

known and loved

ISSUE 24 | 24th August 2023
SCHOOL CALENDAR



FROM THE PRINCIPAL

Dear members of the Lisieux community,

“We read books to find out who we are. What other people, real or imaginary, do and think and feel... it is an essential guide to our understanding of what we ourselves are and may become.” – Ursula K. LeGuin

This week we have celebrated Book Week, centred around the theme, ‘Read, Grow, Inspire’. To be able to share in the joy of reading all different kinds of texts is certainly one of our greatest privileges, not just this week, but every week.

As many of you witnessed (and can see in the photos), the costumes that were adorned on Monday were quite simply amazing. Needless to say, there are some very talented parents amongst us!

To celebrate the week, we have had a parade, a whole school simultaneous read, a mystery teacher read, a whole school outdoor read, an author visit (Dave O’Neill) and workshop for P-2, and a book swap stall!

To cap off a wonderful week of reading enjoyment, here are some quotes from our students relating to what they love about reading:

“I love how it helps me learn. I love my unicorn book at home”. Lucy (Prep)

“We love reading books by ourselves. Our favourite books are The Pigeon, and Pig the Pug”. Beth and Indi (Prep)

“Reading is fun and entertaining. I love to laugh while reading. I also love fantasy and magic.” Isabella (Prep)

“It sometimes takes me to different places. I like adventure books. Reading gets more fun and better with practise”. Frankie (Yr 1)

“I like how it’s relaxing and how it calms me down. I like sporty and funny books and I like reading out in the sun”. Kobe (Yr 4)

AUGUST

- Fri 25th Book Exchange Stall
Please bring gold coin donation
- Sun 27th Rite of Enrolment Mass-Confirmation
St Therese Church 8.45am
- Wed 30th Year ¾ Beach Discovery
- Thurs 31st Fathers’ Day Stall

SEPTEMBER

- Fri 1st Fathers’ Day Stall
- Mon 4th Fathers’ Day Brekky
Tickets essential
<https://www.trybooking.com/CKZNL>
Information below
- Tues 5th Division Athletics
Year ½ Excursion
- Thurs 7th Year 5/6 Beach Discovery
- Tues 12th Sacrament of Confirmation
St Therese Church 5pm
- Fri 15th Footy Colours Day
Last Day of Term 3
3.15pm conclusion

OCTOBER

- Mon 2nd Term 4 Commences
- Mon 9th-
Fri 13th Prep- Year 2 Swimming
- Wed 11th
- Thur 12th Year ¾ Camp
Sovereign Hill
- Fri 13th Year ¾ Rest Day
- Wed 18th Year ¾ Beach Discovery
- Thur 19th Year ½ Excursion

"I enjoy learning about stuff in books, I find it calming and relaxing. I also enjoy murder mysteries, because you don't know what's coming next". Rose (Yr 4)

"What I like about reading is that books fill me with joy and happiness then the next second I will be angry and sad". Isla (Yr 5)

"I like the books in the fantasy genre, make-believe and magic. For me, it takes me into a whole new world". Indiana (Yr 5)

God's blessings for the week ahead,

James Flint

james.flint@lisieux.catholic.edu.au

Deputy Principal



Lisieux Catholic Primary School

FATHER'S DAY BREKKY

Monday 4th September
8am-8.45am

MORE INFO:

Tickets \$15
(booking essential)

includes Egg, Cheese and Bacon
Muffin & Coffee

<https://www.trybooking.com/CKZNL>



PRAYER

You are the light of the world... let your good deeds shine out for all to see, so that everyone will praise your heavenly Father. Matthew 5:14-16 (NLT)

Dear Lord, please inspire and equip those in our schools who love You to be faithful, loving, bold and wise ambassadors for the Gospel, through their words and lives wherever they are.

Amen.



Important Reminders

Rite of Enrolment Mass

Candidates and their families are required to attend Mass on **Sunday the 27th of August, 8:45 (St Therese Church)**

Sponsors

Each Candidate is required to nominate a sponsor who can be with them at the Ceremony. The sponsor will join the candidate on the Altar at the appropriate time when they are officially confirmed by the Bishop.

The Sponsor needs to be;

- ~ 16 years or older
- ~ Baptised Catholic and Confirmed in the Catholic Church
- ~ Preferably not the Father or Mother of the Candidate.

Saints Name

Each Candidate is required to select a Saints Name. Students are currently researching Saints at school and will select a Saint who is meaningful to them.

Stoles

Candidates may wish to wear a Stole on the evening. Most children use their Stole from their First Communion. For those who have lost it or would like to add a symbol to their current Stole they can be purchased online on the following link.

www.graciousglyphs.com.au

Certificates

Certificates will be distributed on the night after the Candidate has been officially Confirmed.

