

Dear members of the Lisieux community,

Transition and Wellbeing Discussions

Thanks for coming along to our Wellbeing and Transition discussions this week. We know that student learning is enhanced and the best outcomes are achieved when we work together in partnership. While there will be scheduled time for discussing your child/ren's learning progress later this year, feel free to email your child's teacher any time to arrange a time for a chat if you have any questions, concerns or to share information.

The importance of down time

Recently my husband and I purchased a second-hand caravan and on the weekend, we went on our first local getaway. We didn't go very far as the trip was more about making sure we knew what we were doing, but it was amazing how rested I felt after two nights away, despite some challenging weather conditions. We walked the cliff top to Aireys Inlet lighthouse (in the rain), read books and just enjoyed being outdoors. The experience reminded me of a recent article I read about the importance of down time, for both adults and children. Technology has a major role in kids' lives today, and brains are wired for instant gratification; children are used to constant stimulation and getting their desires met immediately. Often, they don't know what to do in unstructured times, especially when there are no screens. Research shows that down time can actually help a child's nervous system regulate to be more adaptive by regenerating new cells that help them process, organise and learn new information. It enhances creativity, reduces stress and improves sleep. You don't need a caravan to enjoy down time, but sometimes it is worth scheduling it, especially in the midst of hectic family life.

Friday Flow

Friday Flow commences this Friday and runs over a shorter 4 week cycle this term (due to short term). Students in Years 1-6 take part, working in a multi-age group to try a new skill and to hopefully experience a 'flow state.' What this refers to is a sense of fluidity between mind and body, where you are absorbed and deeply focused on something. When in a state of flow, it feels like time has slowed down, senses are heightened and you are one with the task in hand.

SCHOOL CALENDAR

2026 Enrolment Tour 12pm

Tues 4	Shrove ruesuay
	Prayer in Pyjamas Evening for Prep students 6.30pm
Wed 5 th	Ash Wednesday
	Prep Rest Day/Individual Testing
Thur 6 th	Beach Activities Day RESCHEDULED TO Tuesday 25 th March
	Family Reconciliation Evening Year 3 students 6pm
Fri 7th	Staff Curriculum Day STUDENT FREE DAY
Mon 10 th	Labour Day Public holiday STUDENT FREE DAY
Tues 11 th	Bellarine Division Swimming
	Year 5/6 Camp Information night 7pm
Thur 13 th	Teeth on Wheels visit
Sun 16 th	Rite of Enrolment Mass Reconciliation (Year 3)

Mon 17th School Photo Day

NAPLAN begins

St Therese Church, 9am

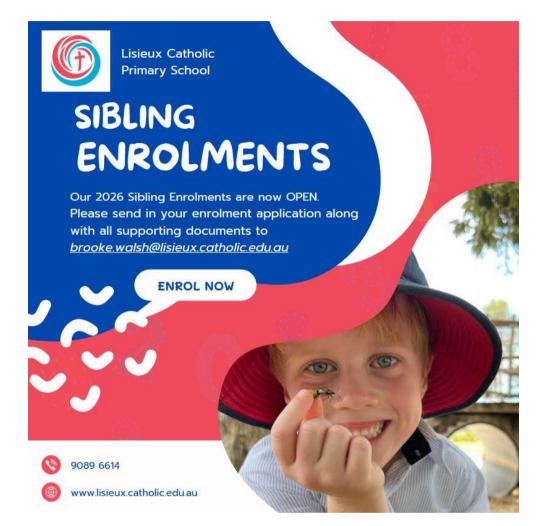
This term some of the offerings are mixed media collage, scarecrow building, serenity stones, Italian cooking, photography, hula hooping, clay design, and more. Keep Friday 28 March free for our first expo of the year.

God's blessings for the week ahead,

Susan Ryan

Susan.ryan@lisieux.catholic.edu.au

Principal







An Irish Blessing

May the road rise to meet you, May the wind be always at your back. May the sun shine warm upon your face, The rains fall soft upon your fields. And until we meet again, May God hold you in the palm of his hand. May God be with you and bless you: May you see your children's children. May you see your children's children. May you be poor in misfortune, rich in blessings. May you know nothing but happiness From this day forward.

May the road rise up to meet you. May the wind be always at your back. May the warm rays of sun fall upon your home, And may the land of a friend always be near.

