

known and loved

ISSUE 6 | 16th March 2023
SCHOOL CALENDAR



MARCH

Fri 17th Family Picnic at Lisieux
5pm-7pm

Mon 20th 2024 Enrolment tour
9.30am

Assembly 12pm
**Including induction of
Year 6 leadership and
presentation of jackets**

Tues 21st Reconciliation sacrament
5.30pm & 6.30pm

Thur 23rd Teeth on wheels
(info below)

Lisieux Cross Country

Mon 27th School Photo Day

NAPLAN Test window
concludes Year 3 and 5

Tues 28th 2024 Enrolment School
Tour 10am

Wed 29th Beach Activities Day
Whole School

APRIL

Thurs 6th Easter Bonnet Parade and
Coin Trail

FINAL DAY OF TERM ONE
3.15pm finish

Wed 26th STUDENTS COMMENCE
TERM TWO

Dear members of the Lisieux community,

“We should celebrate neurodiversity – the world would be poorer and life duller if we were all the same.” (Neil Milliken)

This week is **Neurodiversity Celebration Week**, a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neuro-diverse individuals are perceived, with the opportunity to recognise the many talents and advantages of being neuro-divergent, while fostering cultures that celebrate differences and empower every individual. Classes have been facilitating activities that promote inclusion and empathy and we have some wonderful displays of books that celebrate neuro-diversity throughout the school.



It also happens to be Catholic Education Week, the theme of which is “forming lives of faith, hope and love in the light of Christ.” In Australia today, Catholic schools educate one in five (20%), or nearly 794,000 students in 1,759 schools, also employing over 104,500 staff. While families may choose a Catholic education for many reasons, or indeed a Lisieux education for many reasons – for example, our focus on wellbeing or our innovative programs - our primary reason for being is the person of Jesus Christ. In Catholic schools, Christ is our inspiration. Our education model focuses on the formation of the whole person and a vision of life inspired by Jesus’ teachings. As we celebrate Catholic Education Week, we offer our gratitude to the families who have entrusted their children to the care of our school.

God’s blessings for the week ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal

Our Lisieux picnic will go ahead tomorrow evening between 5-7pm on the oval.

BYO food, drinks, picnic rug. We are excited to be able to proceed with this community event after several years of it being postponed.

Please note that the rear downstairs toilets will be accessible between 5-7pm however the main building will be locked.



At Monday’s assembly we will be formally inducting our Year 6 leaders into their newly confirmed roles and presenting Year 6 jackets. The assembly will take place at 12pm.



PRAYER

Tomorrow is St Patrick's Day, and it is fitting we share an Irish blessing for our prayer this week.

May the road rise up to meet you
May the wind be always at your back.
May the sun shine warm upon your face
The rains fall soft upon your fields
May peace and plenty bless your world
With a joy that long endures
And may all life's passing seasons
Bring the best to you and yours.

An Irish Blessing
on
St. Patrick's
Day

May you make the Lord smile
with the grace in your heart
And count your sweet blessings
at each new day's start.





STUDENT LEARNING & ACHIEVEMENTS



Spotlight on...

CAMP

GRADE 5 / 6

Monday 6th of March 2023

Activities

We did a whole variety of different activities including the leap of faith, possum glider, the giant swing and more! We had an amazing experience at camp it was super fun! Some people even conquered their fear of heights 🦘!

fun



By Illarra Topic

Cabins

We all had a good time in the day, but we also did have fun in our cabin groups! Most people were with their friends and their mates to have a late night talk or just to hang out. The girls were on one side and the boys were on the other. Right outside the boys was the dining room for schools 🏠!

Food

As you entered the two big doors you would have smelled the delicious food that has been cooking in the oven or stove! The food was an amazing 5 stars! We had sausage rolls, hash browns and scrambled eggs 🍳!

Staff

The staff were really friendly and encouraging towards facing our fears and having fun 🤗!



Introducing..... Mrs Hughes



Meet the TEACHER Madame Hughes

Bonjour! My name is Natalie Hughes and this is my first year teaching at Lisieux. I am teaching Year Two and am incredibly excited about the school, my class and the year ahead.



I am originally from Sydney but have lived in many different places around the world, including the USA and UK, following my dream of being an elite basketball player. In 2012, I competed in the London Olympics before moving into coaching.

I currently live in Geelong with my partner, Paul, and our two bordoodle doggies, Meili and Miren. I enjoy walking my dogs and lifting weights in my spare time. I support Carlton (please don't hold it against me!).