Any questions please don't hesitate to contact Gerard Douglas or any of the Year 5-6 educators.



STUDENT LEARNING & ACHIEVEMENTS

Year 3/4

Focus: Descriptive Language

We have been focusing on descriptive language. It is used to describe the characters emotions or what they are doing. It can give an idea of the characters facial expressions or body movements.

Here's an example from Sebastian's narrative:

*Slam! As Jeremy smashed his fist into the hard benchtop he was sitting at.
The baby was crying in the background; there was no more formula in the fridge.
"Dammit" Henry cried with a salty tear going down his neck as a failing father and divorced husband.*

Hunter and Sebastian (Yr 4)



Focus: Debating

These last few weeks we have been learning how to debate. We have all received a topic to research and debate against the opposition. For example, one of the topics is: Kids should have limited screen time; and there is a For and Against team.

We have learnt the four steps on how to create a debate.

The opener- explains and introduces the topic.

The argument - argues your points.

The rebuttal - takes notes on the other team's arguments and fights back against the opposition's arguments.

The closer - concludes the debate with a finishing statement.

We showed courage and teamwork as we had to get up in front of teachers and peers to debate and express our learning from over the last couple of weeks.

It has helped build our confidence when speaking in front of others.

Thank you!!

Maeve, Shari and Harlow (Yr 6)



SPORT NEWS

Surf Coast Suns had their U9s football presentation at The Sands over the weekend. Three Lisiuex students won major awards.

Alfie Davis - Most Valuable Player

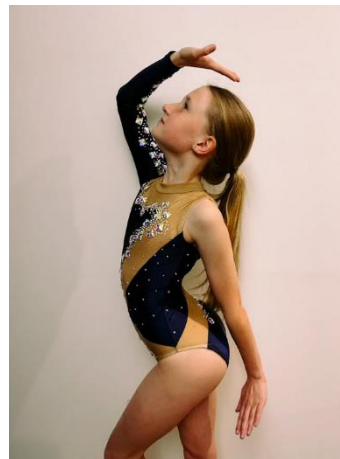
Raff Barton - Most Improved

Ezra Davies - Couches Award.

Congratulations boys.



Another big congratulations to Mira Barton (Year 5, Silver Banksia 1) who will be competing in the Gold Coast in the National Sports Aerobics competition. Mira came 2nd & 3rd in the Victorian competition last month which qualified her for Nationals.



Spotlight on...

Mrs. Moody

FAVOURITES

- arts and crafts
- movies
- the beach
- spring
- camping
- coffee

FUN FACT

I often sew my own clothes

ABOUT ME

I feel very blessed to have worked at Lisieux since we first opened in 2018 and have been teaching Art for the last two years. I live in Ocean Grove with my husband Andrew and my two beautiful children Oliver (8) and Penelope (6). I love visiting the beach, making arts and crafts with my kids and going camping with my family.

SELFIE



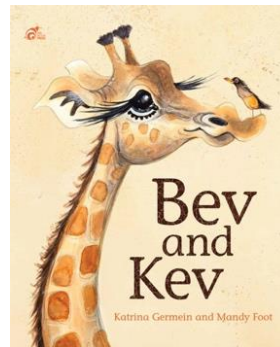


NEW TO THE LISIEUX BOOK SHELF

The shortlisted books we have used this week:

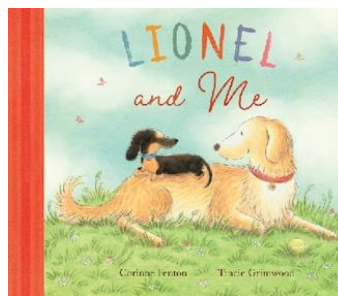
Bev is tall and Kev is small.
An unlikely pair!

Could this be the beginning of a very big friendship?
A heart-warming tale about learning to love yourself
and the value of a true friend.



When Lionel arrives, Maverick is unimpressed.
Is there enough love to go round for the two of them?

A delightful book that celebrates inclusion and friendship.

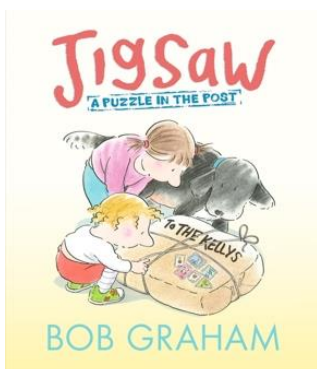


“Oh, let’s do it!” say Kitty and Katy and Mum when a thousand-piece jigsaw puzzle mysteriously arrives in the post. “I have time on my hands,” agrees Dad.

