasons, they have never been the end of our story. Remind us of breakthrough and laughter and light.

Remind us what spring feels like.

As long as the Winter lasts, let us learn from it. Give us joy in its simple beauties, in the stark majesty of the trees and the diamond sparkle of ice on the grass.

When the cold feels like it is never-ending, give us warmth enough to endure. Give us crackling fireplaces and hot drinks and blankets. Give us encouraging words and embraces at just the right moment. Give us fresh reminders of Your love and grace.

And then, when the time comes, please give us Spring again.

There will probably be more winters after this one, more seasons of uncertainty and challenge and cold. But we choose to trust that there will be a Spring for every Winter, a hope for every despair. Give us grace to journey through these seasons again and again, and to know the blessings of each season. Give us grace to see every Winter through the eyes of hope.

Teach us to believe in Spring. Amen.





# STUDENT LEARNING & ACHIEVEMENTS



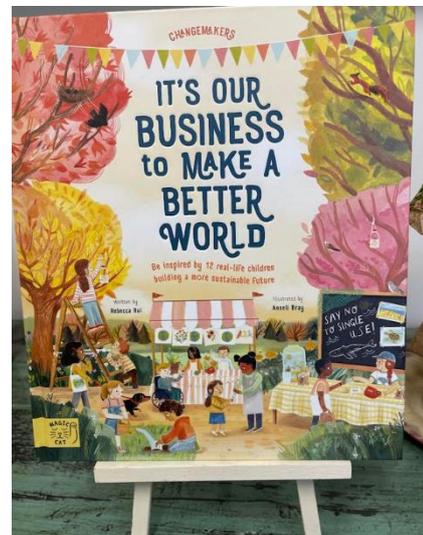
## Environmental Challenge

Next Week is 'Keep Australia Beautiful Week'. A home challenge for you and the family is to do something for our environment. Think of something you can do at home or around your neighbourhood.



# NEW TO THE LISIEUX BOOK SHELF

“It’s our business to make a better world”, written by Rebecca Hull and illustrated by Anneli Bray, introduces us to real kids whose acts of social enterprise are raising awareness for our responsibility to the planet. The book shares 12 stories of children who have made a big difference, at a young age. It is positive and inspiring with beautiful illustrations.





## TAKE NOTE

We have been thrilled to receive donations of pre-loved wooden chairs for our Art Show. Please keep them coming- all shapes and sizes welcome!

We also need volunteers to accept the challenge of 'renovating/painting' a chair- we would love you to come and choose a chair and have a go. Chairs will be part of a silent auction at the Art Show, where our goal is to raise funds to purchase a pottery kiln. We need your help to do this so please consider the challenge, and if you are an artist who would consider donating an art piece or helping as an artist in residence during Arts Week please let us know.

Just a safety reminder to families parking in the 'staff carpark' area in the afternoons or mornings- please note that there is a designated walkway for parents and students alongside the carparking area. We ask that all students and parents use this pathway rather than walking through the parked car area. This is to ensure optimal safety at all times as there will be cars reversing at these times. If possible, we would prefer that parents park in the designated asphalt areas to maintain safety.

