



Dear members of the Lisieux community,

This week I've had the pleasure of listening to the Year 6 leadership speeches that they have been preparing since our Leadership Conference earlier this term. To see the growth in maturity and confidence amongst this cohort is a great privilege. We couldn't be more proud of them. In their speeches, students have named the leadership roles they would like to nominate for, and have spoken about issues as diverse as inclusivity, mental health, social justice and the importance of being a good role model. Good luck to all of our Year 6 leaders. We look forward to presenting them with their badges and Year 6 jackets at our assembly on Monday and to supporting them in the leadership initiatives they will undertake this year.

Our assembly will take place at 11:30am and family members are welcome to come along.

On Thursday next week all students will take part in our annual Beach Activities Day at Cosy Corner. It is a day we look forward to and a great opportunity to strengthen house connection. Once again, we'd love to see parents drop in throughout the day if you are able to.

You may have noticed that our new House polos are now in stock at our uniform provider. Students have been wearing them very proudly and they look fantastic! Just a reminder that they should be worn with PE uniform only, on the designated two days per week for PE uniform and can be worn on excursion / whole school events such as Beach Activities day. At the moment, we will be phasing them in so they are not compulsory and accordingly, either the standard pale blue polo or the new house polo can be worn with PE uniform.

God's blessings for the week ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal

MARCH

Sun 3rd Rite of Enrolment Mass 8.45am for Reconciliation

Year 3 Students

Mon 4th Assembly 11.30am Year 5/6 to run

Tues 5th 2025 Enrolment Tour 9.30am

> Family Reconciliation Evening Year 3 Students 6pm

Wed 6th Prep Rest Day/Individual Testing

Thur 7th Beach Activities Day

Fri 8th Staff Curriculum Day STUDENT FREE DAY

Mon 11th Labour Day
STUDENT FREE DAY

Tues 12th Bellarine Division Swimming

Wed 13th 2025 Enrolment Tour 10am

Tues 19th 2025 Enrolment Tour 10am

Thur 21st Year ½ Excursion

Fri 22nd Summer Lightening Premiership Year 5/6

Mon 25th School Photo Day

2025 Enrolment Tour 9.30am

Teeth on Wheels visit

Tues 26th Lisieux Cross Country

Thur 28th Easter Bonnet Parade &
Coin Trail
FINAL DAY OF TERM 1
3.15pm finish time

APRIL

Mon 15th Students commence Term 2



We are currently in the season of Lent. Lent is the most sacred season of the year for Catholics because we prepare to remember and celebrate the greatest mysteries of our faith: the passion, death and resurrection of Jesus.

Prayer is our conversation with God, both our speaking to Him and our listening to Him. Each and every day we are called to become closer to God. We can answer that call with our actions and prayers. Lent is not about getting it perfectly right but it can be a time to focus on being more like Jesus.

Lord.

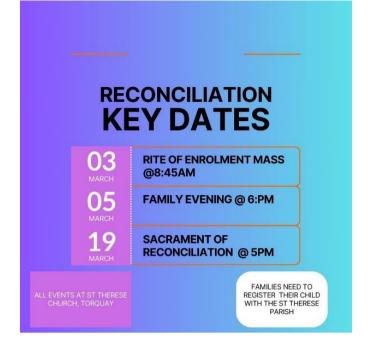
Let everything I do this day and in this season of Lent come from you, be inspired by you.

Please, Lord, remind me that "perfection" isn't the crazy, "successful" way I try to live my life, but a perfection to be my most authentic, real self.

My "perfection" might be holding my many flaws in my open hands, asking you to help me accept them.

Let me reach out and feel your hand and love there to guide me. Amen.







Reminders for the Sacrament of Reconciliation

When: Tuesday 19th of March at 5pm Where: St Therese Church, Torquay

Students will be celebrating the *First Rite* of Reconciliation where they will have the opportunity for relaxed one on one confession and absolution with a priest.

- Students are asked to wear neat casual attire.
- Students, together with their families are asked to arrive 10 mins prior to the beginning of their celebration.

Stoles

Students can wear a stole. Students should have their own Stole from their Baptism. Information on how to purchase a stole or have a symbol added can be found by visiting Gracious Glyphs at www.graciousglyphs.com.au.

Project Compassion 2024

Spanning across the six weeks of Lent each year, Project Compassion brings thousands of Australian schools, parishes and supporters together to raise funds for people living in some of the most vulnerable communities across the world.

Each family will be issued a Project Compassion box.

Please keep at home and return on the last day of Term. We will conduct a coin trail and donate the money to Caritas Australia.





Meet the Teacher-Miss Coome

About Me

Hi, my name is Madame Coome and I am new to Lisieux this year. I am having the best time being a Year 3 teacher in the fabulous Spotted Eucalypt 1.

