

known and loved

ISSUE 23 | 17th August 2023
SCHOOL CALENDAR



FROM THE PRINCIPAL

Dear members of the Lisieux community,

"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." - Albert Einstein

This week we have celebrated Science Week. Science is all about curiosity, being inquisitive and having a sense of wonder. A curious person constantly asks questions and desires to know more. Scientific minds seek explanations and employ creativity to find solutions. These are strengths we aim to cultivate in our students. At school, students apply scientific principles when they explore, discover, challenge and problem solve. They learn about how science responds to global challenges and societal needs as well as areas such as computer science, astronomy, biology, geology and more.

Wouldn't it have been amazing to meet someone like Albert Einstein? If his biography notes are accurate, he was not only super-curious, but practical, generous, open-minded, community-minded and a nature-lover. Born in 1879, he is best known for developing the theory of relativity, often referred to as the world's most famous equation. Albert Einstein would definitely make my 'ultimate dinner party' list! There's plenty of other scientists around to inspire our students- we have a range of books on science legends including Stephen Hawking, Katherine Johnson, Marie Curie, Rosalind Franklin, Ada Lovelace, Alan Turing, Mary Anning, Louis Pasteur and more. My own father was a scientist and he certainly inspired a love of learning and a sense of wonder in my character and I continue to be grateful for his influence.

AUGUST

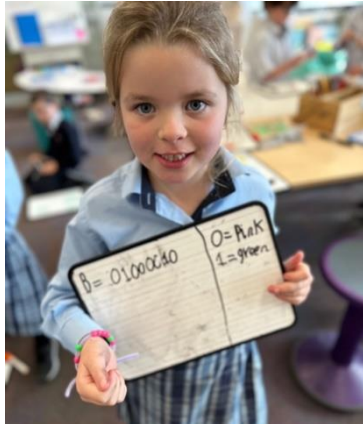
- Mon 21st Book Week
Book Week Parade 9am
- Fri 25th Book Exchange Stall
Please bring gold coin donation
- Sun 27th Rite of Enrolment Mass-Confirmation
St Therese Church 8.45am
- Wed 30th Year ¾ Beach Discovery
- Thurs 31st Fathers' Day Stall

SEPTEMBER

- Fri 1st Fathers' Day Stall
- Tues 5th Division Athletics
Year ½ Excursion
- Thurs 7th Year 5/6 Beach Discovery
- Tues 12th Sacrament of Confirmation
St Therese Church 5pm
- Fri 15th Footy Colours Day
Last Day of Term 3
3.30pm conclusion

OCTOBER

- Mon 2nd Term 4 Commences
- Mon 9th
- Fri 13th Prep- Year 2 Swimming
- Wed 11th
- Thur 12th Year ¾ Camp
Sovereign Hill
- Fri 13th Year ¾ Rest Day
- Wed 18th Year ¾ Beach Discovery
- Thur 19th Year ½ Excursion



The photos above show Year 1 students creating a coded bracelet using binary coding practices during Science Week and there are some more great photos of our junior scientists at work below.

Next week is Book Week – the fun never stops! Students are asked to come dressed as a favourite book character for Monday's parade which will take place at 9am on the oval, weather permitting. For our book swap next Friday, we ask that every student donates a new book. Students will wrap these at school and write clues about characters and plot to entice others to select their mystery book. On Friday, students are asked to bring a gold coin donation and will select a book. The funds raised will be donated to the Indigenous Literacy Foundation.

Next week, Gerard Douglas, our Religious Education Leader, and myself, will take part in a Mary Mackillop pilgrimage, re-tracing the life journey of Australia's first saint across Victoria and South Australia. We join 20 other local Catholic school leaders on this special event. I look forward to sharing some of our learning upon my return. James Flint will be Acting Principal for the week of my absence.

God's blessings for the week ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal



PRAYER

We thank you, God, for the wisdom and knowledge you bestow upon scientists who work at revealing the secrets of creation. We stand in awe and wonder at the history of the universe and of life on this planet. Bless those engaged in scientific research and technology that will enhance human life and the wellbeing of all. Guide us to always have open and curious minds and to be stewards of creation. Amen.



Hello parents of Grade 6 Confirmation Candidates. It is now 4 weeks before the Sacrament of Confirmation which will take place on **Tuesday the 12th of September** at **5pm** at St Therese Church. I believe all eligible families have registered with the Parish and I thank all parents for doing this so promptly.