May green be the grass you walk on, May blue be the skies above you, May pure be the joys that surround you, May true be the hearts that love you. "May the road rise to meet you" is an <u>Irish blessing</u> that has been passed down through generations. It is a traditional way of wishing someone good luck and fortune on their journey through life. This blessing has a simple yet powerful message that has resonated with people all over the world.

The reference to the wind is thought to be a reference to the Holy Spirit, who came as a "mighty wind" at Pentecost. The sun's warmth alludes to God's mercy which the New Testament (Luke 1:78, NIV) tells us "by which the rising sun will come to us from heaven."

The mention of rain is thought to be symbolic of God's provision – nothing will grow without rain.

In Irish, the first line "<u>Go n-éirí an bóthar leat</u>" more literally usually translated as "May you succeed on the road" the French equivalent of which is "bon voyage."



Congratulations and Blessings!

We would like to extend our heartfelt congratulations to Mr. Roberts and his wife, Jules, on the arrival of their beautiful baby boy, Louis James! What a joyful occasion for the family, and we are thrilled to hear that Milly is now a proud big sister.

Wishing your family abundant love, happiness, and God's blessings as you begin this wonderful new chapter together.



Nazareth Parish News

NAZARETH PARISH YEAR OF JUBILEE 2025 APPEAL





As part of the Year of Jubilee, the parish is launching an appeal to collect gift vouchers to be given to families in need in the Geelong/ Surf Coast area. Over the next few weeks, when you go shopping, you might pop a small gift voucher in with your groceries and then add it to the collection when you come to Mass or leave it at the school office. These will be given to St. Vincent de Paul's to distribute to families. Or maybe you have a voucher sitting in your purse? Or in a drawer at home? All vouchers will be very much appreciated. Thank you.

Nazareth Parish Leadership Team Nominations

The Parish Leadership Team has been in place for 3 years having commenced in February of 2022. The original team consisted of:

Fr Linh, Rosemary Malone, Rosemary Featherston, Greg Carty, Natalie Egerton, Josh McElgunn, Paul Egan, Paul Daffey, Tracy Ford, Brian Keane, Fran Belleville.

During this time, Fran moved out of the Parish and was replaced by Nnamdi Elege, and Fr Linh has been replaced by Fr Joel.

In more recent times, both Josh and Natalie, who initially committed for 2 years and have now been part of the team for 3 years, have indicated that they will be handing over to other school-based leaders. Rosemary Malone has stepped down after 3 years of service.

A process has been established to seek nominations for the Leadership Team for the next 3 years.

Existing members may make themselves available for renomination for a further 3 years. There is an opportunity to appoint or reappoint 5 nominations to the Team. There is also a need to appoint a new parent representative from one of the Parish Schools.

Nominations are open from 16 February to 2 March.

For details of the requirements of members of the Leadership Team and the process refer to the link below:

- Information Sheet
- · Leadership Charter
- Nomination form

If you require a printed copy of the nomination form please call into the Parish office located behind St Therese Church, Torquay.

Greg Carty and Brian Keane, Co-Chairs Nazareth Parish Leadership Team

Nazareth Parish Mass times

For further information about our parish please head to our website <u>https://tagparish.com.au/</u>



Sacrament of Reconciliation registration

**Please put the applicable notice in your newsletter, if its not already. The family night is different depending on your location in the parish.

https://tagparish.com.au/reconciliation/



registrations are now open for children in year 3 and above who have been Baptised Catholic.

Please register before the Family Formation Evening Thurs 27th Feb, 6pm www.tagparish.com.au/Reconciliation

STUDENT LEARNING & ACHIEVEMENTS

OUTDOOR DISCOVERY

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Lisieux

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We have had a wonderful start to the year in Outdoor Discovery. We have discovered that many different animals love our dry forest habitat. Including these beautiful gang gang cockatoos. We feel very luck to have had them visit us.







CURRAWONG

MAGPIE

GANG GANG COCKATOO





INTRODUCING

MR CURTIS

My name is Mr Curtis and I am excited to be the Grade 5 teacher for Scentbark 1 this year.

I've taught across Grades 3–6 and also have experience as a STEM teacher. I'm really passionate about building authentic relationships with students and believe connecting with each child individually is key to helping them reach their full potential. I focus a lot on student wellbeing and the development of the whole child. Outside of the classroom, I love staying active and spending time outdoors with my family and our Jack Russell, Evie.