I am originally from England and I love to travel every year, visiting friends and family and exploring new places.

My Favorites Beach walks

Dogs AND cats
Cooking new recipes
Reading

Podcasts

Coffee



Fun Facts

I have a twin sister on the other side of the world.

The scariest thing I've ever done is jump out of a plane during a terrifying skydive!

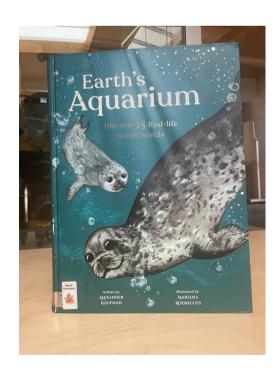
As well as being a teacher I have been a travel agent, babysitter, LSO, newspaper delivery girl, worked on a deli counter and store assistant! But nothing lives up to teaching which is the best job in the world!



"Earth's Aquarium" is a stunning, oversize nonfiction book about aquatic life, filled with facts and presented in vibrant full-colour illustrations. It introduces the wonder of 15 real-life aquatic habitats around the world, from mysterious deep water vents to majestic corals reefs, teeming with life.

Written by Alexander C. Kaufman and illustrated by Mariana Rodrigues, the book takes us on a tour of rainforest waterways, oyster reefs, seagrass meadows, and then introduces the species and ecosystems that live there.

As many of our students are budding environmental scientists, marine biologists and ecologists, this beautiful book will appeal to many.





SMART WATCHES AND PHONES AT SCHOOL

Please note that smart watches are not permitted at Lisieux and students may not have mobile phones at school. This is regardless of whether the phone is on school mode or not, as staff cannot supervise if this is the case for every smart watch being brought to school. If a phone is needed for after school contact, the phone must be handed to Reception upon arrival and collected at the end of the day. Smart watches that are worn to school will also be held at Reception until the end of the school day.

Uniform

New House polos are now in stock. Either the current pale blue polo or the new house polo may be worn on PE uniform days. We ask that all students wear only plain navy or white socks as we are seeing an increase in the wearing of some socks that do not comply with our uniform policy.





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siblings enrolments in before LISIEUX

Please note we are already

experiencing very high

enrolments and require all

Term 1 concludes



How do you ask kids about their day at school, and get an answer?

Via <u>www.abc.net.au</u> By Emma Wynne

It's instinctive to ask your child at the end of the school day: "How was school?"

You're probably keen to know how it's going, what they've been doing for the past six hours or more, what have they learnt?

But how often do you actually get an answer longer than one word?

Many parents ask their kids how their day was as soon as they pick them up, but it's not something parenting coach Gen Muir recommends.

"That's the number one thing we don't say," she explains to Christine Layton on ABC Radio Perth.

"We're so excited as parents, and we just can't wait to get the info, but for most kids asking is the quickest way to have them shut down completely."

After a full day at school, especially at the beginning of a school year when it's all new, children need time to regroup before they open up.

"One of the best things you can do, and Maggie Dent made this famous, is to feed them first," Ms Muir says.

"Often, they have forgotten to eat lunch, or if they have, it was a long time ago, they were too busy playing, and they're 'hangry'.

"We almost want to hand them food before we even try to talk to them."

Food first, questions later

Even after they've eaten and might be more ready to talk, asking 'how was school?' isn't the best way into the conversation.

"They can sense our desperation, a bit, and you want to be a bit cool," Ms Muir says.

"So, you might ask them a question that's a bit different, like: 'Did anything really funny happen today?' Or 'Was there anything good or bad?'

"If we say, 'how was school?', we're probably going to get a one-word answer."

Ms Muir says with her four boys, she waits until they are home and have had a snack, then lets them decide when they are ready to talk.

"I think often if we just give it time, they will come to us. It might be that they start doing something or they start playing and I might connect with them first."

She also tries to pick up on things they've said earlier about what's been happening at school.

"If I know that they played with a certain person the day before, and it was really fun, I might ask if they played that game again that they enjoyed so much yesterday.

"It shows we're listening, and it really has them feeling much more like we're connected, and we really get them.

"Then they're more likely to say 'well, no, you know, this is what happened' or 'yes, this is what I did'.



Ask something specific

For listener Dennis, who is a retired teacher with five grandchildren, he has also learned to vary his questions.

"I think most of the time if you ask the question 'what happened at school?' I usually get the answer — 'nothing'. I threw that out years ago.

"What's always worked for me was to say to them: 'What's the best thing that happened to you today at school?'" Jennifer said she used to feed her kids first, then ask them 'if the teacher behaved today?'.

Some kids just take longer before they are ready to talk, Ms Muir says.

"I think we have to trust that sometimes it just takes that long for them to kind of process it," she says.