FAVOURITES

Colour: Blue

Sport: Basketball

Ice Cream: All


Animal: Dogs, Wombat

Book: The Miraculous Journey of Edward Tulane

Food: Pizza



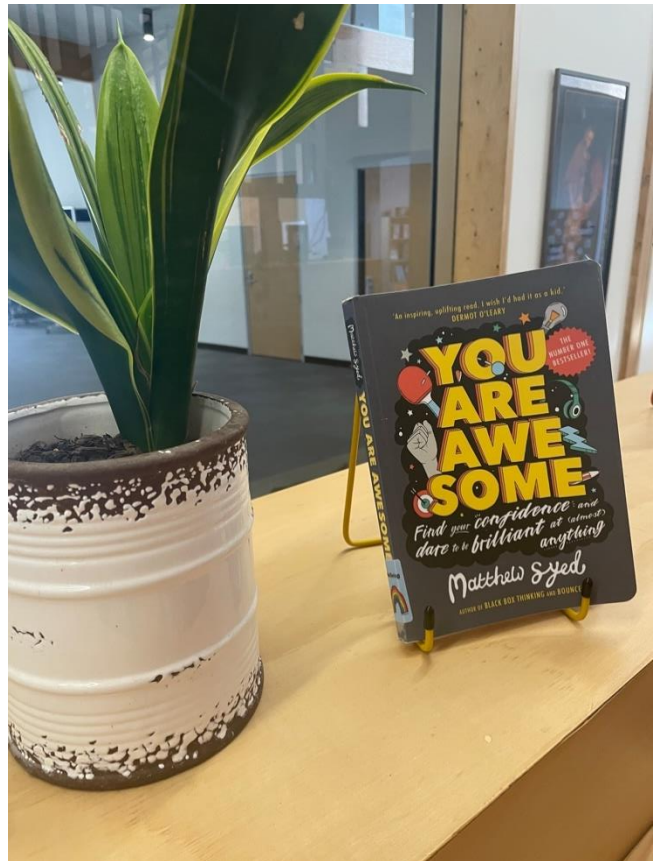
I have thoroughly enjoyed my first weeks at Lisieux and look forward to getting to know all children and families this year.





NEW TO THE LISIEUX BOOK SHELF

“You are awesome - find your confidence and dare to brilliant at (almost) anything” by Matthew Syed is a funny and inspiring read with lots of strategies and ideas to help build resilience, overcome anxiety and develop a growth mindset. The author’s aim is to challenge any beliefs that are holding children back and get them on track to achieving what they set out to do. Chapter titles include: your fantastic elastic brain; small steps and giant leap; practice makes awesome. It would especially suit 9-12 year olds.





TAKE NOTE



Learning is a journey of discovery



Lisieux
CATHOLIC PRIMARY SCHOOL
TORQUAY

**ENROLMENTS CURRENTLY
BEING ACCEPTED FOR 2024**

Come and see our learning community in action...

Visit our classrooms and hear from our Principal about what we offer.

We believe you'll be excited by our vision.

**Group tours currently being offered
weekly throughout March.**

To Register Phone: 9089 6614

www.lisieux.catholic.edu.au

Lisieux parents with current Kinder children expecting to commence Prep in 2024 are asked to submit enrolment applications by the end of Term One. Places for Prep 2024 will be limited and in order to have your place secured, it is essential we are aware of how many siblings are due to commence school next year.

Please see Brooke at Reception for a hard copy application form or download electronic copy from our website.

Project Compassion

We respectfully remind families to hold onto their Project Compassion box at home until the end of the Term. At the end of the term, we as a school will create a coin trail on the oval to see how many funds as school we can raise for people like Teresa.

Below is Teresa's story.....

Teresa's story

Australia

Teresa is a Gamilaroi woman from Western Sydney who struggled with homelessness while raising her four children. Through the Baabayn Young Mums and Bubs Group, Teresa was able to reconnect with her culture and create a better future for her children.



A young Gamilaroi woman born and raised on Darug land, Teresa felt disconnected from her culture. At just 16 years old, she had to leave school after becoming pregnant with her first child. A single mother struggling with homelessness, Teresa's only concern was finding stability for her children.

"I was homeless. I didn't have a place to call home...my kids never had a connection to the community," Teresa said. Seeking a better future for her children, Teresa joined Baabayn Aboriginal Corporation's Young Mums and Bubs Group, supported by Caritas Australia. Baabayn helped Teresa access housing for her family and psychological support.