Starting in winter with the edges, by autumn they’re almost done, only to discover that one piece is missing. Mum is sure that it must have accidentally gone out with the rubbish, so the Kellys pile into the car to comb through the local tip (“shouldn’t take long”).

There they uncover forgotten letters, train tickets, discarded newspapers, and old photos yellow with age, but finding the missing piece is starting to seem like wishful thinking. “Let’s wish, then,” says Katy.

As in all of Bob Graham’s work, the beauty here is in the details, with visual perspectives that offer a bird’s-eye view or take us underfoot, wordless sequences letting us in on a secret. Is it sheer luck – or perhaps the power of hope – that creates an ending to the story?



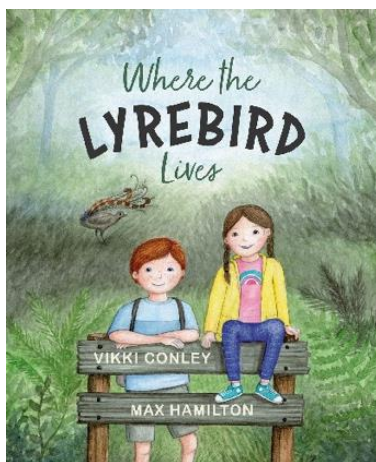
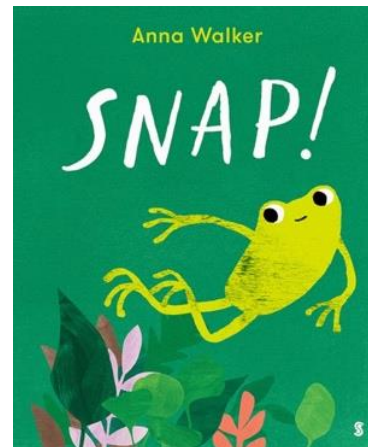


When a girl is given a coin to spend at the market, she thinks carefully about what to buy. She is tempted by the towering stacks of fruit, spinning rides and glass jars filled with sweets.

But it isn't until a stranger gives something to her, without expecting anything in return, that she knows exactly what to do with her coin.

Tap, tap tap ...

Frog thinks there's no one else in the forest, but you never know what's just around the corner ...



High in the mountains through the sleepy clouds. Deep in the forest past the chiming birds. Will we see the lyrebird? I don't know. Tip-toe, tip-toe. The beauty of the Australian rainforest and the magic of family-time come together in this lyrical and delightful story of intergenerational connection, habitat and adventure.



TAKE NOTE

Magpie season!

Please be aware that we have had several incidents of magpies swooping students as they ride to and from school. The most dangerous location appears to be near Wurdi Baierr Stadium.

Arriving late, leaving early

Please remember that anytime a child needs to be collected early, that they need to be signed out from the office. Similarly, if they are arriving late to school then they also need to go via the front office to be signed in.

Father's Day Breakfast

We look forward to Monday 4 September where we will be having our annual Father's Day Breakfast (8am – 8:45am). We welcome all dads and special male role models for an egg, bacon and cheese muffin and freshly brewed coffee!

Please ensure you purchase a ticket via: <https://www.trybooking.com/CKZNL>



Unpacking positive mental health and wellbeing

Positive mental health and wellbeing is important for your child or teen's healthy development and learning. It supports them to manage the normal challenges of life.

Environments, experiences, relationships and individual characteristics all contribute to mental health and wellbeing.

For children and teens, wellbeing is supported when they:

- feel valued, loved and safe
- have their basic material needs met
- have physical, mental, emotional and social health
- can learn (in and outside the classroom)
- participate in decision-making
- are connected to their community
- have a positive sense of identity and culture.

Mental health exists on a continuum

It can be helpful to think of mental health and mental ill-health as existing along a continuum.

We all move along the continuum as we face challenges and situations that test our capacity to cope and change our mental health. Our mental health can change slowly or quickly.





Most people will experience changes in their mental health at some point during their lifetime. Social, emotional and environmental factors all influence our position along the continuum. Learn more about the mental health continuum.

Even if someone isn't experiencing mental ill-health, that doesn't mean their mental health is flourishing. Alternatively, it is possible to be diagnosed with a mental illness and still feel well and function effectively in many aspects of life.

Supporting your child's wellbeing at home

As parents and carers, you're already doing lots of things to support your child's mental health and wellbeing. You can continue to protect your child's mental health and wellbeing by developing and promoting:



- 
- 
- healthy sleeping habits
 - healthy eating habits
 - physical activity
 - strong and nurturing relationships
 - positive self-talk and providing praise, encouragement
 - mindfulness, kindness and gratitude
 - social and emotional skills
 - help seeking.