## Sustainability News

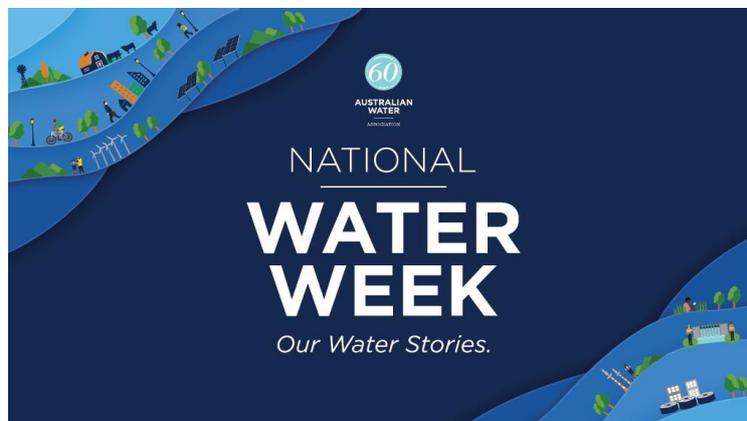
### Lisieux Working Bee

Are there parents in our community who are good with their hands and own their own tools? We need you! We are wanting to enclose the structure below, to create a school greenhouse. This will assist with the learning of our students to help speed up the growth of our veggie garden. If you are keen to help, please email Ron Dando (Ronald.dando@lisieux.catholic.edu.au) and we can organise a weekend to complete this project. **If you have any experience in carpentry, construction or building, I am in need of expert advice with regards to ordering the supplies.**

‘Many Hands make light work!



### Sustainability Competition



Your story could be of a favourite watering hole, or a shoreline to surf. Maybe it's sitting quietly by a river or just drinking that first glass of water in the morning. What 'springs' to mind when you hear the word **WATER**?

As part of our National Water Week, students are encouraged to tell their water story through a colourful A3 or A4 poster, preferably in landscape format. Any medium, from paper to digital, can be used.

#### **Student prizes in each category**

Entries will be judged locally and winners announced during National Water Week.

- Winner \$100 prize pack
- Runner up \$75 prize pack
- Third \$50 prize pack

#### **Judging criteria**

Winners will be chosen by:

- How well does the poster communicate relevant water-related issues and the NWW theme?
- How attractive does it look from a distance?
- Have art materials been used effectively?
- Does the poster use innovative imagery, design or concepts?

Group artwork will not be accepted (only one student per artwork).

Please have your finished art piece handed to Ron Dando by **Monday 29<sup>th</sup> August.**



# LEARNING COMMUNITY IN PICTURES





## COMMUNITY NEWS

# Nude food COMPETITION

Every time you have a nude food lunch box, you can show your teacher and you will get a raffle ticket with your name on it.

Each assembly a raffle will get pulled out for each year level and those students will get a prize.

Some of the prizes will be stationery, gift cards, homemade goodies and prize packs.

You can get up to 5 raffles each week! Remember to pack only NUDE food!





## How Parents Can Instill a Growth Mindset at Home

Parenting is really hard. Having a growth mindset helps.

Via [www.mindsetworks.com](http://www.mindsetworks.com)

Research shows that parents can have a powerful impact on their childrens' mindsets. The language you use and the actions you take show your children about what you expect. Giving process praise, talking about the brain, accepting mistakes as learning opportunities, and understanding the role of emotions in learning are all practices you can begin today.

### Say This, Not That

The way we praise our children can have a profound impact on their mindset. Research on praise and mindsets shows that when we praise children for being smart, it promotes a fixed mindset. It sends a message that their accomplishments are trait-based, and tied to something innate. In contrast, praising kids for working hard promotes a growth mindset. It sends a message that the child's effort is what led them to success. Want more tips on what to say, and what not to say, when praising your kids? Say This, Not That!

Say This	Not That
"I can see you worked so hard on this!"	"You are so smart!"
"It seems like it's time to try a new strategy."	"It's okay. Maybe you're just not cut out for this!"
"I like watching you do that."	"You're a natural at that!"
"It looks like that was too easy for you. Let's find you something challenging so your brain can grow."	"That's right! You did that so quickly and easily; great job!"
"That's not right. You don't understand this yet. What strategies can you try to understand it better?"	"That's not right. Are you paying attention in class? It seems like you're not even trying."
"That was really hard. Your effort has paid off! Next time you'll be ready for this kind of challenge!"	"That was really hard. I'm so glad it's over and you don't have to do that again."
"You've worked hard to become a good writer. You should challenge yourself with an advanced class, and learn something you don't know how to do yet."	"You have a real talent for writing. You should take a creative writing class because you're so good at it."

