

known and loved

ISSUE 27 | 14th September 2023
SCHOOL CALENDAR



Dear members of the Lisieux community,

Can you believe that Term 3 is almost over? That 10 weeks seems to have sped by! Some highlights this term have included Division Athletics, 100 Days of Prep, Book Week, Year 3/4 & 5/6 Beach Discovery days, Science Week, lifesaving incursion, Year 6 Confirmation, Expos, visiting author incursions, Buddy sessions, Fathers' Day Breakfast and lots of rich learning experiences. Quite a few students (and staff) are very ready for a rest!

SEPTEMBER

Fri 15th Footy Colours Day
Last Day of Term 3
3.15pm conclusion

OCTOBER

Mon 2nd Term 4 Commences

Mon 9th
Fri 13th Prep- Year 2 Swimming

Wed 11th
Thur 12th Year ¾ Camp
Sovereign Hill

Fri 13th Year ¾ Rest Day

Wed 18th Year ¾ Beach Discovery

Thur 19th Year ½ Excursion

Prep & Year 5 Excursion
Werribee Zoo

Mon 23rd Arts Week
-Fri 27th

Sat 28th Lisieux Cocktail Party
Tickets essential
[Trybooking.com/CKMZB](https://trybooking.com/CKMZB)

NOVEMBER

Thur 2nd Outdoor Classroom Day
Year 5/6 Beach Discovery

Mon 6th Professional Practice Day
STUDENT FREE DAY

Tues 7th Melbourne Cup Day
STUDENT FREE DAY

Mon 13th National Recycling Week

REACH Vietnam
Awareness Week





Tomorrow we will end the term with Footy Colours Day and enjoy a sausage sizzle for lunch. Many thanks to our Parents and Friends Committee who do a wonderful job of running these events.

Congratulations to our Year 6 students who celebrated the Sacrament of Confirmation on Tuesday evening at St Therese parish. This is a significant milestone in their faith journey and we pray that God’s blessings continue to shine upon them and that the gifts of the Holy Spirit will empower them to make positive contributions to our community

I wish our students and their families, along with our greatly valued and hard-working staff, a refreshing and restful break. May you all take the time to recharge and re-energise, returning for **Term 4 on Monday 2 October**. Over the break Miss Rhiannon Evans will marry her partner, Lenny Wilkinson. We wish them a lifetime of love and happiness together. We look forward to welcoming Miss Carly Finn back from her travels next term. The students in Carmel Blue will be especially excited to see her. Thank you to Brydie Harman who has done a wonderful job in Carmel Blue this term, and will now return to her intervention role for the remainder of the year. We also look forward to welcoming our psychologist, Katherine Stanley, back to part-time work next term.

God’s blessings for the holiday break ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal

Congratulations to Lisieux’s Shooting Stars who won their U9 basketball Grand Final on the weekend!

These Year 2’s have put in such amazing effort and we are very proud!





PRAYER

We thank you Lord, for this term. For our challenges, our successes, and the mistakes from which we have learned. Be with us as we spend time with our family and friends over the term break. Protect those who are travelling and keep them safe. Amen





STUDENT LEARNING & ACHIEVEMENTS

Last Tuesday was a big day for 22 of our years 3-6 students who got the chance to represent Lisieux at the Bellarine Division Athletics Championships. The standard of competition was high and our athletes did us proud displaying grit and determination to compete in tough weather conditions. Across the day we were represented in various events; the hurdles, 100m, 800m, 1500m, long jump, triple jump and discus.

While there were many fantastic efforts, including a few PBs across these events, highlights from a results point of view came in the Boys 11 Discus where Jett Davis finished 2nd, qualifying for the Western Metro Regional track and field event next term. Shari Furness finished 3rd in the Girls 12/13 Triple Jump, Orlando Mannix placed 3rd in the Boys 11 200m and our Boys 11 4x100 relay team also finished in 3rd place.

Congratulations to all of the students who were involved, it is a huge achievement to even participate on the day. Thank you to the numerous parents who braved the conditions to come and support, along with Mr V and Jo Baldrey who helped on the day.





TAKE NOTE

Change to end of year date:

Families will be aware that the pre-advised end of year date for students is noted in the calendar as Friday 15 December. We make every effort not to change advertised dates and to give families plenty of notice for school closure days. Due to OHS regulations, it is a requirement that all our staff update their CPR training before the end of the year. We have liaised with the Advisory Council to seek support of the idea that students will conclude one day earlier, at 12:30pm on Thursday 14 December, allowing time for all staff to undergo relevant training. The Advisory Council has ratified this decision.

Accordingly, please note the revised end of year date for students will now be 12:30pm on Thursday 14 December. The Kelly Club will be available for supervision of those students who require this on Thursday afternoon and Friday.

