



Dear members of the Lisieux community,

On Tuesday night our Year 3 students completed their Sacrament of Reconciliation. The students have undergone preparation and reflection guided by our dedicated teachers, Mikaila Hicks, Annabel Coome, Siobhan Brooks, and our REL Gerard Douglas. Along with parents' support, it made for a beautiful ceremony where they received the Sacrament for the first time.

Through this Sacrament they have experienced the gift of God's forgiveness and grace. They have reflected on their actions, sought reconciliation with others, and opened their hearts to receive God's mercy with humility and gratitude. This sacramental experience serves as a foundation for their ongoing faith journey.



MARCH

Fri 22nd Summer Lightening Premiership Year 5/6

Mon 25th School Photo Day

2025 Enrolment Tour 9.30am

Teeth on Wheels visit

Tues 26th Lisieux Cross Country

Wed 27th Holy Thursday Prayer
Gathering (Yr ½)

Thur 28th Good Friday Prayer Gathering (Yr ¾)

Easter Bonnet Parade & Coin Trail FINAL DAY OF TERM 1 3.15pm finish time

APRIL

Mon 15th Students commence Term 2

Wed 17th Athletics Carnival Year 3-6 Landy Field

Fri 19th Prep- Year 2 Athletics Carnival Lisieux

Mon 22nd Brainstorm Productions P-6

Tues 23rd Year 5/6 Beach Discovery Day

Wed 24th Year 4 Beach Discovery
Day

Thur 25th ANZAC DAY
NO SCHOOL

Fri 26th School Closure Day NO SCHOOL

As we approach Holy Week in this season of Lent, we have commenced our Holy Week prayer gatherings. Today the Prep team lead us in a beautiful ceremony.



Our Year 1/2 students were very fortunate to go and experience "A Bee Story" today at The Geelong Arts Centre. It is a "unique physical theatre show for children incorporating a kaleidoscope of circus, acrobatics, dance and live music. It tells the story of Queen Bee and Worker Bee who must work together to rebuild their hive after being destroyed by a bushfire. But things never quite go to plan... Featuring themes of environmentalism, sustainability and community





God's blessings,

James Flint



Prayer for Harmony Day

Loving God...

May we be united
May we speak in harmony
May our minds think in harmony
Our prayer be one prayer
Our resolution be one
Our feelings one
Our hearts unified
And may our unity be perfect.

We ask this through Christ, our Lord. Amen.

Project Compassion 2024

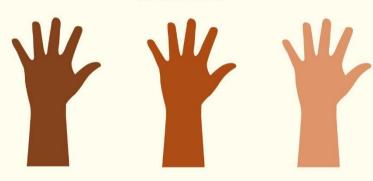
Friendly reminder to please bring in your Project Compassion box next Thursday for our coin trail.

Thank you Mr Douglas



HARMONY DAY FRIDAY 22ND MARCH

WEAR A TOUCH OF ORANGE OR CULTURAL DRESS



HOLY WEEK

W 1-2 Holy Thursday Prayer Gathering 9:00- 9:15

TH 3-4 Good Friday Prayer Gathering 9:00 - 9:15

Easter Bonnet Parade 9:30

Coin Trail 10:00



















Reading

In reading, we've implemented reciprocal reading groups where students take on different roles like 'The Predictor,' 'The Questioner,' and 'The Clarifier.' These groups engage in discussions while reading a novel, rotating roles periodically. They meet regularly to share insights and report back on their assigned roles, fostering a deeper understanding of the book collectively. This approach encourages active participation, critical thinking, and collaboration among peers, enriching the reading experience and promoting comprehensive comprehension of the text.





Religious Education

In Religious Education, we've been learning about Lenten symbols. We played memory games in class, matching symbols with their descriptions. Then, students got artsy and made collages of Lenten symbols using oil pastels. It's been a fun way to understand the meaning behind these symbols and get creative at the same time!

Scentibark I. Sc

Writing

In writing, students experienced a captivating outdoor solo performance by Mrs. Hetherington. Through her enactment of a gripping tale involving a character pulled into a whirlpool and transported to another realm, students were not only entertained but also inspired. Drawing from this immersive experience, they embarked on crafting their own narratives, fueled by the vivid imagery and imaginative journey they witnessed. Mrs. Hetherington's performance served as a catalyst for creativity, igniting the students' imaginations and enhancing their storytelling skills.



