



FEBRUARY

Thur 23rd Lisieux Parents & Friends
AGM 7pm

ALL WELCOME

Tues 28th Reconciliation Family
Night 6pm

MARCH

Wed 1st Prep Rest Day/Individual
testing

Thur 2nd 2024 Enrolment Tour
9.30am

Sun 5th Reconciliation Rite of
Enrolment Mass 8.45am
St Therese Church

Mon 6th Year 5/6 Camp

Tues 7th Year 5/6 Camp
Prayers in Pyjamas
Evening for Prep Students
6.30pm

Wed 8th Year 5/6 Camp
Prep Rest Day/Individual
testing

Thur 9th Year 5/6 Rest Day

Fri 10th Professional Practice day
NO STUDENTS

Mon 13th LABOUR DAY
NO SCHOOL

Wed 15th 2024 Enrolment School
Tour 12pm

NAPLAN Test window
commences Year 3 and 5

Fri 17th Family Picnic at Lisieux
5pm-7pm

Mon 20th 2024 Enrolment tour
9.30am

Assembly 12pm

Tues 21st Reconciliation sacrament
5.30pm & 6.30pm

Thur 23rd Teeth on wheels
(info below)

Dear members of the Lisieux community,

The season of Lent commenced yesterday with Ash Wednesday. All students took part in a simple liturgy to mark the start of this special Christian season. Traditionally, Lent has been known as a time to 'give up' something, however this is not a focus we take in our contemporary faith education as there is little, if any, correlation between this action and growing closer to God. In classes, as students are learning about the meaning of Lent, we do discuss former traditions but also talk with students about how we can apply a 2023 lens to our Lenten intentions. For example, we may strive to 'give up' impatience, jealousy, gossip or negativity, self-doubt or worry, not just for Lent, but as a means to become a better person. Perhaps we can focus instead on practising kindness, patience, inclusion, trust in ourselves and in God.



Earlier this week, on Tuesday afternoon/evening, our annual Transition and Wellbeing discussions took place. We had 80% of our families take up the opportunity to chat with their child's classroom educator about the first weeks of the school year and how children are settling. Thank you so much for making the time for this conversation as strong communication between home and school will enable us to build healthy partnerships, and at Lisieux we are committed to building such relationships with families. We know that children learn best when significant adults in their lives – parents/carers, educators and other community members – work together to encourage and support them. Such connections will benefit students' motivation, behaviour, engagement, academic and social outcomes. These relationships will also encourage students to feel a sense of belonging, so important for wellbeing and positive mental health. We love to see parents and family members involved in the life of our community and there are many ways to consider doing this. A few examples are listed below:

- Annual General Meeting of Parents & Friends Association tonight at 7pm in Multi-Purpose Room (all welcome);
- Assist with canteen on Fridays;
- Volunteer to share a skill during Friday Flow;
- Nominate for Advisory Council;
- Come along to Information Evenings;
- Come along to assemblies and liturgies.

Please know that you are always welcome, in whatever way, big or small. Please don't feel you should only contact us when you have concerns – you may feel things are going well but just want to have a general chat about your child – please be assured we will always welcome this.

A very big thank you to the parents who cooked pancakes for all students on Shrove Tuesday. The verdict was '*tres deilicieux!*'



God's blessings for the week ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal



PRAYER

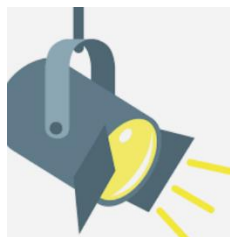
Ash Wednesday marked the beginning of the season of Lent this week, a time to prepare our hearts for the crucifixion and resurrection of Jesus. Students in Year 1-6 took part in a liturgy yesterday, where the practice of marking the forehead with ashes in the shape of a cross took place. The ashes are made from palm leaves and provide a sign that we want to become better people. Lent is a season when we make an effort to live the way God wants us to by praying and acting with love towards others.