Summer uniform

With the commencement of Term 4, students are expected to be in full and correct Summer uniform, weather permitting. We ask that all uniform items are clearly named and that all students adhere to our uniform policy expectations.



Sibling Rivalry: Psychologist shares school holiday survival tips

A psychologist who works with children on Sydney's northern beaches says that while it is normal for children to occasionally become bored with one another, time spent with siblings is an important part of building family relationships and teaching kids to co-operate, respect, and compromise with others.

According to psychologist Linda Gilford from Kids First Children's Services in Brookvale, brothers and sisters can be great friends and playmates, but by the second half of the school holidays, even the closest of sibling relationships can become strained.

'Many parents spend a lot of holiday time and money rushing from one activity to the next trying to keep their children amused,' Linda said.

'Before they know it, everyone is overtired, overstretched, and overspent. It's easy to forget that the holidays are about being together.'

'Kids don't always want material things. More often than not, all they want is to be with you.'

The key to harmonious school holidays

Linda suggests that keeping kids happy and occupied during the holidays requires creativity and planning.

'Children aged between 5 and 12 are used to the structure of their school day and sometimes the lack of routine during the school holidays can unsettle them,' she said.

She recommends that each day should contain a combination of indoor and outdoor activities so that children have a healthy mix of active and quiet play.

Combine indoor and outdoor activities

'In warm weather, kids need to swim, jump and run around, but a full day in the hot sun can result in tired children who fight and squabble,' she said.

'An hour or so of outside fun, broken up with short bursts of indoor activity usually helps to keep everyone calm and happy.'

In colder weather, Linda suggests that kids should rug up and play outside if the day is fine.

'Here in Australia, our winters are relatively mild. If your child is wearing a beanie and warm clothing, the only thing that should interrupt outside play is wet weather.'

Kids need physical activity

Linda said that children's bodies need, and are used to, physical activity.

'When kids are at school, their day is broken up by recess and lunch times which give them a chance to move.'

'Even though it's tempting to let them chill out in front of the TV, computer, or iPad on a cold day, it's actually really important for parents to break school holiday days up with opportunities for active play because getting out and about supports children's mood and behaviour.'



School holiday ideas – Outside play

Linda's ideas for outdoor activities include;

- regular visits to waterside spots such as a beach, lake, or river
- play at a nearby park
- gardening
- bike riding
- walking pets
- playing ball games in the backyard or at a local sports ground
- flying a kite
- going for a bushwalk

Drawing with chalk on the driveway and using buckets of water and old paintbrushes to 'paint' the garden fence are other creative and inexpensive suggestions for keeping children happy and engaged.

'Cubby houses are also a perennial favourite and are great for imaginative play,' commented Linda.

'A beach sun shelter or tree draped with old sheets will give kids hours of fun and won't cost a cent.'

'Camping out in a backyard tent is also an exciting adventure for kids of all ages.'

School holiday ideas – Inside play

Linda's indoor activity list includes:

- simple art and craft activities like painting, colouring, and making gift cards
- cooking
- jigsaws
- treasure hunts
- strategic, storytelling card games like Pokemon, Yughio or Magic
- building an 'inside cubby' under a table covered with blankets

Playing with cars, dolls, dress-ups, board games and construction toys like Lego are also popular pastimes, as are visits to grandparents or another special friend.

Linda said that the internet is a great source of inspiration for innovative indoor play ideas.

'All mums and dads need to do is google and they'll be presented with lots of activities that will help keep sibling rivalry at bay.'

School holiday socialising

Linda suggests that movie marathons with popcorn are a relaxing way to spend an afternoon and are particularly useful when kids are tired and need a break during the school holidays.

Her practical tips for parents also include organising play dates with friends, neighbours and cousins.

She recommends inviting a visitor for each child in the family so that brothers and sisters each have someone special to play with and will be less inclined to intrude on their siblings' play.

Play dates

'Play dates do not have to be for the whole day,' she said. "Children get just as much enjoyment from seeing their friends for a couple of hours as they do from a full day.'

Linda advises that shorter play dates can reduce the risk of sibling conflict and often help parents get through key points in the day when children are hungry, tired or bored.

'Sometimes, inviting a friend over for a mid-morning play and a special lunch works well.'

'For other kids, a mid-afternoon play from 2pm until 4pm will keep them happily occupied in the period before their evening routines begin.'

Get the mix right to make school holidays memorable

According to Linda, surviving the school holidays is simply a matter of getting the mix right.

