

The Tide

known and loved

ISSUE 1 | 6th February, 2025

SCHOOL CALENDAR

FEBRUARY

- Fri 7th Beginning of Year Mass
9.30am
Multi-Purpose Room
ALL WELCOME
- Wed 12th Prep Rest Day/Individual
Testing
- Fri 14th District Swimming Trials
- Tues 18th Transition & Wellbeing
Discussions 2pm-4.30pm
- Wed 19th Prep Rest Day/Individual
Testing

Transition & Wellbeing
Discussions 2pm-4.30pm
- Thur 20th Family Picnic Night
5pm-7pm
- Wed 26th Prep Rest Day/Individual
Testing

Year 4 STRIVE Launch
2.15pm
Family members welcome
More details to follow
- Thur 27th Lisieux Parents & Friends
AGM 7pm
Multi-Purpose Room
ALL WELCOME
- Fri 28th 2026 Enrolment Tour 12pm
Bookings essential

MARCH

- Tues 4th Shrove Tuesday

Prayer in Pyjamas Evening
for Prep students
6.30pm
- Wed 5th Ash Wednesday

Prep Rest Day/Individual
Testing
- Thur 6th Beach Activities Day

Family Reconciliation
Evening Year 3 students
6pm
- Fri 7th Staff Curriculum Day
STUDENT FREE DAY



Lisieux
CATHOLIC PRIMARY SCHOOL



FROM THE PRINCIPAL

Dear members of the Lisieux community,

Welcome

Welcome to the 2025 school year! After being away for Term 4 last year, I was so excited to be back and to see the happy faces of staff and students on our first days. There's a very positive buzz in the air here at the moment and it promises to be a wonderful year. We have 335 students and 52 staff this year, including 8 new team members. An extra special welcome to our new Preps and any other students beginning their Lisieux journey this term. We know it will be filled with many learning and community connection opportunities.

PBL

Last year we began the implementation of Positive Behaviour for Learning (PBL) at Lisieux. This is an evidence-based framework that helps create a positive, respectful and supportive learning environment for all students. At its heart, PBL is about building a positive school culture where everyone works together to support good behaviour and mutual respect. PBL encourages students to understand the expectations for behaviour and why these are important. Through a process of consultation last year, we agreed on the following three core values to guide our journey: **Respect, Responsibility, Compassion**. What you might notice is a focus on teaching and reinforcing positive behaviours; recognising students who consistently demonstrate respectful, responsible and compassionate actions; and, providing support and guidance for those who need help improving. One of our key goals is to ensure that every student feels safe, supported and motivated to learn. We'll continue to share more about this framework throughout the year.

Beginning of year anxiety

It is possible that some students may be feeling some anxiety at the start of the new school year. The following conversation prompts may be helpful in initiating dialogue:

"Starting something new can feel confusing, but remember a time when you were nervous and it worked out well?"

"I can see you have some big feelings. Let's work through this together."

"When I was a kid at school I can remember feeling anxious. Have I ever told you about that?"

Please don't hesitate to reach out to myself, a member of our wellbeing team or in the first instance, your child's teacher if there are ongoing concerns.

2025 calendar dates

Schools are very busy places – in fact, there is never a dull moment! I encourage you to read the newsletter each week, as it will be full of important updates and information. Each family should also have a hard-copy calendar and this is available digitally on our website as well.

We look forward to a successful school year together. Please know that it is our commitment to provide the best education for every student. Please don't hesitate to contact us if you have any questions or concerns throughout the year.

God's blessings for the week ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal

MEET THE LISIEUX TEAM	
LEADERSHIP TEAM	
Principal	Dr Susan Ryan susan.ryan@lisieux.catholic.edu.au
Deputy Principal	Mr James Flint james.flint@lisieux.catholic.edu.au
Learning Diversity Leader	Mrs Amanda Duthie amanda.duthie@lisieux.catholic.edu.au
Mental Health & Wellbeing Leader	Mrs Gen Audley genevieve.audley@lisieux.catholic.edu.au
P-Year 2 Community Leader	Mrs Catherine Connolly catherine.connolly@lisieux.catholic.edu.au
Year 3 & 4 Community Leader	Mrs Siobhan Brooks Siobhan.brooks@lisieux.catholic.edu.au
Year 5 & 6 Community Leader	Miss Rhiannon Evans rhiannon.evans@lisieux.catholic.edu.au
ADMINISTRATION TEAM	
Office Manager	Mrs Fiona Thompson fiona.thompson@lisieux.catholic.edu.au
Enrolment Registrar	Mrs Brooke Walsh brooke.walsh@lisieux.catholic.edu.au
Parish Schools Risk and Compliance Officer	Mrs Belinda Heenan belinda.heenan@lisieux.catholic.edu.au
School Psychologist	Ms Katherine Stanley katherine.stanley@lisieux.catholic.edu.au
Prep / Foundation Educators	
Carmel Blue - classroom educator	Mrs Caroline McSparron caroline.mcsparron@lisieux.catholic.edu.au
Carmel Red - classroom educator	Mrs Claire Devereux claire.devereux@lisieux.catholic.edu.au
Carmel White - classroom educator	Mrs Jennifer Graham jennifer.graham@lisieux.catholic.edu.au
Prep Learning Support Educators	Miss Liv Skrnjug liv.skrnjug@lisieux.catholic.edu.au Miss Alyssa Typuszak alyssa.typuszak@lisieux.catholic.edu.au