God our Father, as we begin this holy season of Lent, help us to see that your merciful love is with us always, even when we wander far from you. With the help of your grace, may our prayers and sacrifices over the next forty days lead us closer to you and to each other, the poor, the sick and the lonely so that together, we can fulfil your promises for all who live in your love. Amen.



STUDENT LEARNING & ACHIEVEMENTS



Spotlight on...



Carmel Rouge

What a wonderful beginning we have had to the school year. All children have settled in to the start of their school life remarkably well. There has been much laughter and enjoyment in our classroom!

Carmel Rouge have thoroughly enjoyed the morning routine of participating in our Oral Language Development through play. These provocations are changed weekly depending on the interests and curriculum focus for Literacy and Numeracy. We have enjoyed using nature items to create art, selling and buying from our Ice-Cream Parlour, building creations that focus on our sound of the week and our famous Bluey Treehouse.

We have also loved our Outdoor Discovery sessions on a Friday. Last week we went on a nature scavenger hunt and we found almost everything! Keep up the inquisitive learning Carmel Rouge!



Introducing..... Madame Evans



Bonjour! My name is Rhiannon Evans and this year I am teaching Grade 5&6 in Silver Banksia

I am super excited to be teaching in the senior school and can't wait to see what these amazing future leaders achieve in 2023.

I am originally from Ireland and moved to Australia six years ago. In my spare time, I really love to go for walks with my puppy Henry, run and craft. I have completed a few marathons and love running with friends along the river and competing in different events especially if there's a medal at the end!

I love travelling and exploring new places. Tasting delicious foods, meeting new people and experiencing different cultures.

This year I am looking forward to continuing to grow relationships with all of the beautiful Lisieux families and enjoying more of this amazing community. As well as celebrating the many successes that happen throughout the school year including celebrating my wedding in September. What an amazing year it's going to be!



We have many passionate nature lovers at Lisieux and we are building a very strong collection of books we classify as "Outdoor Discovery" – these books are mostly non-fiction and often they explain more about how to understand and care for our environment. "Tree Beings" by Raymond Huber and Sandra Severgnini provides an adventure through the secret world of trees. It focuses on four main ideas: trees can give life to the planet; trees can help save us from climate change; tree are like beings; trees need our help and protection. It's a wonderful guide to appreciating trees, with a combination of informative text and vibrant illustrations.





VACANCY

We have an existing vacancy on our Lisieux Advisory Council for interested parents/carers/community members. The School Advisory Council works closely with the Principal and school representatives in matters relating to the school's vision. It acts as a forum for discussion on matters concerning education in the school. With the recent resignation of two Council members, we are currently seeking nominations for these positions. If you would like a copy of the Council constitution or a nomination form, please contact Brooke Walsh at Reception or feel free to have a chat to Council Chair, Simon Backhouse who can be contacted via: simon.backhouse@deakin.edu.au or you may wish to chat to Susan Ryan and can email via: susan.ryan@lisieux.catholic.edu.au

Traffic Management

We are getting there! We still have a small number of parents/carers who arrive early and park in the Kiss and Drop Zone. **Please don't park here at this time of day. This is a no standing zone at this time of the day- if your child is not waiting, please park your car in designated spot.** We need to keep the traffic flowing or it backs up right down South Beach Road.

- Please make sure you enter and exit the school using the designated lanes. Cars exiting the school at peak times (as indicated by signage) **must turn left (towards Surf Coast Highway) to avoid congestion.**

WATCHES AND PHONES AT SCHOOL

Please note that smart watches are not permitted at Lisieux and students may not have mobile phones at school. If a phone is needed for after school contact, the phone must be handed to Reception upon arrival and collected at the end of the day.



Religious Education News

Sacrament Celebrations

Dear Parents/Carers,

We begin another year preparing students from various year levels to celebrate the Sacrament of Reconciliation, Eucharist and Confirmation.