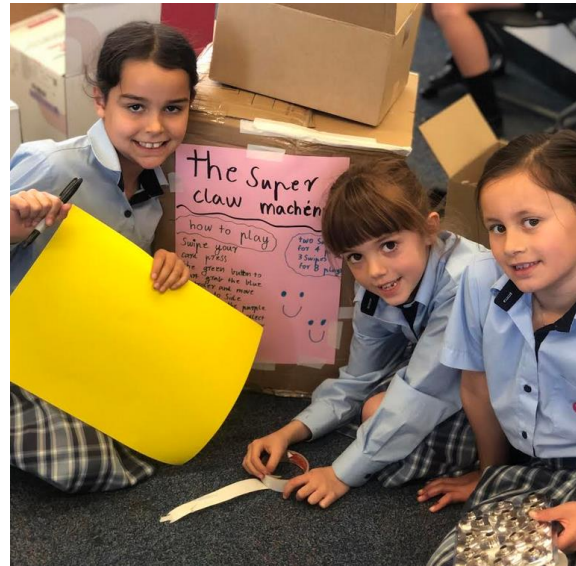
'Going to the movies, workshops and other outings are all great fun, but having the freedom to enjoy being at home is important for children,' she said.

'When our kids are grown up and look back on their childhoods, what they did with their brothers and sisters during holiday time will provide some of their strongest memories.'

'With a bit of creativity and thought from parents, there's every chance that those memories can be fond ones.'

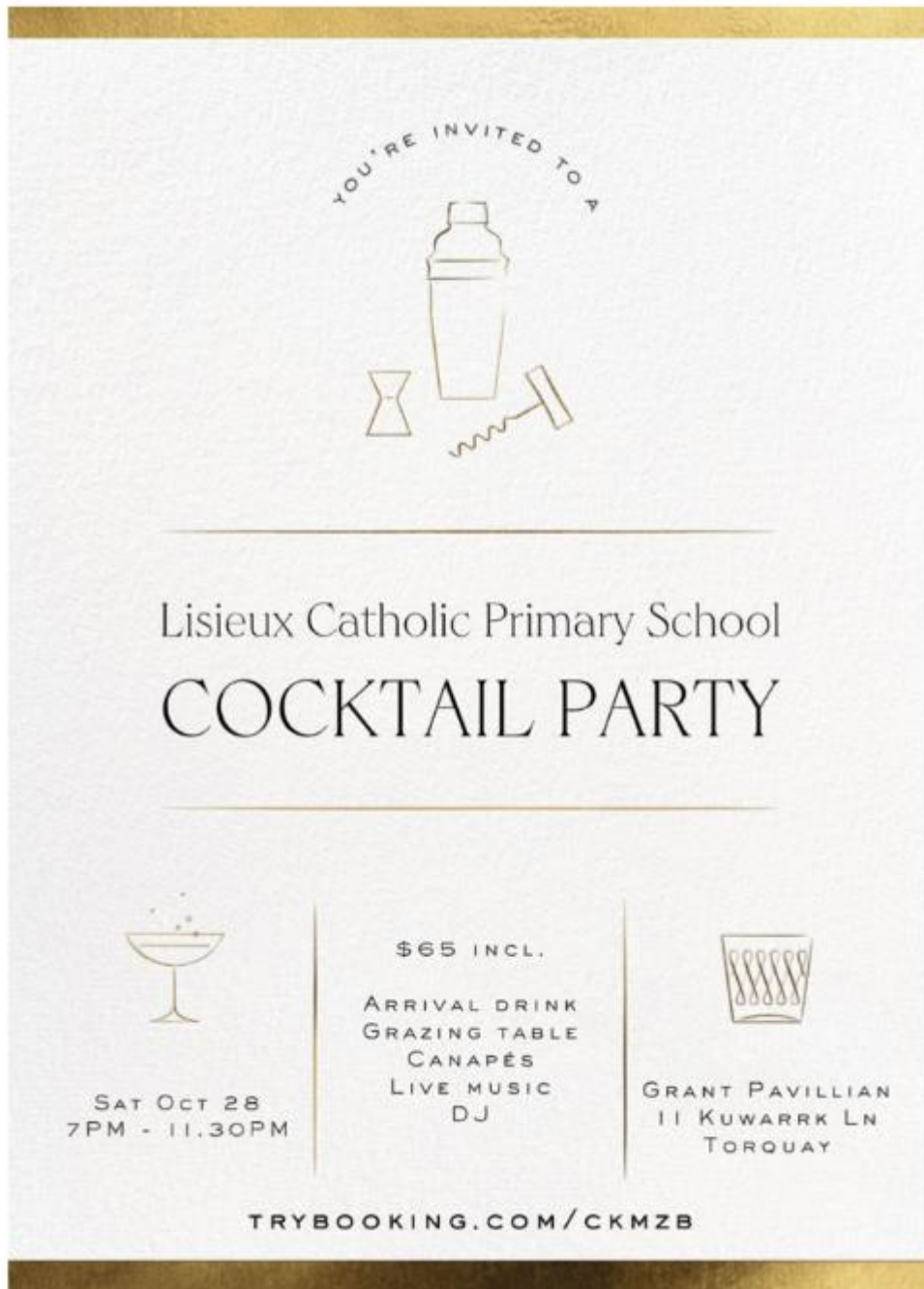


LEARNING COMMUNITY IN PICTURES





Tickets have started selling fast – don't miss out. For more details and to purchase cocktail party and raffle tickets click [here](#)