Year 1 Educators	
Acacia 1 – classroom educator	Mrs Yolanda Turnbull yolanda.turnbull@lisieux.catholic.edu.au
Acacia 1 – learning support educator	Mrs Cath Fisher Catherine.fisher@lisieux.catholic.edu.au
Acacia 2 – classroom educator	Miss Amy Bateman amy.bateman@lisieux.catholic.edu.au
Acacia 2 – learning support educator	Mrs Emma Williams Emma.williams@lisieux.catholic.edu.au
Year 2 Educators	
Waratah 1- classroom educator	Mr Jake Otto Jake.otto@lisieux.catholic.edu.au
Waratah 1- learning support educator	Miss Stella Schubert Stella.schubert@lisieux.catholic.edu.au
Waratah 2 - classroom educator	Miss Melanie Costanzo Melanie.costanzo@lisieux.catholic.edu.au
Waratah 2- learning support educator	Mrs Jo Baldrey Joanne.baldrey@lisieux.catholic.edu.au
Year 3 Educators	
Spotted Eucalypt 1: Classroom educator	Miss Annabel Coome annabel.coomes@lisieux.catholic.edu.au
Spotted Eucalypt 1: Learning Support educator	Mrs Carla Fraser carla.fraser@lisieux.catholic.edu.au
Spotted Eucalypt 2: Classroom educator	Miss Nikki Fiesley nikki.fiesley@lisieux.catholic.edu.au
Spotted Eucalypt 2: Learning Support educator	Miss Mhairi Reid Mhairi.reid@lisieux.catholic.edu.au
Year 4 Educators	
Golden Wattle 1 Classroom educator	Mr Paul Duncan paul.duncan@lisieux.catholic.edu.au
Golden Wattle 1 Learning Support educator	Miss Meghena Coulson Delgado meghena.coulsondelgado@lisieux.catholic.edu.au
Golden Wattle 2 Classroom educator	Miss Natalie Hughes natalie.hughes@lisieux.catholic.edu.au
Golden Wattle 2 Learning Support educator	Mrs Mel Mannix melissa.mannix@lisieux.catholic.edu.au
Grevillea 1 Classroom educator	Mr Nathan Pace nathan.pace@lisieux.catholic.edu.au
Grevillea 1 Learning Support educator	Ms Simone McEwan simone.mcewan@lisieux.catholic.edu.au
Year 5 Educators	
Scentbark 1 Classroom Educator	Mr Michael Philp michael.philp@lisieux.catholic.edu
Scentbark 1 Learning Support Educator	Mr Jonathan Gavin Jonathan.gavin@lisieux.catholic.edu.au
Scentbark 2 Classroom Educator	Mr Shannon Curtis Shannon.curtis@lisieux.catholic.edu.au
Scentbark 1 Learning Support Educator	Mrs Emily Magill Emily.magill@lisieux.catholic.edu.au

Year 6 Educators	
Silver Banksia 1 Classroom Educator	Miss Jessie Mackinnon Jessie.mackinnon@lisieux.catholic.edu.au
Silver Banksia 1 Learning Support Educator	Mrs Jessica Carmichael Jessica.carmichael@lisieux.catholic.edu.au
Silver Banksia 2 Classroom Educator	Mrs Mary Hetherington mary.hetherington@lisieux.catholic.edu.au
Silver Banksia 2 Classroom Educator	Mr Lachie Gangell lachie.gangell@lisieux.catholic.edu.au
Specialist Educators	
Learning Support & Intervention	Mrs Clare McGrath Clare.mcgrath@lisieux.catholic.edu.au
Atelierista	Ms Tess Righetti Therese.righetti@lisieux.catholic.edu.au
The Book Garden	Mrs Candice Delaney candice.delaney@lisieux.catholic.edu.au
The Growth Project/Outdoor Discovery	Ms Lorna Yeo lorna.yeo@lisieux.catholic.edu.au
Full Steam Ahead	Mrs Elspeth Wilson elspeth.wilson@lisieux.catholic.edu.au
100 Languages/ The Arts	Mrs Holly Moody holly.moody@lisieux.catholic.edu.au
100 Languages/ The Arts/Music	Mrs Siobhan McManus siobhan.mcmanus@lisieux.catholic.edu.au
Mind & Body	Mr Dean Roberts dean.roberts@lisieux.catholic.edu.au
Flexible Classroom support	Mrs Madeleine McMahon maddy.mcmahon@lisieux.catholic.edu.au
French Language Assistant	Madame Lylia Beaux lylia.beaux@lisieux.catholic.edu.au