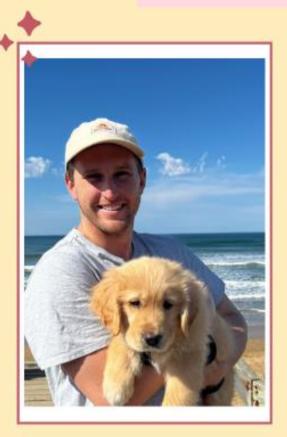
Maths



In Mathematics, we've been mastering multiplication by tackling word problems. Students team up to work through them together, helping each other out along the way. It's a hands-on way to learn and improve our multiplication skills while also building teamwork and problem-solving abilities.

Meet the Teacher

MR. PHILP



ITEACH

GRADE 5/6

ABOUT ME

I finished my primary education studies at Deakin University in 2023. This year marks my first year as a teacher, working with grade 5/6 students at Lisieux Primary School, and I am absolutely loving it!

I enjoy being outside, playing sports, surfing or walking along Ocean Grove beach with my dog, Doug.

MY FAVOURITES

Food = Pizza

Drink = Coffee

Holiday destination = Queenstown, New Zealand

AFL Team = St Kilda Saints

FUN FACTS

I was born on the Gold Coast, Queensland and moved down to Victoria when I was 13.

I play many sports. Footy and golf are the main ones.

I have travelled to 13 different countries.





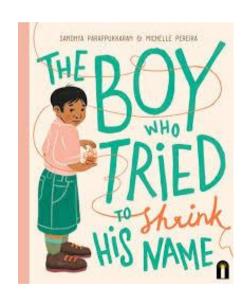


A warm and uplifting story that encourages young readers to celebrate their individuality and shows how no one should ever have to shrink themselves down to fit in.

We read this story to celebrate Harmony Day and to celebrate everyone's differences. In this story his friends learn about his culture and how it's important to celebrate each other.

We really enjoyed this story because it was inspiring to learn about each other's cultures and differences.

By Chloe Pearson, Matilda Connolly and Olivia Henson Year 4





We are thrilled to be hosting well-known psychologist Michael Carr-Gregg as a guest presenter at Lisieux early next term. Please see details below. Tickets are free and will first be offered to Lisieux families, before being offered to families in other Nazareth parish schools. Please get your ticket before the end of term to ensure you don't miss out.

THE GRANDPARENTING CODE

WITH DR MICHAEL CARR-GREGG

Join Dr Michael Carr-Gregg as he shares 'The Grandparenting Code'. This presentation explores the special bond, wisdom-sharing and nurturing role of grandparents in the lives of their grandchildren.

It has been estimated that of the world's 8 billion people, a record-breaking 1.4 billion, or 18 percent, are currently grandparents. In 2018, Australian grandparents clocked up an average of 58 childcare hours per month, worth \$3.94 billion annually.

Grandparents make a significant contribution to Australian families, but many new grandparents can feel deficient and unsupported in their role and are unsure how to approach it.

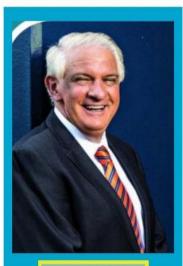
This talk explores the 20 most important rules for every stage of the grandparenting journey from one of Australia's most respected child and adolescent psychologists. This event is an opportunity to celebrate the special bond between grandparents and grandchildren.

Please RSVP by clicking the following link https://www.trybooking.com/CPXRC to Ensure your spot at this event or scan the QR code to access your free ticket.



Tuesday 30th April, 2024 7 to 8 pm Lisieux Catholic Primary School, 90 South Beach Road, Torquay.







Prep 2025

Enrolments for siblings of current students close at the end of this term with enrolment interviews scheduled to take place in the first weeks of Term Two.





Uniform

New House polos are now in stock. Either the current pale blue polo or the new house polo may be worn on PE uniform days. We ask that all students wear only plain navy or white socks as we are seeing an increase in the wearing of some socks that do not comply with our uniform policy.



We are having a focus on 'Francophonie' this year, which is exploring French being spoken in different countries. To support this focus students will engage in cultural immersion activities in class groups as well as participate in an immersive French language incursion of an African Drumming performance.

Students are encouraged to come dressed as the colours of the French flag, a French icon or as the colours of one of the Francophonie countries.

There will be the option to order a plain croissant or a GF macaron from Maple Bakery on School24.

We wil finish our day with a French Assembly in the MPR at 2pm showcasing some of the incredible learning that happens on a daily basis.

Parents are welcome to attend.