Please keep these important dates free for each celebration:

Reconciliation (Year 3)

Reconciliation Family Evening- ***Tuesday 28th February***

Reconciliation Rite of Enrolment Name Mass- ***Sunday 5th March***

Celebrating the Sacrament of Reconciliation- ***Tuesday 21st March @ 5:30 or 6:30***

Eucharist (Year 4)

Eucharist Family Evening- ***Wednesday 2nd May***

Eucharist Rite of Enrolment Name Mass- ***Sunday 7th May***

Celebrating the Sacrament of Eucharist- ***Sunday 21st May & Sunday 28th May***

Confirmation (Year 6)

Confirmation Family Evening- ***Tuesday 22nd August***

Confirmation Rite of Enrolment- ***Sunday 27th of August***

Celebrating the Sacrament of Confirmation- ***Tuesday 12th of September***

Further detail will be sent to families as we move closer to each sacrament.

Click on this link for Sacramental Registrations <https://tagparish.com.au/Sacraments/Sacramental-Registration>

White Sacramental Stole

Children making their Reconciliation will require a white stole which they will also use for their Eucharist and Confirmation when the time comes. If you wish to purchase one, you can purchase them from 'Gracious Glymphs' and you can choose to decorate them yourselves or allow the company to decorate for you for an extra cost.

Reconciliation Family Evening

A friendly reminder that our face to face family formation evening for our Reconciliation candidates and their parents/guardians will take place next **Tuesday, the 28th of February** at **6:00** at St Therese Church, Torquay.

Important Reminder

If you haven't yet registered your child for the Sacrament of Reconciliation, you need to do so by tomorrow, **Friday 24th of February**. Currently we have 31 students registered.

Click on this link for Sacramental Registrations <https://tagparish.com.au/Sacraments/Sacramental-Registration>



How parents can help kids make good friends

Via [The Parents Website](#)

At the beginning of a new school year, it is a good time to think about the central place friends have in the lives of young people. Friendships help children and adolescents experience a sense of belonging, such a critical aspect of personal wellbeing. Friendships are also a platform for developing social and emotional skills, self-esteem and the move towards an independent identity in adulthood. Spending time with friends is hopefully also great fun!

Friendships are dynamic and will change across children's lives as they grow and explore. They will make new friends through common interests but may drift apart from others over time, when moving in different pathways. For younger children, it can be challenging to cooperate, share and put out 'friendship fires', while for young adolescents, working out where (and how) to fit in, sometimes seems like a minefield.

Parents play a vital role in building cooperation and communication skills, the bedrock of friendships. This happens through playing games at home, having problem-solving chats and teaching children how to manage their emotions. Learning to show interest in others, deal with frustrations and talk things through will help your child make and keep friends.

Navigating the bumps

It is important to remember that friendships are not a 'one size fits all'. Some children seek out one or two close friends, while others are happier with larger groups. Remember that how many parties a child is invited to is not the most important thing: it is the confidence that comes from having genuine connections that counts.

Friendships do not always go smoothly – feeling hurt by others, struggling to find a buddy or a tribe are common experiences for young people and often part of their journey. But while it is normal to experience some ups and downs in friendships when growing up, that does not mean it is easy.

Parents can support their child in navigating these bumps in many ways, often acting as a coach behind the scenes and modelling social skills. Depending on the age and circumstances, teachers can also work with parents to create new opportunities for children to connect, provide feedback on a child's social strengths and weaknesses, and offer opportunities for making new friends by getting involved in different activities.

Below are some foundations for healthy friendships to foster in your child as they navigate their social journey:

Trust

Trust is the number one ingredient for any relationship. After trust comes forgiveness, but without trust, there is no safety or sense that we can depend on others. Trust is expressed through loyalty, keeping promises and being reliable. Reinforce the importance of honesty and consistency in inclusion, not getting drawn into excluding others for passing social allegiances and dramas. Moving away from a disloyal friend may be painful but may be sometimes necessary for parents to encourage.