Through Baabayn, Teresa was also able to hear stories from Indigenous Elders and reconnect with her culture. Already an aspiring artist, Teresa was able to flourish at Baabayn as she learnt Indigenous artwork and symbols. With the support of Baabayn, Teresa's art was displayed and sold at local markets and she is now working to start her own art business. Teresa's artwork was recognised at the 2022 Vivid Festival in Sydney, with four of her artworks – *Crow Totem*, *Connections of Both Land & Water Tribes*, *Yinaar Miyaay (Womens Business)* and *Goanna Totem* – projected onto the Wulugul Walk outside Crown Sydney.

Today, Teresa is studying a certificate in Community Services so that she can strengthen her skills and give back to her community.

"I don't think I'd be the person I am today without Baabayn and being part of the mum's group has brought out a lot of creativity in my bones that I didn't even know I had," Teresa said.

Teresa now works at Baabayn, providing support to young mothers and mentoring the next generation of young people.

Catholic Education Week:

This week is an opportunity for our school to celebrate our distinctive Catholic identity, our achievements, and the role our school plays within our parish and local communities.

Members of staff will be attending Mass on Thursday afternoon to celebrate Catholic Education Week and take the hour to be thankful for the gift of Catholic Education and for the opportunity to spend some time with our colleagues from our neighbouring Catholic schools.

F.r Linh and Deacon Tom will be visiting our school on Friday to speak to our students from P-2 to share their stories and give our students an understanding of their important role within our Parish community.

Reminders for the Sacrament of Reconciliation: TUESDAY 21ST OF MARCH

- Students will be celebrating the *First Rite* of Reconciliation where they will have the opportunity for relaxed one on one confession and absolution with a priest.
- Students are asked to wear neat casual attire.
- Students, together with their families are asked to arrive 10 mins prior to the beginning of their celebration.
- Candidates from Miss Hicks, Mr Otto and Miss Batemans classes will attend **5:30 session**
- Candidates from Mr Pace's and Mr Vredembregt classes will attend **6:30 session**



Neurodiversity and neurodivergence: a guide for families

Via www.raisingchildren.net.au

Key points

Neurodiversity is the idea that there's natural variation in how people's brains work.

- When we embrace neurodiversity, we accept and celebrate neurodivergent children.
- Embracing neurodiversity is good for neurodivergent children and good for society.
- There are many ways for families, communities and schools to embrace neurodiversity.
-

Neurodiversity, neurodivergence and children

Neurodiversity is the idea that there's **natural variation in how people's brains work** and how people experience, understand and interact with the world. This means there are natural differences in the way people learn and communicate. Most children's brains develop in ways that are seen as typical for their age and stage. These children can be described as **neurotypical**.

About 1 in 5-6 children have variations in their brain development. These variations include those seen in [attention deficit hyperactivity disorder \(ADHD\)](#), [autism](#) and [dyslexia](#). These children can be described as **neurodivergent**.

Embracing neurodiversity

Embracing neurodiversity is about **accepting, including, celebrating and supporting neurodivergent children**. Their differences are part of natural variation and don't need to be treated or changed.

Embracing neurodiversity involves:

- acknowledging that neurodivergent children might do things differently from neurotypical children
- adjusting tasks and activities so that neurodivergent children can fully participate
- making the most of neurodivergent children's skills, especially the skills they're proud of
- helping neurodivergent children develop ways of managing everyday tasks and activities that feel natural to them
- not expecting neurodivergent children to change behaviour like [stimming](#), which doesn't interfere with their everyday activities
- making sure that schools, sports clubs, social groups and community organisations include and support neurodivergent children.

Why it's important to embrace neurodiversity

When families and communities embrace neurodiversity, it's **good for neurodivergent children's mental health, wellbeing, sense of self and identity**.

Embracing neurodiversity takes away the pressure for neurodivergent children to behave in neurotypical ways, hide behaviour like stimming, mask or hide who they are, or cope with sensory overstimulation. This kind of pressure can be physically and mentally exhausting. And it can make it hard for children to focus on schoolwork and take part in social activities.

Embracing neurodiversity is also **good for society**. Just like the planet needs a diversity of plants and animals to survive, society needs neurodiversity to thrive. Neurodivergent people bring many strengths to society. These include strengths in creative, innovative and analytical thinking and expertise in areas of special interest.