Self-compassion for parents

via raisingchildren.net.au

Key points

- Self-compassion is treating yourself kindly when things don't go well.
- Self-compassion is good for you and good for your child.
- Take 3 steps towards self-compassion notice feelings, remind yourself that raising children is a big job, and be kind to yourself.

Self-compassion: what is it?

Self-compassion is **being kind to yourself** even when things don't happen the way you expect or want. It's being aware of your feelings and treating yourself with the same warmth, care and understanding you'd give to someone you care about.

It's also acknowledging that struggles and challenges are a part of life and that everyone goes through them.

Self-compassion is a skill that you can learn, practise and get better at using.

Self-compassion: why it's important for parents

As a parent or carer, you might sometimes be hard on yourself. You might compare yourself to other parents and judge yourself harshly.

Self-compassion helps you be kinder to yourself as you navigate the challenges of raising children. And this is good for you and good for your child.

For you, self-compassion improves your mental health and wellbeing and can reduce stress and anxiety. This makes it easier for you to give your child what they need to grow and develop well.

And when you're self-compassionate, you're a good role model for your child. By showing kindness to yourself, you're helping your child learn that it's OK to make mistakes, forgive yourself and try to do better next time. This helps your child develop self-compassion too.



Being self-compassionate: 3 steps

Self-compassion takes time to learn. It also needs practice. Here's an exercise to help you get into the habit of self-compassion.

Step 1

Pause and notice your thoughts. Try to spot when you're being hard on yourself. For example, you might tell yourself you're a 'bad parent' after you've lost your temper with your toddler. Or if your teenage child is rude and disrespectful, you might feel that you're doing a bad job.

Ask yourself:

- Is what I'm telling myself true? Or is it just how I'm feeling in this moment?
- Would I speak to a friend like this?

Step 2

Remind yourself that raising children is a big and important job, which all parents learn as they go. We try to do what's best for our children, but sometimes we make mistakes, and we can't control everything. It's OK to find things hard, to take a moment for yourself, or to need help or advice.

It's important to acknowledge that you're doing your best, even when you're struggling.

Step 3

Say something kind to yourself. Think about how you'd encourage a friend in the same situation as you. You might say things like:

- 'I'm trying my best and I'm learning as I go.'
- 'Other parents find this hard too I'm not alone in this.'
- 'It's OK if I can't figure it out now. I'll try again later.'
- 'Things have been very difficult lately, and I need to take some time out to look after myself.'
- 'No-one is perfect. I'm doing OK.'

You can also think about how you might do things differently next time rather than dwelling on what didn't go well this time. For example:

- Would starting a new routine reduce stress and conflict in the future?
- Would mindfulness or breathing exercises help you handle stressful situations?
- Is there someone you can ask for help? Your partner, a family member or a friend?
- Would it help to talk things through with someone? You could try calling your state or territory parenting helpline.

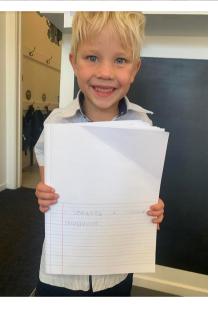
When you're struggling with self-compassion or are very self-critical

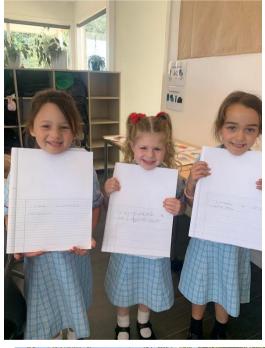
Practising self-compassion can be difficult at first, particularly if you tend to be very self-critical. Remember that even taking a moment to pause and notice how you're feeling is an important first step that you can be proud of.

If you're finding it hard to be kind to yourself, it might help to reach out to your partner or friends and family for help.

If you're still finding it hard, it's good to seek professional advice. You can start by making an appointment with your GP. They can refer you to a suitable mental health professional like a psychologist or local counsellor.









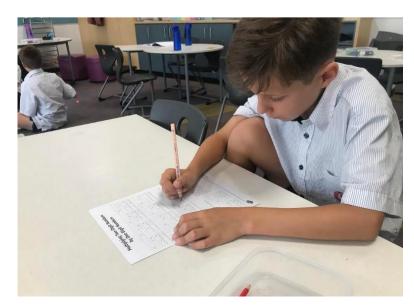




















EASTER RAFFLE

Only 1 week left until the draw!

A huge thank you to Woolworths Torquay North who have very kindly donated an amazing \$200 Easter hamper as our first prize.