Good times

Having fun together is what friends are all about. There are many ways in which young people build connections, often through common interests: finding others who enjoy similar activities, helps children bond naturally and perhaps find kindred souls. For young children, this often means shared games or pastimes; for older children and teenagers, it might be through music, theatre, sport, social action, chess or debating. These shared interests are important for developing a sense of identity and self-esteem.

Listening

Most of us have a deep desire to be heard and for many young people, they turn first to each other for advice or to share their worries. Being an active listener who is attuned to their friends' concerns can make a big difference – giving time to listen and being sensitive to their friends' feelings, helps young people know they matter. Sometimes it is about saying less but hearing more.

Kindness

This is a great quality – for friends and everyone. Thoughtful acts of kindness show that friends care – checking in, cheering up, remembering someone's birthday. These show young people, and not-so-young people, that their friends care and that they are not alone.

Non-judgmental compassion

Feeling accepted and not criticised is essential in a true friendship. Being able to be yourself and not feeling you will be judged, builds security in a friendship and confidence in yourself. Children and adolescents come from a range of backgrounds with diverse experiences that not everyone can relate to. If young people can learn to be open and inclusive of others, they are likely to make friends in all sorts of places, reaping lifelong rewards and connections.



Supporting others

Young people play a key role when their friends are struggling with personal issues or difficult circumstances. I have often been asked by students about what can they do to support their friends. My advice is that the role of a friend is to be available, listen and to encourage their friends' self-care. To share some good times, to hang in there with them, but not to feel responsible for finding answers or solutions. It is important to know when it is best to help a friend seek out support from those with more expertise or responsibility – and realise that this is a wonderful gift.

Extending the hand of friendship

As the new year gets under way, encourage your child, whatever their age, to be open and welcoming by extending the hand of friendship to others, particularly those who are new. It can be daunting coming into a school where students already know each other, when arriving from another country or coming from a minority cultural or ethnic background. Through the bonds formed in friendships, young people enrich their own lives in immeasurable ways and form habits of friendship which will sustain them for a lifetime.



LEARNING COMMUNITY IN PICTURES







Proudly a part of
and supporting the
Lisieux community
-Jess and Chris Henson

If you have any questions about real estate,
we're always happy to have a chat.

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Located in the Quay 2 estate. Torquay.

Annual Privacy Reminder for 2023

Our school collects, uses, discloses and stores student and parent personal information for standard school functions where permitted by law, as stated in our Privacy Policy.

Please take time to remind yourself of the Lisieux Catholic Primary School, Collection Notice found on our [website](#). For more information about privacy, refer to the Lisieux Catholic Primary School [Privacy Policy](#) on our website.

The P&F would like to thank all the volunteers who came along to help prepare our pancakes for Shrove Tuesday.

And another big thank you to Pond Café for donating all the ingredients.



Our Parents and Friends Annual General Meeting will take place in the Multi-Purpose Room this evening at 7pm. This is a great opportunity to come along, meet other parents, and get more involved in the life of the school. We will be serving wine and cheese and all parents are warmly welcome.

CANTEEN

Don't forget about our P&F canteen Fridays. Download the Schools24 app to order your lunch order by the Wednesday before at 5pm.

Zooper Doopers and Chicken Nugget rolls are just some of the delicious new menu items





SIZZLING SUMMER SPORTS!

LEARN NEW SPORTS IN TERM 1



Have heaps of fun with your friends while playing a range of dynamic and active sports throughout term 1.

BOOK ONLINE NOW AT

KELLYSPORTS.COM.AU

INFORMATION FOR PARENTS

MULTI-SPORT PROGRAMME

Programmes run weekly on one day a week for one hour.

This term we will focus on the following sports:

- ✓ Soccer
- ✓ Basketball
- ✓ Ultimate Frisbee
- ✓ Cricket
- ✓ Hockey

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For Prep – Grade 6 students.