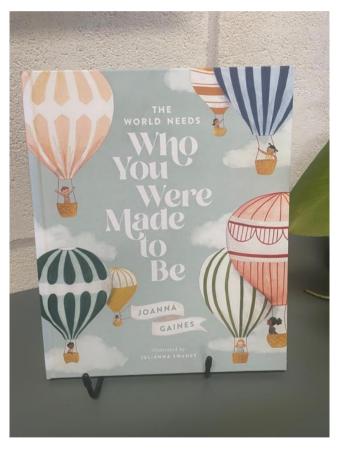
MY PET

FUN FACTS:

Favourite Colour: Blue Favourite Food: Lasagna Footy Team: Richmond Hobbies: Camping, surfing, football Family: Married with three children.

My pet dog is a Evie . She is a little Jack Russell who is full of personality and can be naughty at times by sneaking into bedrooms and crawling under the covers.





This one is a firm favourite of staff and a special one to read at school or home at the beginning of the year (or any time really). "Who you were made to be" by author Joanna Gaines and illustrator Julianna Swaney celebrates creativity and acceptance of difference through the story of a hot air balloon adventure. The beautifully illustrated book is a perfect prompt for discussion about diversity.





Nail Polish Policy

As part of our ongoing efforts to maintain a focused and professional learning environment, we kindly ask that students refrain from wearing or bringing nail polish to school. Nail polish often contains chemicals that can be distracting or harmful, and we aim to keep the school environment safe and healthy for all students.

We appreciate your support in helping us uphold this standard, ensuring a uniform and distraction-free atmosphere.

Art Smocks



Every student at Lisieux requires an Art smock. We have some available for purchase from Reception, or you can purchase at Kmart, Target or bring a recycled top from home. Art smocks should be clearly labelled with student's name. Students who do not have a smock at school will not be able to take part in all activities such as Art, some Flow activities and Atelier groups.

Mobile Phones/Smart Watches Reminder

This is a reminder that students are discouraged from bringing smart watches or mobile phones to school. If you deem it necessary for your child to have a mobile phone or Smart Watch, please remember it is school policy that all mobile phones and Smart Watches must be handed in at the office as soon as the child arrives at school, and collected at the end the day. This ensures that mobile phones and watches are not used inappropriately, they are not a distraction and they are not misplaced. Please note that this is our expectation regardless of whether the device is set to school mode or not.

Guidelines for screen time can be found in the Australian <u>24-hour movement guidelines</u> for the early years. These guidelines were developed from reviews of the evidence about the effects of physical activity, sleep and sedentary time (including screen time) on children's development, health and wellbeing.

For screen time, the guidelines recommend:

- no screen time for children younger than two years
- no more than one hour per day for children aged 2–5 years
- no more than two hours of sedentary recreational screen time per day for children and young people aged 5–17 years (not including schoolwork).

Date Error in published calendar

Please note that there was an incorrect date publication in the annual Lisieux calendar. Tuesday 11 November is not a student free day. There may be an alternative date secured in due course and we will communicate this as soon as possible. We apologise for any inconvenience. Please note we are also currently securing a date for our whole school production which will be in Term 4 this year at Costa Hall.

2025 Sports uniform schedule

Prep	Tuesday and Friday	
Year 1 & 2	Wednesday and Friday	
Year 3	Thursday and Friday	
Year 4	Wednesday (with STRIVE top once distributed) and Thursday	
Year 5 & 6	Thursday and Friday	



LUNCH TIME CLUBS AT LISIEUX

Monday	Tuesday	Wednesday	Thursday	Friday
Book Club	Craft Club	Drawing and Comics Club	Board games	Lego Club
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Premier of Victoria

1 Treasury Place Melbourne, Victoria 3002 Australia Telephone: +613 9651 5000

Wednesday 28 August 2024

Dear parents and carers

Re: \$400 School Saving Bonus

Families want the absolute best for their kids. But with the current cost of living – uniforms, camps, sports and more – it all adds up.

That's why the Allan Labor Government is making life that little bit easier for families, by providing a one-off \$400 School Saving Bonus.

Non-government school students who will be in Prep through to Year 12 in 2025, and who are receiving the means-tested <u>Camps, Sports and Excursions Fund</u> (CSEF), are eligible for the School Saving Bonus.