Time is running out to get your tickets into the draw for a chance to win some fabulous prizes. Either return your paper ticket stubs to the front office or you can purchase your tickets online through the School24 app under eventshttps://www.school24.net.au

Thank you to all that have already donated Easter goodies for our Easter Raffle fundraiser hampers. For those that haven't had a chance to donate as yet, donations will be taken at the front office up until Tuesday 26th March. The more donations, the more prizes!

Thank you so much for your support of this fundraiser.

Our first Fresh Juice Friday is happening tomorrow. If your child/ren would like to enjoy some fresh juice, please send them along with \$2.





- Thursday Lunch orders: Are to be placed through the Flexischools app by 8.30am on Wednesdays.
- Friday School canteen orders: Are placed through the School24 app by 6pm on Wednesdays.
 - Steps on how to order through School24 are below
 - Please also note these dates as there will be no Friday Canteen
 - Friday 8 March
 - Friday 29 March
 - Friday 26 April
 - Friday 7 June
 - Friday 28 June
 - Friday 20 September

The last day for the canteen will be on Friday 29 Nov 2024

GETTING STARTED

Welcome to School24. We look forward to providing you with an easy-to-use online ordering platform that can be used on-the-go at any time! Getting started is easy, just follow the steps below and you'll be ready to make your first order in minutes.

Registration

To register, visit www.school24.net.au on any device OR install the School24 mobile app on your iPhone/Android from the Apple App Store/Google Play Store

Press the ORANGE registration button to create your account



- Enter your unique school ID number below to match your account with your school
- Once completed click <u>Create Account.</u>

Lisieux Catholic Primary School: 25437963

Congratulations you are now registered!

Activate your Account

Go to www.school24.net.au OR using the app you downloaded earlier to your iPhone/Android

Use your registered email address and password to login. Once you have logged in you will
need to complete the following steps to ensure you are ready to make your first order.

Step 1

Setup your children. In the middle of the screen there is a "Students' button. Here you can
input your child's name and class, along with any allergies or special requirements they may
have.

Step 2 (optional)

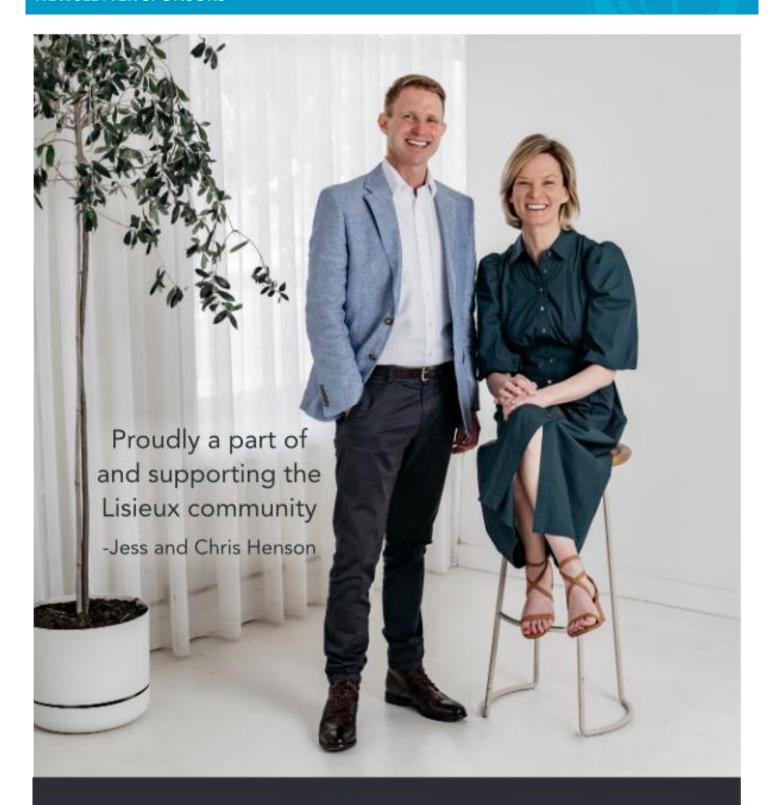
Top-up your account. You will be taken to a secure page where you can select a top-up
amount and enter your card details. Top-up is instant when using visa/master cards. You can
pay as you go when purchase an item/product at Schoolz4, top up a schoolz4 acount is only
optional.

Place your first order!

Congratulations. You are now ready to make your first order.

For information on how to place your first order and use the School24 system, please visit our Help Center. https://school24.tawk.help/

We are still looking for a P and F Committee Secretary and Treasurer. If you would like any details about these roles or would like to take up one of the positions please contact lisieuxpandf@gmail.com – we'd love to hear from you.