There are two key opportunities coming up to meet our staff team. Please note these and join us if you can:

Transition and Wellbeing Discussions: 2pm-4:30pm Tuesday 18th and Wednesday 19th February

Family Picnic Night: 5pm-7pm Thursday 20th February.



Opening Prayer for the School Year

Loving God,

We come before You at the start of this new school year, grateful for the gift of education and the opportunity to learn and grow together as a community. We thank You for the teachers, staff, students, and families that make up our school, and we ask for Your blessings upon each one of us.

Help us to approach this year with open hearts and minds.

May we be eager to learn, to ask questions, and to grow in wisdom and understanding. Grant us the strength to face challenges, the patience to work through difficulties, and the courage to try new things.

We ask that You guide our teachers and all who work to help us.

Give them the wisdom and compassion to inspire us and to lead us with care.

Help our students to be kind, respectful, and generous with one another, creating a school environment that reflects Your love.

Bless our school community, Lord, and fill it with Your peace.

May we always be a light to each other, offering support, encouragement, and prayers. We trust in Your goodness, and we ask You to walk with us each day of this school year.

We offer this prayer through Christ our Lord. Amen.

Nazareth Catholic Parish



SACRAMENT OF RECONCILIATION

**Parish Reconciliation
registrations are now open for
children in year 3 and above who
have been Baptised Catholic.**

**Please register before the
Family Formation Evening
Thurs 6th Mar, 6pm**

www.tagparish.com.au/Reconciliation



STUDENT LEARNING & ACHIEVEMENTS



Connections Week





At Lisieux, we take great pride in our uniform as it reflects our sense of belonging. We kindly ask families to take a moment to review our uniform policy to ensure they are up to date with expectations. Small changes such as different socks can send the wrong message about our sense of community. Thank you in anticipation of your support in helping our students wear their uniform with pride.

Please note the following days when PE uniform should be worn by each year level:

Prep	Tuesday and Friday
Year 1 & 2	Wednesday and Friday
Year 3	Thursday and Friday
Year 4	Wednesday (with STRIVE top once distributed) and Thursday
Year 5 & 6	Thursday and Friday

New lunch/recess routine

We have adjusted our break times this year and changed the protocol for our eating times. We are trialling having supervised eating breaks in the classroom every day (recess 10:40am-10:50am and lunch 1:08-1:18pm) before the outdoor play break. We have noticed that some children are eating everything in their lunchbox at recess and having no food remaining for lunch. Please have a discussion with your child about whether they have enough food for both breaks.

SPORT

Under 12 Team Vic Trials






The School Sport Victoria (SSV) Team Vic representative program provides a development platform for Victoria's emerging student athletes to participate in the annual School Sport Australia (SSA) Championships. SSV coordinates the selection process for Team Vic teams in partnership with relevant state sporting organisations.

These selection processes are designed for students who are playing at an exceptionally high level, ie. Metro soccer or Rep basketball. As it states on the SSV website " it is NOT a process designed to 'prepare students for the next year' or as a 'come and try' session."

If your child in grade 5/6 is playing at an exceptional level and would like to try out for any of the following state teams, please email Dean Roberts (dean.roberts@lisieux.catholic.edu.au) by **FRIDAY 14TH FEBRUARY**.

- Australian Football 12 Years and Under Boys
- Basketball 12 Years and Under Girls
- Basketball 12 Years and Under Boys
- Cricket 12 Years and Under Boys
- Football (Soccer) 12 Years and Under Boys
- Netball 12 Years and Under Girls

LUNCH TIME CLUBS AT LISIEUX

Monday	Tuesday	Wednesday	Thursday	Friday
Book Club	Craft Club	Drawing and Comics Club	Board games	Lego Club
				

Each week we will briefly introduce one of our staff members. To kick off 2025, we introduce our Principal, Susan Ryan.

MEET THE PRINCIPAL



Hello!
I am Mrs Ryan
Above is a photo of me with my latest grandchild, Emmanuel (4 months now)

MY FAVORITES
In my spare time I love walking on the beach with my dog Buddy, reading books, spending time with my family and have recently taken up golf. We are also planning some caravan adventures this year.

OTHER FACTS
My passion is wellbeing in education and I have pursued this as a focus area of further study.
I am a Geelong Cats fan and am hopeful of a 2025 premiership!