Parents and carers do not need to apply, with the School Saving Bonus being paid to nongovernment schools for eligible students from late November 2024.

The \$400 School Saving Bonus is available for each child. That means an eligible family with three school-aged children will receive a total of \$1,200.

Importantly, the School Saving Bonus is available in addition to the Camps, Sports and Excursions Fund.

To learn more about the School Saving Bonus, talk to your school about how this cost of living relief will apply to you.

More information about the School Saving Bonus is also available at vic.gov.au/schoolsaving-bonus.

And from our families to yours - best of luck for the 2025 school year.

Sincerely,

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Hon. Jacinta Allan Premier of Victoria Mum of two

n Carvoll

The Hon. Ben Carroll MP Deputy Premier Minister for Education

Your details will be dealt with in accordance with the Public Records Act 1973 and the Privacy and Data Protection Act 2014. Should you have any queries or wish to gain access to your personal information held by this department please contact our Privacy Officer at the above address.







FINANCIAL ASSISTANCE

INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- · \$154 for primary school students
- · \$256 for secondary school students

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments: your child has started or changed schools this year.
- changed family circumstances: such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure

MORE INFORMATION

For more information about CSEF visit: https://www.vic.gov.au/camps-sports-and-excursions-fund



1 | Department of Education



Camps, Sports and Excursions fund eligibility

Below are the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

Criteria 1 - Eligibility

To be eligible* for the fund, a mature minor of sixteen years of age or over, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- · on the first day of Term one; or
- · on the first day of Term two.
- a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder: or
- b) Be a temporary foster parent; and
- c) Submit an application to the school by the due date.

* A special consideration eligibility category also exists. For more information, see: Camps. Sports and Excursions Fund (CSEF): Eligibility Leducation.vic.gov.au

Mature minors or parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and seventeen years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and eighteen years inclusive.

CSEF is not payable to students' attending pre-school, kindergarten, home schooling, or TAFE.

Eligibility Date

For concession card holders, CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink (see Camps, Sports and Excursions Fund (CSEF); Policy Leducation.vic.gov.au).

Payment amounts

CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

The CSEF is paid directly the school and will be allocated by the school towards camps, sports and/or excursion costs for your child. Please refer to the policy for the current rates.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see: <u>Camps</u>, <u>Sports and Excursions Fund (CSEF): Payment amounts | education.vic.gov.au</u>

Foundation and Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Schools are required to make applications on behalf of parents, so please register your interest at the school.

How to complete the application form

NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

- Complete the PARENT/LEGAL GUARDIAN DETAILS section. Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school. If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.
- 2. Complete the STUDENT/S DETAILS section for students at this school.
- 3. Sign and date the form and return it to the school office as soon as possible.

CSEF payments cannot be claimed retrospectively for prior years.

Queries relating to CSEF eligibility and payments should be directed to the school.

WELLBEING

WELLBEINĠ

POSITIVE BEHAVIOUR FOR LEARNING AT LISIEUX

THIS WEEK WE INTRODUCED THE EXPECTATION:

AT LISIEUX WE WEAR OUR UNIFORM CORRECTLY



SCHOOL WIDE STUDENTS EXPLORED THIS EXPECTATION AND WHY IT IS IMPORTANT TO WEAR THE UNIFORM CORRECTLY. LOOK AT SOME OF THE REFLECTIONS THEY DID IN THEIR UBUNTU JOURNALS. THE PREPS ALSO EXPLORED WHERE THEY SEE OTHER PEOPLE IN THEIR FAMILIES OR THE COMMUNITY WEARING A UNIFORM.

WE ARE RESPECTFUL AND RESPONSIBLE WHEN WE WEAR OUR UNIFORM CORRECTLY!



LEARNING COMMUNITY IN PICTURES







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The Parents and Friends Committee are planning so great fundraisers for the year. If you have any ideas for fundraising events and would like to meet some other school parents, please come along to the AGM on Thursday 27 Feb, we'd love to have you there.



Shrove Tuesday MARCH 4TH 2025



Each child to BYO plate

Hosted by the P&F



Sponsored by Pond Cafe Torquay



Allergies catered for Pls contact Susie 0438044405 for any queries Coming up on Tuesday 4 March is Shrove Tuesday... or PANCAKE TUESDAY!!

The P and F will be back making pancakes for the students. Each student is asked to bring their own plate with cutlery.