Important Reminders

Rite of Enrolment Mass

Candidates and their families are required to attend Mass on **Sunday the 27th of August, 8:45 (St Therese Church)**

Sponsors

Each Candidate is required to nominate a sponsor who can be with them at the Ceremony. The sponsor will join the candidate on the Altar at the appropriate time when they are officially confirmed by the Bishop.

The Sponsor needs to be;

- ~ 16 years or older
- ~ Baptised Catholic and Confirmed in the Catholic Church
- ~ Preferably not the Father or Mother of the Candidate.

Saints Name

Each Candidate is required to select a Saints Name. Students are currently researching Saints at school and will select a Saint who is meaningful to them.

Stoles

Candidates may wish to wear a Stole on the evening. Most children use their Stole from their First Communion. For those who have lost it or would like to add a symbol to their current Stole they can be purchased online on the following link.

www.graciousglyphs.com.au

Certificates

Certificates will be distributed on the night after the Candidate has been officially Confirmed.

Any questions please don't hesitate to contact Gerard Douglas or any of the Year 5-6 educators.



STUDENT LEARNING & ACHIEVEMENTS



The Possum Skin Stole project has been running at Lisieux for a number of months with our First Nations students. The workshop is based on the cultural revival of cloak-making in the south-eastern communities, as a way of celebrating cloaks and stoles and sharing stories and traditions with each other.

The design of our stole represents Lisieux. The cross represents our school logo. The white circle with people sitting around represents social circles and kids at our school. The blue lines represent waves of the ocean that we look out to every day and how we're so close to the beach. The wattles represent nature that is at our school.

By Mira Barton and Madame Righetti



SPORT NEWS

Last Friday, 63 of Lisieux's grade 3-6 students had the opportunity to take part in the Dooliebeal District Athletics Carnival at Landy Field.

Conditions were icy, but that didn't stop our 800m runners kicking off the day in great form. Milla Molloy, Jackson Molloy and Harry Maw were all outstanding in their races, each grinding out impressive wins.

Of our twelve 800m runners, seven managed to finish top 2 and qualify for the Division Athletics in early September.

The first cycle of field events was next to get underway with Indie Gooch continuing Lisieux's winning streak in the 11yo Girls Triple Jump. The Lisieux cheer squad was finding their voice by this time and we were easily the loudest school, cheering on each jump and throw.

Some brave efforts followed in the hurdles and 100m, before our next round of field events where Jett Davis blew away his competition by more than 5 metres in the 11yo Boys Discus throwing 21.7 metres.

There were some tired bodies by the time the 200m races rolled around but the Lisieux students found their voices when they saw Orlando Mannix's winning effort in the heats, taking him through to the final. He produced a similar performance in the final, speeding away from the other runners to claim the blue ribbon in 32.39 seconds.

The 4x100m relays were the last events of the day and the Lisieux teams did not disappoint. All of our teams did an amazing job, with some seamless baton changes a highlight for me! Our 11yo boys; Orlando Mannix, Louie Walsh, Tom Derbyshire and Ben Thompson were the shining light, holding on in a close race to take the win.

Our 12yo girls, 11yo girls and 9/10yo boys all placed second while our 9/10 boys also claimed third.

After all was said and done Lisieux managed to finish in second place in the points tally and have 24 students moving on to the Bellarine Division Championships on the 5th of September. This is the largest number of students we have ever had progress.

Congratulations to all students who represented Lisieux last Friday, they should all be incredibly proud of their efforts. There were some amazing acts of sportsmanship and as I mentioned we were by far the loudest cheer squad in the stands. A huge thank you to our staff helpers Nathan Pace, Jessie McKinnon and Simone McEwan along with all the parents who took the time to come along and cheer our athletes on!






Hello,
I'm Miss Harman

About Me

I have been working at Lisieux for 2 years! I moved to Geelong last year from my hometown Warrnambool. At Lisieux my favourite part is getting to know everyone in our amazing community :)

Favourites

- Food: Thai food
- Book series: Harry Potter
- Sport to play: Netball and Basketball
- Sport to watch: AFL
- Hobby: Reading
- Place to travel: Wherever it is warm and I can swim in the beach