"Sometimes children, they actually process a lot of what happened through play and what happens is, they get home, and they need to eat, they need to jump on the trampoline, or maybe get lost in their imaginations or just do something bit mindful, where they're not thinking about their day.

"Annoyingly for us, those questions or bits of information might come out right at bedtime just as you get them all tucked in and settled in — they say, 'Do you know what happened today?"

Meltdowns are inevitable

"I think all around the country right now, there'd be a lot of children having after-school meltdowns, because we've just started back in a new year," Ms Muir says.

"Because quite simply, when our children have to work very hard to hold it together all day long, they see their parents or grandparents at the gate as their safe base.

"No sooner do they get in the car, they seem to be whingeing or whining, fighting with siblings or absolutely falling apart in a full-blown meltdown.

"We actually call this after-school restraint collapse."

Ms Muir says it can be hard for parents to hear their child has behaved perfectly for their teachers all day, then have them lose it at home.

"Actually, it is the biggest compliment, because what's happening is your child has held it together, they've been that person they need to be in the outside world all day.

"And then they see you as their safe base, they know they can just let it all out.

"I think one of the biggest things we can do as parents is accept that meltdowns are going to happen."































PARENTS & FRIENDS NEWS

As some children start their first year here and some start their last year, this is the perfect way to remember your childs time at Lisieux. A Student paver. The pavers will be used to create a feature infront of the Pottery Studio. This space will also be used for outdoor classes and other activities. To order your paver click here Orders need to be in by 7 March.









LISIEUX P&F WILL ONCE AGAIN HOLD AN EASTER RAFFLE TO BE DRAWN ON THE LAST DAY OF TERM 1. YOUR SUPPORT FOR THIS FUNDRAISER WOULD BE GREATLY APPRECIATED. WE WOULD LOVE FOR EACH FAMILY TO PLEASE DONATE SOME EASTER THEMED PRIZES WHETHER IT BE IN THE FORM OF CHOCOLATES, CRAFT PACKS ETC. THIS WILL CONTRIBUTE TO PUTTING TOGETHER SOME EXCITING EASTER HAMPERS. RAFFLE BOOKS WILL BE SENT HOME WITH EACH CHILD IN DUE COURSE SO KEEP



EASTER RAFFLE

Please support our annual and popular P & F Easter Raffle fundraiser by sending in your Easter donations for the raffle which will be drawn on the last day of Term 1 (Thursday 28th March). The more donations, the more hampers, the more winners! Raffle Tickets will be sent home next week, so please keep an eye out for them! You can also purchase tickets via the following link on school24 under the events tab

- https://www.school24.net.au/. Once purchased your tickets will automatically be placed in the draw. The donation box is at the front office. Thank you so much.

School Canteen and Lunch Orders:

- Thursday Lunch orders: Are to be placed through the Flexischools app by 8.30am on Wednesdays.
- Friday School canteen orders: Are placed through the School24 app by 6pm on Wednesdays.
 - Steps on how to order through School24 are below
 - o Please also note these dates as there will be no Friday Canteen
 - Friday 8 March
 - Friday 29 March
 - Friday 26 April
 - Friday 7 June
 - Friday 28 June
 - Friday 20 September

O The last day for the canteen will be on Friday 29 Nov 2024







GETTING STARTED Welcome to School24. We took forward to providing you with an easy-to-use online ordering platform that can be used on-the-go at any timel feeting started is easy, just follow the steps below and you'll be ready to make your first order in minutes. Registration To register, visit www.school24.net.au on any device OR install the School24 mobile app on your iPhone/Android from the Apple App Store/Google Play Store Press the ORANGE registration button to create your account Enter your unique school ID number **below** to match your account with your school Once completed click Create Account Lisieux Catholic Primary School: 25437963 Congratulations you are now registered! Activate your Account Go to www.school24.net.au OR using the app you downloaded earlier to your iPhone/Android Use your registered email address and password to login. Once you have logged in you will need to complete the following steps to ensure you are ready to make your first order. Step 1 Setup your children. In the middle of the screen there is a "Students" button. Here you can input your child's name and class, along with any allergies or special requirements they may have. Top-up your account. You will be taken to a secure page where you can select a top-up amount and enter your card details. Top-up is instant when using visa/master cards. You can pay as you go when purchase an item/product at Schoolz4, top up a schoolz4 acount is only optional. Place your first order!