## Talk About the Brain

The brain is far more malleable than we once thought. Teaching our kids that they actually have control over growing their brains through the actions they take is empowering! Tell your children that when they work hard, that's the feeling of their neurons connecting. The dendrites are reaching out to other dendrites, trying to connect to make a stronger brain. What strengthens those connections is practice, asking questions, and actively participating in learning. When children learn that their brains physically change with effort, it leads to increased motivation and achievement. Show your kids this [Brain Animation video](#) to explain!

## Accept Mistakes as Learning Opportunities

One of the best ways you can model a growth mindset is to speak candidly about the mistakes you've made, and what you've learned from them. Speak positively about your mistakes and struggles, and this will show your children that taking risks and making mistakes are a natural part of the learning process. Explain to your children that trying hard things is what helps us grow, and you can't be perfect when you try something hard!

## Understand the Role of Emotions in Learning

When we get angry, scared, or feel threatened, our fight or flight response is activated. This can happen anytime, whether we're scared of a spider or scared of math! Our brains are wired to protect us when we feel threatened, and stress symptoms such as sweating, stomach cramps, and your mind going blank are completely normal. There are strategies we can use when the fight or flight response tries to take over, to help us learn. One of those strategies is called [Square Breathing](#) and it helps to break down the adrenaline that is flooding the bloodstream and preventing learning from occurring.

### **Fresh Fruit Friday**

Thank you to the parent volunteers and the organisers from the P&F committee who put on another successful Fresh Fruit Friday Juice Day! The kids once again loved the novelty of having fruit juices and it was fantastic to see it was another sell out!

### **Father's Day Stall**

Please save these two dates, Thursday 1st September and Friday 2nd September for the selling of gifts at the Father's Day Stall. We have decided this year we will run the stall over two days to ensure no one misses out! All gifts will be \$5 each and we can't wait to show you what we have to sell this year! There will be plenty available if you need to buy for more than one special male figure in your life.



### **Trivia Night**

The P & F would like to say a big thank you to all the people who have kindly donated prizes for Trivia Night. It still isn't too late to donate and your business will get a special mention on the night.





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(DID WE MENTION IT MAKES YOU 50% SMARTER ???)

[feedme@thecrackercollective.com](mailto:feedme@thecrackercollective.com)

Don't forget to book your nibbles with Brooke from The Cracker Collective, she will be taking orders for grazing platters to have on your tables. This will be one less thing to worry about organising on the night!

To organise your platter contact Brooke at [feedme@thecrackercollective.com.au](mailto:feedme@thecrackercollective.com.au) or 0414613419.

### **COMING UP!**

Father's Day Stall  
Trivia Night  
Last Day of Term Sausage Sizzle

### **EMAIL:**

Please email Nat at [lisieuxpandf@gmail.com](mailto:lisieuxpandf@gmail.com)

If you are available to volunteer for Fresh Fruit Friday or can make a donation to our Trivia night.



Proudly a part of  
and supporting the  
Lisieux community  
- Jess and Chris Henson

If you have any questions about real estate,  
we're always happy to have a chat.

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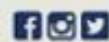


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## INFORMATION FOR PARENTS

## MULTI-SPORT PROGRAMME

Programmes run weekly on one day a week for one hour.

This term we will focus on the following sports:

- ✓ Soccer
- ✓ Basketball
- ✓ AFL
- ✓ Cricket
- ✓ Hockey
- ✓ Tennis

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For Prep – Grade 6 students.

**\$176 FOR A 11 WEEK PROGRAM**

Sign up anytime and only pay for the weeks remaining in the term

**School: Lisieux Catholic Primary School**

**Day: Every Tuesday After School**

**Start Date: 4th October**

**End Date: 13th December**

**Time: 3:30pm - 4:40pm**

### BOOK EARLY & SAVE

Use the voucher code 'earlybird' before September 17th to save!

**Website:** [kellysports.com.au/Geelong](http://kellysports.com.au/Geelong)

**Contact:** Nick Clydesdale

**Email:** [geelong@kellysports.com.au](mailto:geelong@kellysports.com.au)

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