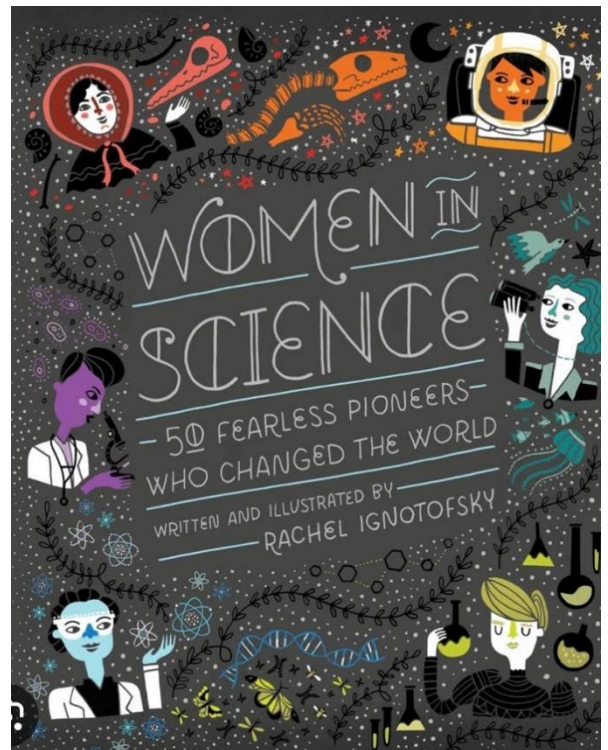
This term I am lucky enough to be in Prep (Carmel Blue)! Say hello if you see me 



NEW TO THE LISIEUX BOOK SHELF

As it is Science Week, it is worth mentioning that females in the science field are still significantly under-represented, making up only 28% of the workforce in STEM areas. The gender gaps are particularly high in some of the fastest-growing and highest-paid jobs of the future, like computer science and engineering.

“Women in Science- 50 fearless pioneers who changed the world” is written and illustrated by Rachel Ignotofsky and may go some way to helping to inspire young females to be inspired to pursue a career in science.





TAKE NOTE

Staff news

Next week we will welcome Prep educator, Emma Clancy, back on a part-time basis after recent surgery. Emma will remain part-time for the rest of the term. We have been grateful for the support of Leesa McNamara over recent weeks while Emma has been away. As Leesa will not be available for the rest of this term, Miss Georgia Cowling from Year 5/6 will be spending some time in The Carmel Centre with Prep a couple of days per week, and our pre-service teacher Meg Hellard will take on some increase in class supervision in the senior classes until the end of term.

Book Week

Book Parade 9am Monday on the oval.

We ask all students to donate a new book to our Book Swap stall – please send the book in by Monday so students can wrap and decorate them ready for the Book Swap on Friday. Students should bring a gold coin on Friday so they can select a mystery book. Proceeds will go to the Indigenous Literacy Foundation.



The power of curiosity

Diane Bourke explains how fostering curiosity in children will create a love of learning via www.theparentswebsite.com.au

Eleanor Roosevelt once declared, 'I think at a child's birth, if a mother could ask a fairy godmother to endow it with the most useful gift, that gift would be the gift of curiosity.' The good fairies bestow upon *Sleeping Beauty* the gifts of beauty, wit, grace, virtue, song, dance and riches. How could they have ignored curiosity?

Curiosity involves genuinely wanting to know more about something, creating openness to unfamiliar experiences. It starts with an itch to explore, a hidden force that drives learning. It lays the groundwork for greater opportunities to experience joy and delight. When curiosity is piqued learning is a snap and recalling new information comes more readily.

The American neurologist and learning expert Dr Judy Willis found that curiosity can improve learning because it stimulates the brain's reward system. Each time children explore and discover, their brains reward them with a pleasure hit of dopamine, a neurotransmitter found in the brain.

According to Dr Willis, the brain produces an even larger dopamine surge when it makes a prediction and gets it right or defeats a challenge. Since the brain relishes complexity, we should not be afraid to challenge our children with a range of problems to solve. When you allow your children to explore and go where their imagination takes them you are linking them to a positive addiction for learning.

Along the same lines, a 2014 study in the journal *Neuron* found that people who were curious about a subject learned more and remembered more information than others not so curious.

Dr Charon Ranganath, from the University of California Davis, explains it succinctly, 'Once you light the fire of curiosity you put your brain in a state that's more conducive to learning. Once you get the "ramp up" of dopamine the brain becomes more like a sponge that is ready to soak up whatever is happening'.

His colleague, Dr Matthias Gruber maintains 'curiosity may put the brain in a state that allows it to learn and retain any kind of information, like a vortex that sucks in what you are motivated to learn, and almost anything around it'.

Not surprisingly, curiosity has been linked to a wide range of important adaptive behaviours, such as tolerance of anxiety and uncertainty, positive emotions, humour, playfulness and 'out of the box' thinking. Even adults feel more alive and engaged when we are curious, our knowledge is built and our intelligence grows. Cultivating an inquiring mind can also help us thrive on uncertainty and live a happier, healthier life.