Always happy to talk through any real estate questions you might have.



chris.h@oneagency.com.au jess.h@oneagency.com.au 0477 774 271



JOIN THE FUN!

Surf Coast Suns Auskick Centre

Banyul-Warri Fields - Polwarth Oval Wednesdays 4:30-5:30pm Fridays 5:00-6:00pm

Scan the QR Code to register!



Proposed November 22-24, 2024 Guided "Fathering Boys" Father and Son Adventure Weekend experience in VIC

Far too many Dads fall short in their fathering because they have forgotten what they had wanted and needed from their Dads when they were boys.

Our guided "Fathering Boys" Father and Son Adventure Weekend experiences help fathers and their younger sons (aged 7-13 years inclusive) have healthier relationships, stronger bonds, and a deeper understanding of one another.

This is a special and beneficial opportunity for sons aged 7-13 years inclusive, and their Dads or father figures to experience together.



"My son and I had the incredible privilege of taking part in one of the most life-changing self-development and learning experiences I've experienced. A ringing endorsement of Fathering Adventures – an organization that's ACTUALLY changing the world – one group of Dads at a time."

(Trevor Manokore - A Dad from Brisbane, QLD)

Your financial investment :- \$990 AUD (including GST) per father and son pair Inclusions :

- All accommodation at 'Mill Valley Ranch' (each father and son pair will have their own ensuited room)
- All meals catered by 'Mill Valley Ranch'
- Saturday morning devoted to guided and outfitted outdoor father son activities e.g. horse riding, archery, and low ropes.
- All fathering presentations
- A couple of significant and special moments intentionally interwoven throughout the experience

These are so much more than your average father son camp.

Express Your Interest by clicking the "Add to Cart" button at... https://fatheringadventures.com.au/shop/cat/fathers-and-sons-7-13-years ... to avoid disappointment!





Greetings! Below is a list of programs for children and youth at Torquay Library over the April 2024 school holidays and in Term Two.

Scan QR Code to book.

April School Holidays

There is a huge line up of fun and creative activities for children and youth these school holidays with the theme of Magic. Join us for:

Magical Watercolour Landscapes 12+ Wednesday 3rd April 2:30pm – 3:30pm

Be inspired by nature's magic in this mixed media session where you create your own watercolour landscape.

Possum Magic 5

Thursday 4th April 10:30am - 11:30am

Bring a little bit of magic into your life as we revisit the Australian Classic book Possum Magic by Mem Fox. Read the story, learn about Australian animals - weave a little magic of your own!

Marvellous Magic Tricks 8+ Monday 8th April 10:30am – 11:30am

Ever wondered how magicians wow an audience? Come take a look behind the scenes, learn different types of magic and how to do your own tricks!

Magical Tangrams 12+

Tuesday 9th April 2:30pm - 3:30pm

How can seven ordinary shapes magically transform into amazing images? Challenge yourself with the ancient Chinese puzzle of Tangrams!

Magic Storytime 2+ 11th April 10:30am – 11:30am

Join us for some magical stories, songs, and activities! Make your own magic wand to take home.

LIBRARY NEWS

Torquay Library

After School Programs

Check out our regular afterschool programs, running weekly throughout Term Two.

Bookings not required.

Chess Club Ages 8-15 Mondays 4:00pm – 5:00pm

Test your wits and challenge yourself at Chess Club! Learn the basics, develop strategy and practise with others in a friendly environment. Suitable for beginners and advance players.



Mega Lego Club 5+ Thursdays 3:30pm – 4:30pm

Join other LEGO fans, explore your creativity, and see where your imagination can take you.



Youth Mix 12+ Tuesdays 4:00pm = 5:00pm

Mix it up with some art, craft, retro games, tech activities, and good company. You decide!

Contact Torquay Library Ph: 4201 0667 www.glrc.vic.gov.au



JOIN THE HOLIDAY FUN AT TORQUAY

We've got you covered these April school holidays!

There is a huge line up of fun and creative activities for children of all ages with the theme of Magic.

Scan the QR code for the full details of these events on our website.

Possum Magic 5 +

Thursday 4th April 10:30am - 11:30am

Marvellous Magic Tricks 8+ Monday 8th April 10:30am - 11:30am

Magic Storytime 2+

Thursday 11th April 10:30am -11:30am



www.nrie.vic.nov.au



All events are FREE unless otherwise specified Bookings essential. Online wave gift; vic gov.au/events. In person all any branch, or phone 42010867



JOIN THE HOLIDAY FUN AT TORQUAY

Join in all the **Magic** for youth at the library these April school holidays.