Updated Mango Fundraiser Information

Lisieux is holding the Mango Fundraiser once again this year. As you wind up Winter sports and catch up with family members and friends over the holidays ask if anyone is interested in receiving a tray of 4.5 kg of delicious fresh mangoes for \$24 at the start of Summer. Orders can be placed on School24 in October, delivery will be the end of November/early December, depending upon the weather.



The P and F would like to thank all of you who supported our fundraising events this term and those who have volunteered at the events, all of your contributions are greatly appreciated. We hope that you all enjoy the break and we'll see you back in term 4.

Understanding Refinancing, Investing & The Local Property Market

Information Session

With Daniel Walsh of UFinancial
and Tim Carson of McCartney Real Estate

Register here



Wednesday,
4 October
6:30pm - 8:00pm
Torquay Football Club





Proudly a part of
and supporting the
Lisieux community
-Jess and Chris Henson

If you have any questions about real estate,
we're always happy to have a chat.

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General Information: We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our holiday program is focused around sports, games, and outings to local attractions. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, child protection and activity planning/delivery.

Who can attend: Children aged 5-13 yrs.

What do you need to bring: Shoes and appropriate clothing, jacket or sweatshirt, hat, drink bottle and food.

Food: Please bring plenty of packed food and drink for morning tea/lunch/dinner on tea. Lunch will be from approximately 12:30pm to 1:00pm each day.

Program activities: Program activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Program activities may vary without notice dependent on weather conditions and program numbers.

Payment details: Payment is required 7 days from receiving an invoice. An invoice will be issued once attendance has been completed and will be adjusted based on CCS subsidies.

CCS (Child Care Subsidies): Kelly Club is a CCS approved with Services Australia, which means you can enjoy a subsidy of up to 90% of your fees, depending on your circumstances. This is then paid directly to Kelly Club on your behalf. For more information visit www.my.gov.au

Cancellations: Kelly Club requires 24 hours written notice for a booking cancellation. Fees will be charged if notice is not received. Kelly Club will require 5 days written notice for booking an excursion. For return days and 3 days written notice for a booking cancellation for excursions/excursion days. Event Day Free! Excursion fees - up to \$40 per child. Insurance fees - up to \$30 per child.

Please note: Every care will be taken to ensure the safety of your child/ren and their property. However, organizers of Kelly Club accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the program. If your child/ren are collected late after the conclusion of the program you will be charged \$1 per minute.

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SEPTEMBER 2023 HOLIDAY PROGRAM

ST THERESE PRIMARY SCHOOL

	Mon 18 September	Tues 19 September	Wed 20 September	Thurs 21 September	Fri 22 September
WEEK 1	<p>JUMPING WITH JOY Join us for an exciting trip to Bounce Geelong. There will be a small extra cost for the day. Please remember a big lunch, drink bottle, shoes and a hat.</p>	<p>NERF WARS! Today we battle it out in an all out Nerf War with team challenges and replenish your energy after a team battle till! Who will come out on top?</p>	<p>DARING DETECTIVES We're going undercover for a day of detective work. We'll need our spy gadgets and undercover team to solve the intriguing mysteries.</p>	<p>WILDLIFE INCURSION DAY During our reptile incurison day, students will be treated to an up-close encounter with fascinating wildlife. Students can have a hands-on experience! There will be a small extra cost for the day.</p>	<p>MMM-MONSTERS The monsters are casting a shadow over our Kelly Club land! Let's give them a big hug and show them all the fun that can be had!</p>
WEEK 2	<p>MOVIE MAGIC Join us for an awesome trip day to Readings Cinema to watch the new Teenage Kraken. There will be a small extra cost for the day. Please remember a big lunch, a drink bottle, shoes and a hat.</p>	<p>BOOK DAY Step between the pages of your favourite book and become part of the story. Where will we end up today. Come along and find out!</p>	<p>GINORMOUS GALAXIES Next week is World Space Week, so prepare for blast off! All our systems are go as we embark on an astronomical adventure here at Kelly Club.</p>	<p>GRAND FINAL DAY Join us for a day of footy in the lead up to the Grand Final! Come dressed in your team's colours and take part in good kicking and handball competitions. Who will lift the Premiership Cup?</p>	<p>PUBLIC HOLIDAY No program on today!</p>

FULL DAY: KC HP
\$70



BOOK ONLINE NOW AT www.kellyclub.com.au