For a range of videos and articles backed by Australian experts on how to support your child's mental health, visit Raising Children Network.

Apps

Find practical parenting tips on boosting your child's mental and wellbeing, plus answers to key questions on when, why and how to seek support at the raising a healthy mind app.

Parenting support

All parents and carers need support to build confidence and skills or to discuss specific concerns.

Online and phone support

- Confidential, anonymous counselling and support for parents and carers of children of all ages. Call 13 22 89 or visit Parentline.
- Resources and advice on supporting your child's mental health and links to 24/7 phone support line for children and teens at Kids Helpline - parents.
- Free parent coaching service at One on One Support.
- Free specialist LGBTIQ+ helpline with information, support, and referrals for all LGBTIQ+ Victorians, their friends and family at Rainbow Door.
- Parents and carers of transgender and gender diverse children can get peer support, information, referrals and connections at Parents of Gender Diverse Children.
- Transcend provides peer support, information, advocacy and connections to parents and carers of transgender and gender diverse children.

Parenting programs



- Triple P- Positive Parenting Program is an evidence-based toolbox for raising happy and confident children and teens. All families in Victoria can do free Triple P programs to help support every child's emotional wellbeing and every family's mental health.
- For help gaining the skills and confidence to support your child's development, visit Regional Parenting Services.
- If you have a child with a disability or developmental delay, get support at the Strengthening Parent Support Program.

More information on Victorian Government Services for parents and carers.





A collaborative art group with Miss Lehpamer





Our Father's Day stall is coming on Thursday 31 Aug and Friday 1 Sept. Students will be able to purchase one gift on Thursday, then on Friday students who missed out on purchasing a gift on Thursday will have the first opportunity on Friday. Then students who would like to purchase a second gift will be able to do so. We're also looking for volunteers to help on the days. If you are available, please register through School24.



FOOTY COLOURS AND SAUSAGE SIZZLE DAY
FRIDAY 15 SEPTEMBER - LAST DAY OF TERM

\$5 PER STUDENT AND WILL INCLUDE
SAUSAGE IN BREAD - ZOOPER DOOPER - PIECE OF FRUIT

ORDER VIA SCHOOL24 BY WED 13 SEPT



A special thank you to Ecolibria for kindly sponsoring the Zooper Doopers and to Woolworths Torquay North who once again are so generously sponsoring the fruit and the sausages in bread.



If you are available to help out in the canteen this term we'd love to see you there. Please register through School24.

Canteen and Lunch orders: Don't forget Friday Canteen orders by 5pm on:

Wednesday via School24 app

Thursday lunch orders by 8.30am Wednesday via the Flexischools app

KIDS HOLIDAY PLAY! CLAY WORKSHOP



- HAND BUILDING
- UNLIMITED CLAY
- COLOURED GLAZE
- 2 HOURS OF PLAY
- 8-14 YEAR OLDS



SCHOOL HOLIDAYS ARE
NEARLY HERE AND IT'S
TIME FOR YOUR LITTLE
CREATIVES TO HAVE SOME
FUN IN THE STUDIO!

SEPTEMBER HOLIDAYS 10AM - 12PM
TUESDAY 19TH
WEDNESDAY 20TH
MONDAY 25TH
TUESDAY 26TH

Book at
Bellbraeclay.com



Proudly a part of
and supporting the
Lisieux community
-Jess and Chris Henson

If you have any questions about real estate,
we're always happy to have a chat.