Check out the line up of activities especially for young people at the library.

Scan the QR code for the full details of these events on our website.. Magical Watercolour Landscapes 12+ Wednesday 3rd April 2:30pm - 3:30pm

Magical Tangram Puzzies 12+

Tuesday 9th April 2:30pm - 3:30pm



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All events are PREE unless offserwise specified Bookings essential. Online www.gfic.vic.gov.au/events.



Who can attend: Boys & Girls aged 5-12 years old.

General Information:

General Information:
We believe in giving children apportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with haining on behaviour management techniques, first aid and activity planning/delivery.

What do you need to bring: Appropriate clothing, jacket or sweatshirt, hat, drink bottle and food for marring tea, lunch and alternoon

Please bring plenty of packed food and drink for morning tea/lench/alternaon tea. Lunch will be from approximately 12.30pm to 1.30pm each day.

Programme activities are adapted to suit children of all ages and children may be grouped by age depending an numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

Payment details: Payment is required up-front within 2 hours of your booking. A received will be issued when a completed booking is received. All details will be included on the receipt.

Please note: Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst



www.kellysports.com.au Websites Contact: Nick Clydesdale

geelong@kellysports.com.au Emoil-

0497 770 909 Phone: Facebook: Kelly Sports Geelong 1 Crown St, South Geelong Address:

EASTER 2024 GEELONG SPORTS HUB- SOUTH GEELONG



EASTER MONDAY -NO SESSION



BASKETBALL MANIA

Do you love basketball? Dribble, zig zag, shoot and slam dunk your way Into our Basketball themed day. We will also include Netball and plenty of games the kids will lave.



SUPER SOCCER DAY

Do you love spacer? Dribble zig zag, shoot and score you ing zag, shoor and score you way into our Soccer themed day. We will have a mini world cup day to see which team is the clear best!



DANCE DAY

Do you love to dance? Do you love to sing? Our Donce day is back with all of our favourite songs and dancing challenges. Bring your dancing shoes!



KIDS VS COACHES

RIDS YS COACHES
Brogging rights are on other
today! The kids & coaches will
go head-to-head in a variety of
eam battles. Who will come
out on top in this clash far the
ages? You can smell the
anticipation in the air akeady!



DYNAMIC DODGEBALL

Dodge, duck, dip, dive and __DODGE Our Dodgeball Townsment is back. Our friendly competition will help improve your throwing and catching skills!

FULL DAY: \$60 Mon - Fri, 8:00am - 5:00pm

KELLYSPORTS.COM.AU



KID'S OLYMPICS

Our little superstars will show off their skills in the Kelly Sports Off their skills in the fairy sports.

Olympics today. The kids will be split into teams and work together to try & top the medal tally in many running, jumping, throwing & team based events.

FULL WEEK: \$250 8:00an - 5:00m

TERM 2 2024



VOLLEYBALL / BASKETBALL

Today will be Baskeboll and Volleyball FUN. We will be Abooting hoops at the Geelong sports his thes moving right next door to try out some rolleyboll fun. You get the best at both worlds on this day.



FOOTY COLOURS DAY

Show off your AFL/NRL or A-league team colours with contidence and pride at our Football codes day. You will be sure to get a kick out of our activities.

FYI - We will also be at the volleyball stadium this day.

BIG BASH SMASH

Come along today and she off your power hitting skills in our Big Bash Cricket competition! Today will be jam-packed with sporting

PLEASE NOTE THAT THEMED DAYS WILL ALSO INCLUDE OTHER SPORTS AND ACTIVITES THE KIDS WILL LOVE.

BOOK ONLINE NOW AT

EXELLYSPORTS.COM.AU

INFORMATION

SOCCER PROGRAM

Programmes run weekly on one day a week for one hour

This Soccer program will have the following:

✓ Skills Practice

Match Play

✓ Modified Games

✓ Teamwork

Experienced Coaches

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For year Prep - Grade 6 students.

\$198 FOR A 11 WEEK PROGRAM

Sign up anytime and only pay for the remaining weeks in the term

School: Lisieux Catholic School

Day: Tuesday's

Start Date: April 16th End Date: June 25th Time: 3.20-4.30pm

kellysports.com.au/geelong Website:

Nick Clydesdale Contact:

geelong@kellysports.com.au Email: 0497 770909

Facebook: Kelly Sports Australia