ABOUT ME
I was appointed as the Foundation Principal for Lisieux in 2017 and relocated for this role from Tasmania, where I had been based for 9 years. I have loved working with our community to help build such a special school. I love my job and seeing the happy faces of students and staff every day.





Wellbeing Intervention at Lisieux



INTRODUCTION

The Lisieux curriculum caters to and celebrates diversity. We recognize that students have different gifts and strengths and that they develop at different rates and in different ways. Our strengths-based approach is derived from our Positive Education philosophy, which maintains that every child can be successful. To support students' unique strengths, interests, and passions, we have developed four small-group intervention programs facilitated by specialist educators.



ATELIER PROGRAM

Our Atelier program is based on the Reggio Emilia principle that every child has at least "one hundred languages" for expressing their perspectives of the world. In small, targeted groups, our Atelierista, Tess Righetti, leads students through creative experiences such as music-making, design, and artistic expression, while also integrating nature, science, literacy, or history. This program focuses on building self-awareness and social skills while students engage in an arts-based project. Atelier groups typically consist of 4 to 12 students who have been nominated to participate based on specific focus areas.



SHIRINRIN-YOKU

Shinrin-yoku, a term derived from Japanese culture, translates to "forest bathing" and involves reconnecting with nature. At Lisieux, we recognise that time spent immersed in nature enhances well-being and fosters a sense of connection. Our small-group Shinrin-yoku initiative takes place in the school's natural environment and incorporates mindfulness practices, sensory engagement, and outdoor projects. This program fosters environmental stewardship and provides opportunities for interaction with the broader community. Each Shinrin-yoku session is led by Lorna Yeo and is designed to enhance students' strengths, ignite passions, and promote mastery and self-efficacy. After participating, students return to the classroom with a refreshed mindset, ready to engage in learning.

EMPOWER PROGRAM

Empower is the newest well-being intervention program at Lisieux, led by Gen Audley. This program nurtures and supports students' social and emotional development through engaging small-group sessions. The goal of Empower is to promote social connections, build resilience and self-esteem, and develop social skills. Empower groups typically consist of 4 to 8 students, who are selected based on individual goals. Past participants have engaged in activities such as baking, science experiments, responding to and reflecting on picture storybooks with social and emotional themes, and various art and craft projects.

SPORTS ACADEMY

Our Sports Academy program provides small-group sessions focused on physical and social development, gross and fine motor skills, teamwork, and collaboration. These sessions, led by Dean Roberts and Maddy McMahan, challenge students to learn and practice skills that enhance their ability to work collaboratively, both in the classroom and during team sports.



LEARNING COMMUNITY IN PICTURES





EXCITING NEWS

Teeth on Wheels will be visiting our School!



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With the help of the government your child might be eligible for **FREE** dental care.

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ST JOSEPH'S COLLEGE GEELONG

COLLEGE TOURS

St Joseph's College Geelong invite you to join our College Tours.

We are proud to continue offering an innovative education, and we welcome all senior primary school boys and their families to come and visit us.

Bookings essential

Year 7 applications for 2026 are now open until Friday 9 May
sjc.vic.edu.au

9.15am tours

Tuesday 18 March
Thursday 20 March
Monday 24 March
Wednesday 26 March
Thursday 27 March

1.45pm tour

Wednesday 26 March



Due to Construction of our Arts & Learning Precinct, all College Tours will be held in Term 1 2025



Saint Ignatius College Geelong

Year 7 Guided Tours Now Open

www.ignatius.vic.edu.au

A Jesuit Companion School.



MULTI SPORTS

Lisieux Catholic P.S
Term 1 2025

PROGRAM INFORMATION

This weekly programme gives children sport-specific skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

AGE GROUPS

Prep to Grade 4

SESSION DETAILS

MULTI SPORTS

**COST: \$144+GST
8 WEEKS**

DAY: TUESDAY'S

TIME: 3:30PM – 4:30PM

START DATE: 11TH FEB

END DATE: 1ST APRIL

**SPORTS: SOCCER,
CRICKET, BASKETBALL &
HOCKEY**

• LEARN NEW SPORTS
SKILLS

• UNDERSTAND
SPORT-SPECIFIC
RULES

• GAME BASED
ACTIVITIES

• BUILD CONFIDENCE
TO JOIN COMMUNITY
SPORTING CLUBS

*Families are welcome to enrol at any stage of the program & pay for the weeks remaining.

FURTHER INFORMATION IS
AVAILABLE AT:
WWW.KELLYSPORTS.COM.AU



Nick Clydesdale - Zone Manager

 Geelong@kellysports.com.au

 0497 770 909

 www.kellysports.com.au/Geelong



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