How to embrace neurodiversity in family life

You can embrace neurodiversity as part of everyday family life. You don't have to be neurodivergent yourselves. Here are some ideas:

- Talk with your children about neurodiversity, neurodivergence and acceptance. For example, you could say, 'Some people's brains work differently from other people's. This means they learn and make friends differently too'.
- Use books to learn and talk about neurodiversity and neurodivergence. For younger children, try *Some brains* by Nelly Thomas, *The brain forest* by Sandhya Menon or *Just right for you* by Melanie Heyworth. For older children, try *The spectrum girl's survival toolkit* by Siena Castellon or *The autism and neurodiversity self advocacy handbook* by Barb Cook and Yenn Purkis.
- Find meaningful ways to include neurodivergent children in your social activities. For example, if you're inviting an autistic child to a birthday party, you could ask the parents how you can accommodate their child's needs. Or you could include some 'What to expect' information with the invitation.
- Look for appropriate ways for your child to communicate with neurodivergent friends. For example, you could help your child use pictures and drawing to communicate with a friend who doesn't use words.

How to embrace neurodiversity in the community

Here are some ideas for embracing neurodiversity in the community:

- Be aware of the language you use. It's OK to ask if you're not sure. For example, 'Do you prefer 'autistic child' or 'child with autism'?'
- Challenge unhelpful attitudes. For example, you could speak up if you hear someone criticising a parent whose child is having a meltdown in the park.
- Avoid assumptions. For example, there could be many reasons why a child is eating only packaged snacks at a picnic or wearing headphones at the supermarket.
- Look for ways to make your community more inclusive. For example, you could be part of a petition encouraging the local supermarket to opt into one 'quiet hour' a week, when lights are dimmed and no music is played.
- Talk respectfully about neurodiversity and neurodivergence. You probably know people who are neurodivergent, even if they haven't told you.









Proudly a part of
and supporting the
Lisieux community
- Jess and Chris Henson

If you have any questions about real estate,
we're always happy to have a chat.

ONEAGENCY
SURF COAST

chris.h@oneagency.com.au
0477 774 271

CHAT HOME LOANS FROM YOUR COMFORT ZONE

IT'S NEVER BEEN EASIER TO TALK
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Parent Class Rep:

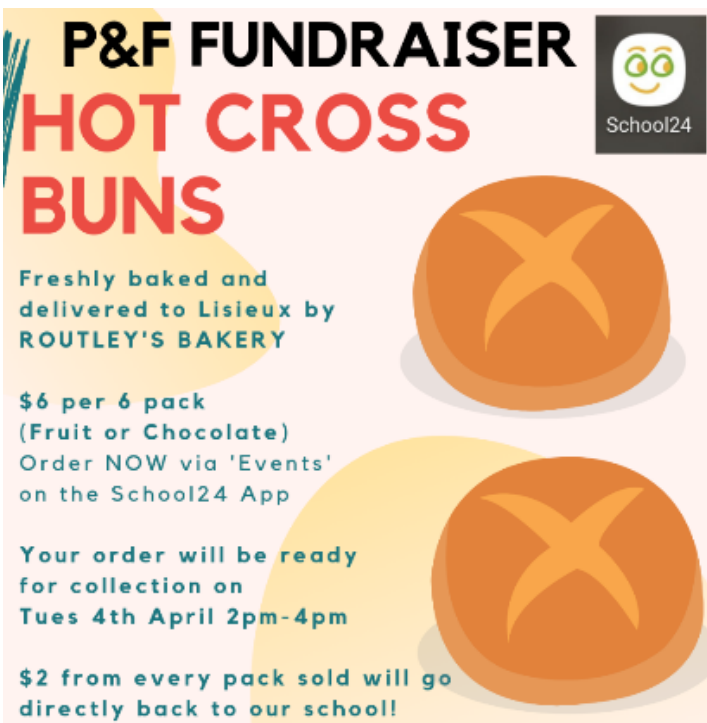
The committee would like to ask for each class to have a nominated person to represent each class and be the contact person between the committee and the classes. Being the contact person between the P and F would include, coming to the P and F president with any concerns or ideas. Coordinating P and F school activities, e.g: coordinating the contributions for the '5 days of Christmas' for the staff Christmas gift. Arranging any year level social activities outside of school. And organising additional volunteers if needed for school events and fundraisers. Being on the P n F committee and attending meetings, isn't a compulsory part of this role – but you are obviously welcome. If you would like to be the Parent Rep please email your name, class that you'll represent and contact details to lisieuxpandf@gmail.com

Canteen and Lunch orders:

Also don't forget Friday Canteen orders by 5pm on Wednesday via School24 app and Thursday lunch orders by 8.30am Wednesday via the Flexischools app.