For information on how to place your first order and use the School24 system, please visit our Help Center. https://school24.tawk.help/

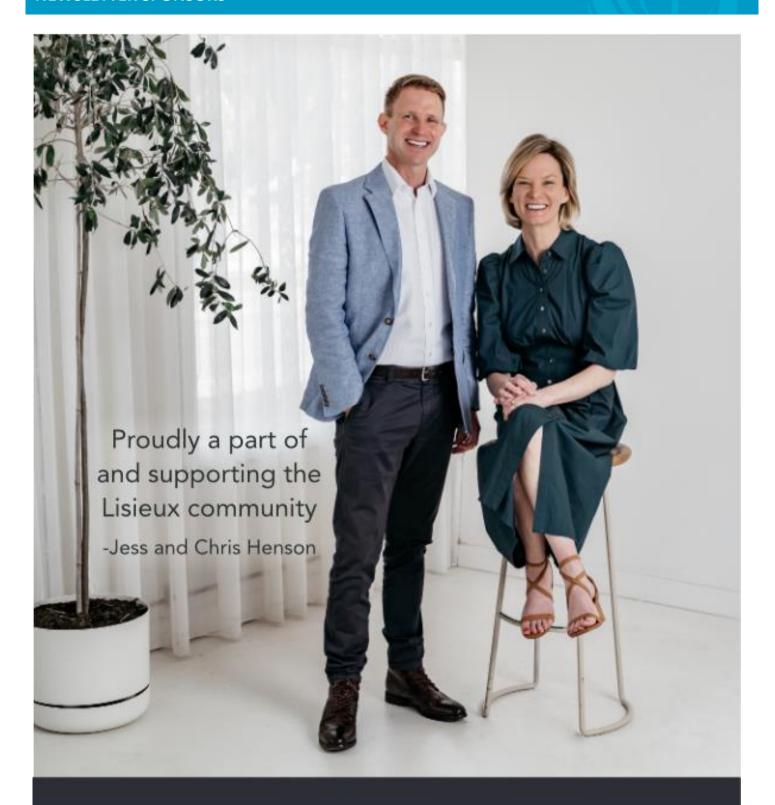
Fundraising Events

This year the P and F will be organising some fun events to raise funds for the next school project. Here and the events that we have for this year. If you would like to volunteer to help with any of the events you can do so on School24.

	Pavers	Closing date for orders 7th March	Kris
TERM	Fresh Fruit Friday	Friday 22 nd March	Nat
1	Easter Raffle	Thursday 28th March (last day Term 1)	Chantal and
			Nat
	Mother's Day Stall	Thursday 9th and Friday 10th May	Susie
TERM	Fresh Fruit Friday	Friday 31 st May	Nat
2	Trivia Night	Saturday 15th June	Nat and Kris
	Sausage Sizzle alongside PJ Day	Wednesday 26th June (last day term 2)	Chantal
	Fresh Fruit Friday	Friday 9th August	Nat
TERM	Father's Day Stall	Thursday 29th August and Friday	Susie
		30th August	
3	Sausage Sizzle alongside Footy Colours	Friday 20th September (last day term 3)	Chantal
	Day		
TERM	Fresh Fruit Friday	Friday 15th November	Nat
	Mango Drive	TBC	Renee
4	Golf Day	Friday TBC	Kris
OTHER	Staff Days of Christmas	Term 4	Kris
	Canteen	Term 1, 2, 3 and 4	Kris

The P and F committee is saying goodbye to two committee members this year – our secretary Chantal and Treasurer Paula are stepping away from their committee roles. I'd like to express my appreciation to Chantal and Paula for all of their time and contributions to the committee and the fundraising events – Thank you both so much.

We are now looking for a P and F Committee Secretary and Treasurer. If you would like any details about these roles or would like to take up one of the positions please contact lisieuxpandf@gmail.com — we'd love to hear from you.



Always happy to talk through any real estate questions you might have.



chris.h@oneagency.com.au jess.h@oneagency.com.au 0477 774 271

Teeth on Wheels will be visiting our School!

At Teeth On Wheels, we provide the highest quality dental treatment while making it fun,

With the help of the government your child might be eligible for FREE dental care.

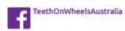
positive and memorable for

Our dental services include:

- Check-ups
- Oral Health Education
- Scale, Clean & Fluoride Treatments
- Fissure Sealants
- X-rays
- Fillings
- Extractions







children.



Phone: (03) 9338 1191

Email: info@teethonwheels.com.au



Dear Families,

Your child's dental health is important to us, that's why Teeth on Wheels will be visiting our school starting on the **25/03/2024**.

Click the link below to sign your child up - IT MIGHT BE FREE!

https://teethonwheels.com.au/consent-forms/consent-eform/

Teeth on Wheels are focused on providing *a positive dental experience* and specialise with working with children. They can provide check-up and clean appointments, as well as treatment onsite and will be able to advise you if your child is eligible to receive dental care for **FREE** under the Child Dental Benefit Schedule.

Please complete your form today and the Teeth on Wheels team will be in contact to confirm and schedule your child's appointment. - Forms must be completed by 18/03/2024 for your child to participate. If you are unable to access the E-form, please visit the school reception for a paper form.