\$144 FOR A 9 WEEK PROGRAM

Sign up anytime and only pay for the weeks remaining in the term

School: Lisieux Primary School

Day: Tuesday's

Start Date: 7th February

End Date: 4th April

Time: 3:20pm - 4:30pm



BOOK EARLY & SAVE

Use the voucher code 'earlybird' before January 17th to save!

Website: kellysports.com.au/Geelong

Contact: Nick Clydesdale

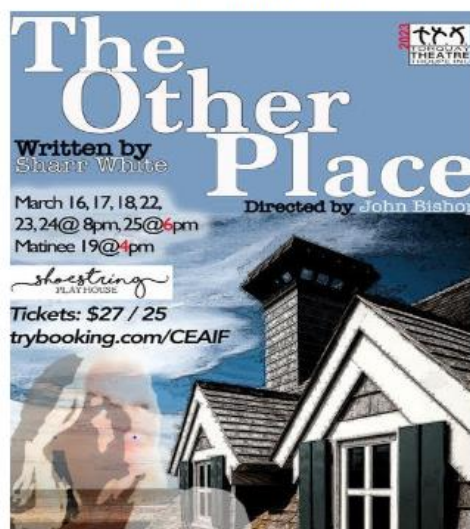
Email: geelong@kellysports.com.au

Phone: 0497 770 909

Facebook: Kelly Sports Australia



COMING TO SHOESTRING PLAYHOUSE
16 – 25 March 2023



Just as Juliana Smithton's research leads to a potential breakthrough, her life takes a disorienting turn. One step at a time, a mystery unravels as contradictory evidence, blurred truth and fragmented memories collide in a cottage on the windswept shores of Cape Cod.

Cast:

Juliana - Tracey McKeague
Ian - Michael Baker
The Man - Todd J Curtis
The Woman - Jessica Hargreaves.

Tickets at: <https://www.trybooking.com/CEAIF>

Visit www.ttt.org.au for more information about this and other offerings from TTT during 2023



2023 JUNIOR FOOTY STARS FOOTY FESTIVAL

Has your player ever wanted to be coached by their favourite AFL Players?

You now have the opportunity to have your son or daughter be coached by 2 Geelong Premiership players.

Program cost: \$49.99
REGISTER HERE



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beau@juniorfootystars.com.au or 0431 530 103

OPEN TO ALL BOYS AND GIRLS 7 – 15

SATURDAY FEB 25 IN
GEELONG

10.30AM – 12.00PM

GARY ROHAN & GRYAN MIERS

GEELONG FC

PROGRAM OUTLINE:

10.30AM – 11.00AM
SKILL DEVELOPMENT

11.00AM
GARY ROHAN AND
GRYAN MIERS ARRIVE

11.00AM – 11.50AM
GAME SENSE & MATCH
SIMULATION TRAINING

11.50AM – 12.00PM
Q AND A.
AUTOGRAPH AND
PHOTO
OPPORTUNITIES

Dear Families,

We are excited to have Teeth on Wheels visiting our school for a dental visit on the **23rd of March**.

Below is a link to their E-form which needs to be completed by the **22nd of March** for your child to participate.

<https://teethonwheels.com.au/consent-forms/consent-eform/>

Teeth on Wheels are focused on providing a positive dental experience and specialise with working with children. They can provide check-up and clean appointments and more onsite and will be able to advise you if your child is eligible to received dental care for **FREE** under the Child Dental Benefit Schedule.

Complete your form today and the Teeth on Wheels team will be in contact to schedule your child's appointment.

EXCITING NEWS

Teeth on Wheels will be visiting this term!



At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.

With the help of the government your child might be eligible for **FREE** dental care.

Our dental services include:

- ✓ Check-ups
- ✓ Scale, Clean and Fluoride Treatments
- ✓ Fissure Sealants
- ✓ X-rays
- ✓ Fillings
- ✓ Extractions

CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM



 TeethOnWheelsAustralia

 #teethonwheels

Phone: (03) 9338 1191

Email: info@teethonwheels.com.au