Parents can play a huge part

Although it requires a conscious and sustained effort, parents can play a huge role in developing their children's curiosity.

Teodora Gliga, a developmental psychologist from the University of London, says that if babies as young as 12 months are given the object they point to, they learn that the object of pointing is 'getting' things. This becomes even more powerful when parents name the object. The infant then comes to think of pointing as a way of getting answers. What happens, however, if they get neither? The answer is unsurprising; they stop asking questions.

Parents should not feel they must have all the answers to questions posed by their children. Instead, parents should revel in the chance to explore activities and answers together. It is also worth remembering that to get the human brain to pay attention to something, it does help if the experience is novel or, even better, complex.

As an aside, it is widely accepted that too much screen time, structured play options, toys with batteries and so forth – whilst fun – can shut down this brain development.



There are many things parents can do that will foster curiosity and a love of learning in their children. For example:

- praise children by describing how their questions, explorations, and investigations are contributing to their own and others' learning
- answer a question with another question
- compose questions containing what, if, why and how, as rich questions are a vital medium for curiosity
- notice when children feel puzzled and confused, then celebrate this and assist them to move on
- encourage children to tinker
- teach children to be sceptics
- model curiosity
- remember, there are no 'dumb' questions
- admit you don't have the answer when necessary
- read to your child, this releases dopamine too.

By the time children from 'curious' households go to school, they truly have a head start on their peers. Be confident knowing that wise teachers actually crave for students that ask questions and explore answers. Your curious children, having absorbed more information from you know more, which in turn means they will find it easier to learn more. The educational psychologist Daniel Willingham sums it up well when he refers to a powerful 'rich get richer' effect happening here.

You can play a pivotal role in determining whether your children will become curious teenagers and adults. Are you up for the challenge?



LEARNING COMMUNITY IN PICTURES







Our Father's Day stall is coming on Thursday 31 Aug and Friday 1 Sept. Students will be able to purchase one gift on Thursday, then on Friday students who missed out on purchasing a gift on Thursday will have the first opportunity on Friday. Then students who would like to purchase a second gift will be able to do so. We're also looking for volunteers to help on the days. If you are available, please register through School24.





Volunteers needed: We're looking for volunteers to take the lead on some fundraisers, the Canteen (for term 4) and the biannual Wine Fundraiser. If you would like to assist with any of these please contact lisieuxpandf@gmail.com

Canteen and Lunch orders: Don't forget Friday Canteen orders by 5pm on:

Wednesday via School24 app

Thursday lunch orders by 8.30am Wednesday via the Flexischools app

GETTING STARTED

Welcome to School24. We look forward to providing you with an easy-to-use online ordering platform that can be used on-the-go at any time! Getting started is easy, just follow the steps below and you'll be ready to make your first order in minutes.

Registration

To register, visit www.school24.net.au on **any device** OR install the School24 mobile app on your **iPhone/Android** from the Apple App Store/Google Play Store

- Press the **ORANGE** registration button to create your account
- Enter your unique school ID number **below** to match your account with your school
- Once completed click **Create Account**.

Log In | Register >

Lisieux Catholic Primary School: 25437963

Congratulations you are now registered!

Activate your Account

Go to www.school24.net.au OR using the app you downloaded earlier to your iPhone/Android

- Use your registered email address and password to login. Once you have logged in you will need to complete the following steps to ensure you are ready to make your first order.

Step 1

- Setup your children. In the middle of the screen there is a **'Students'** button. Here you can input your child's name and class, along with any allergies or special requirements they may have.

Step 2 (optional)

- Top-up your account. You will be taken to a secure page where you can select a top-up amount and enter your card details. Top-up is instant when using visa/master cards. You can pay as you go when purchase an item/product at School24, top up a school24 account is only optional.

Place your first order!

Congratulations. You are now ready to make your first order.

For information on how to place your first order and use the School24 system, please visit our Help Center: <https://school24.tawk.help/>

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- 8-14 YEAR OLDS



SCHOOL HOLIDAYS ARE
NEARLY HERE AND IT'S
TIME FOR YOUR LITTLE
CREATIVES TO HAVE SOME
FUN IN THE STUDIO!

SEPTEMBER HOLIDAYS 10AM - 12PM
TUESDAY 19TH
WEDNESDAY 20TH
MONDAY 25TH
TUESDAY 26TH

Book at
Bellbraeclay.com



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