Easter Raffle:

Your eldest child will be bringing home your raffle book on Friday 17th March



P&F FUNDRAISER
HOT CROSS BUNS

Freshly baked and delivered to Lisieux by **ROUTLEY'S BAKERY**

\$6 per 6 pack (Fruit or Chocolate)
Order NOW via 'Events' on the School24 App

Your order will be ready for collection on **Tues 4th April 2pm-4pm**

\$2 from every pack sold will go directly back to our school!

School24

Hot Cross Bun orders close on Wednesday 29 March.



EASTER RAFFLE

LISIEUX P&F WILL ONCE AGAIN HOLD AN EASTER RAFFLE TO BE DRAWN ON THE LAST DAY OF TERM 1. YOUR SUPPORT FOR THIS FUNDRAISER WOULD BE GREATLY APPRECIATED. WE WOULD LOVE FOR EACH FAMILY TO PLEASE DONATE SOME EASTER THEMED PRIZES WHETHER IT BE IN THE FORM OF CHOCOLATES, CRAFT PACKS ETC. THIS WILL CONTRIBUTE TO PUTTING TOGETHER SOME EXCITING EASTER HAMPERS. RAFFLE BOOKS WILL BE SENT HOME WITH EACH CHILD IN DUE COURSE SO KEEP

A LOOK OUT
DONATION BOX IS AT THE FRONT OFFICE

NEWSLETTER ADVERTISING!

Do you have or know of a local business that would like to advertise to our school community?

Our newsletter gets over 1,000 views each week!

SMALL AD	MEDIUM AD	LARGE AD
One Off: \$20	One Off: \$40	One Off: \$80
One Month: \$50	One Month: \$100	One Month: \$200
One Term: \$100	One Term: \$200	One Term: \$400

OR you might like to have a Special Offer e.g. "Quote 'Lisieux' when booking a job and we'll give \$50 back to the school." Or "For every Lisieux Family Meal Deal ordered we will give \$10 back to the school."

OR you might be interested in sponsoring one of our bigger projects and have your business name and logo on it! Bigger projects get FREE Newsletter Advertising.

For Advertising Enquiries please contact Lisieux Parents and Friends Committee at: lisieuxpandf@gmail.com

Dear Families,

We are excited to have Teeth on Wheels visiting our school for a dental visit on the **23rd of March**.

Below is a link to their E-form which needs to be completed by the **22nd of March** for your child to participate.

<https://teethonwheels.com.au/consent-forms/consent-eform/>

Teeth on Wheels are focused on providing a positive dental experience and specialise with working with children. They can provide check-up and clean appointments and more onsite and will be able to advise you if your child is eligible to receive dental care for **FREE** under the Child Dental Benefit Schedule.

Complete your form today and the Teeth on Wheels team will be in contact to schedule your child's appointment.

EXCITING NEWS

Teeth on Wheels will be visiting this term!



- At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.
- With the help of the government your child might be eligible for **FREE** dental care.

Our dental services include:

- ✓ Check-ups
- ✓ Scale, Clean and Fluoride Treatments
- ✓ Fissure Sealants
- ✓ X-rays
- ✓ Fillings
- ✓ Extractions



CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM



TeethOnWheelsAustralia



#teethonwheels

Phone: (03) 9338 1191

Email: info@teethonwheels.com.au



2023 JUNIOR FOOTY STARS FOOTY FESTIVAL

Has your player ever wanted to be coached by their
Favourite AFL Players?

You now have the opportunity to have your son or
daughter be coached by a Geelong Premiership
player.

Program cost: \$49.99
REGISTER HERE



'DON'T MISS OUT

beau@juniorfootystars.com.au or 0431 530 103

**OPEN TO ALL BOYS AND
GIRLS 7 – 15**

**SUNDAY MARCH 26 IN
TORQUAY**

2.30PM – 4.00PM

CAMERON GUTHRIE

GEELONG FC

PROGRAM OUTLINE:

**2.30PM – 3.00PM
SKILL DEVELOPMENT**

**3.00PM
CAM GUTHRIE
ARRIVES**

**3.00PM – 3.50PM
GAME SENSE & MATCH
SIMULATION TRAINING**

**3.50PM – 4.00PM
Q AND A.
AUTOGRAPH AND
PHOTO
OPPORTUNITIES**