ONEAGENCY
SURF COAST

chris.h@oneagency.com.au
0477 774 271

CHAT HOME LOANS FROM YOUR COMFORT ZONE

IT'S NEVER BEEN EASIER TO TALK
TO A HOME LOAN SPECIALIST



PHIL HASLAM

 0481 006 770

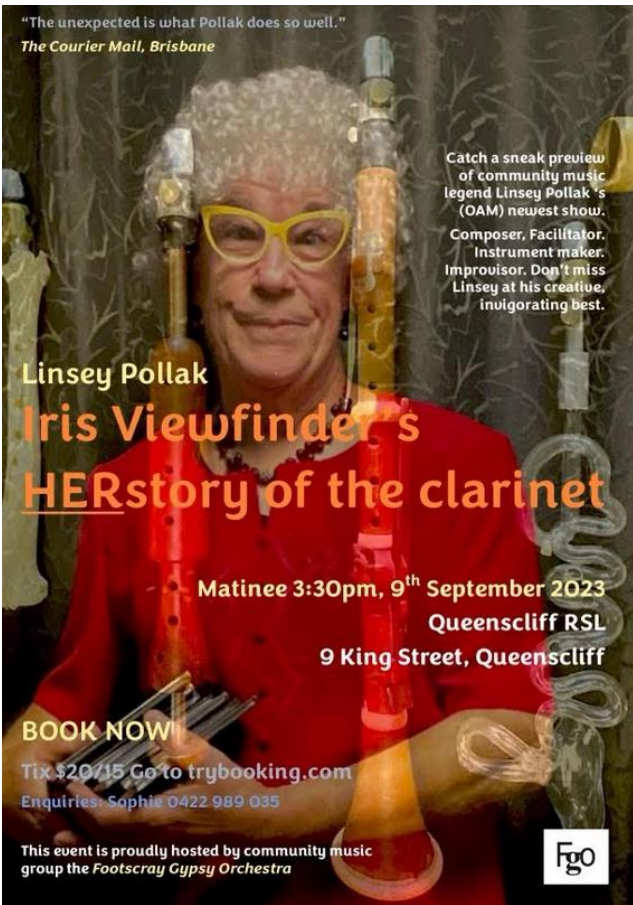
 phil.haslam@anzmortgagesolutions.com

 ANZ Mobile Lending



This Mobile Lender operates as ANZ Mortgage Solutions Surf Coast 70 511 955 266, an independently operated franchise of Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. Australian Credit License Number 234527. Item No. 97490 06.2020

"The unexpected is what Pollak does so well."
The Courier Mail, Brisbane




Catch a sneak preview of community music legend Linsey Pollak's (OAM) newest show. Composer, Facilitator, Instrument maker, Improviser. Don't miss Linsey at his creative, invigorating best.

Linsey Pollak
Iris Viewfinder's
HERstory of the clarinet

Matinee 3:30pm, 9th September 2023
 Queenscliff RSL
 9 King Street, Queenscliff

BOOK NOW
 Tix \$20/15 Go to trybooking.com
 Enquiries: Sophie 0422 989 035

This event is proudly hosted by community music group the *Footscray Gypsy Orchestra*



the **FOOTSCRAY GYPSY ORCHESTRA** hosts



Community Dance

A FUN family friendly event for all ages. Live orchestra
 Learn traditional dances (no partner necessary!)
 Drinks at bar prices. BYO supper
 All welcome!

9th September 2023
 Doors open 7pm
 Queenscliff RSL
 9 King Street, Queenscliff

BOOK NOW
 Tix \$20/15 Kids \$10 trybooking.com
 Enquiries: Sophie 0422 989 035

This event is part of the *To the Balkans & Beyond* music experience . Workshops, Events, Jams

Eva

BOX OF LOVE



MY NEW BOXES THAT ARE AVAILABLE NOW



MY FATHER'S DAY BOX IS FILLED WITH LOVE, JOY & HIGH QUALITY PRODUCTS. A LITTLE SOMETHING THAT EVERY DAD, POP OR SPECIAL MALE FIGURE WILL LOVE. GO TO BOXOFLOVE_EVA TO ORDER



HERE IS MY BEAUTIFUL FRIENDSHIP BOX FOR ALL THOSE SPECIAL PEOPLE IN YOUR LIFE, TAILOR MADE FOR ANY OCCASION. GO TO BOXOFLOVE_EVA TO ORDER

ABOUT ME
 Hi I am Eva and I am 12. I have started my own business where I make beautiful gift boxes for the people I love & it's called Box of Love.

I love creating cute little gift boxes for my teachers and friends. I made one for my friend for her birthday, and then again for Easter. Her mum reached out and said that she really love them and was wondering if I could create a mothers day box, and suggested I turn it into a business. I loved the idea straight away, it was the perfect idea to earn some money to be able to buy my first phone at the end of the year. My first 20 Mothers Day boxes all sold out! My mum has helped me a lot! Thanks Mum x

I started on Instagram with about 40 followers and now I have 119 followers so if you would like to contact me or you would like to order one of my new boxes, please DM me on Instagram page. Boxoflove_eva. My goals for Box of Love is to have really beautiful quality, natural and locally sourced products when possible. Thank you to all of my suppliers so far, they have all been so lovely to deal with, and a big thank you to all of my customers for your support.

Eva



SURF COAST LITTLE ATHLETICS

LITTLE ATHS!

A fun, inclusive program where kids experience track and field events like the Olympians! Personal Bests and fun memories last forever!

Little Athletics Summer Season is for you!

HAVE FUN with your mates
16 COMP DAYS \$180

6 Oct — 22 Mar
 5pm Friday Nights
 Polwarth Oval

surfcoastlittleathletics.com