Pancakes will be served from 10:15am starting with Prep. Students can choose from maple syrup or lemon and sugar for the toppings.

Allergies will be catered for.

There is no charge for the pancakes.

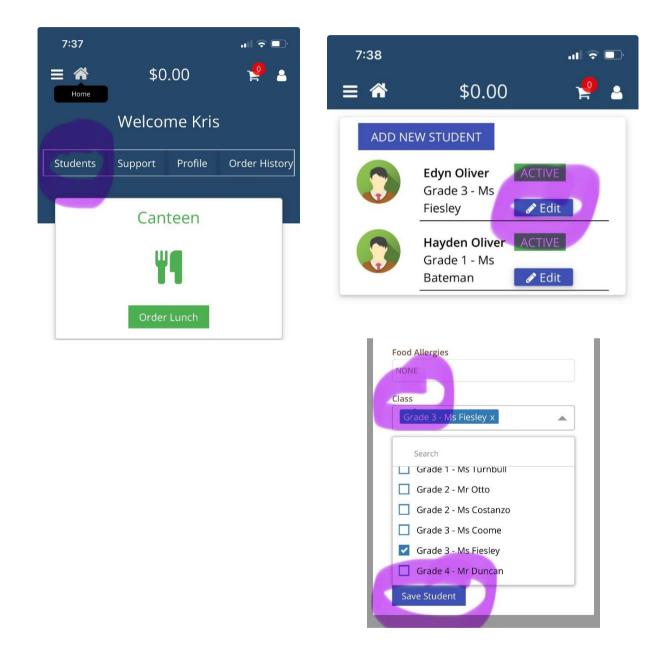
Friday Canteen

As you may be aware the lunch time routine has changed this year.. with the children eating lunch in their class room before they go out to play. We've had to change how we do the delivery of the Friday Canteen orders.

Each class will send one or two monitors to the canteen to collect their class tub.

To make sure orders are in the correct tub, can I please ask you to update your child's profile on School24 – to the correct class (by teacher name). The steps below will help.

If you have already ordered for this week, it's fine. If you have any questions please let me know.



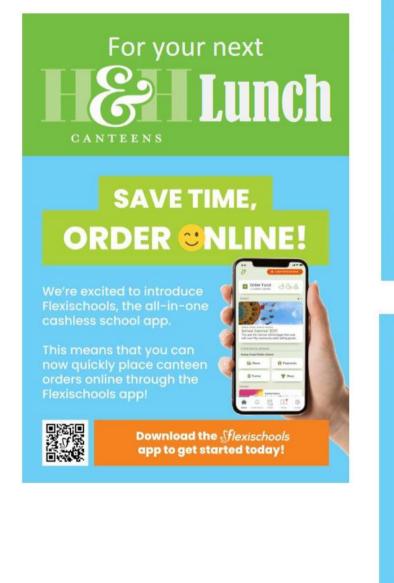
Thank you to those who have signed up to help out at the canteen. Only two volunteers are required, 11am - 2pm, and you're welcome to bring any little ones.

Volunteers can register through the Volunteer Roster in School24. Volunteers, for canteen and any event at the school will require a working with children check.

WEEK / DATE	YEAR LEVEL TO VOLUNTEER (at least 2 people)	
Week 4: 21 Feb	Year 4 – Thank you, we have our volunteers	
Week 5: 28 Feb	Year 3	
Week 6: No canteen		
Week 7: 14 March	Year 2 – Thank you, we have our volunteers	
Week 8: 21 March	Year 1 – Thank you, we have our volunteers	
Week 9: 28 March	Prep – Thank you, we have our volunteers	
Week 10: 4 April, last day of term 1	Year 5 and 6 – Thank you, we have our volunteers	

School Canteen and Lunch Orders:

- Thursday Lunch orders: Are to be placed through the Flexischools app by 8.30am on Wednesdays.
- Friday School canteen orders: Are placed through the School24 app by 6pm on Wednesdays.
 - \circ $\:$ Steps on how to order through School24 are below







GETTING STARTED

Welcome to School24. We look forward to providing you with an easy-to-use online ordering platform that can be used on-the-go at any time! Getting started is easy, just follow the steps below and you'll be ready to make your first order in minutes.

Registration

To register, visit <u>www.school24.net.au</u> on **any device** OR install the School24 mobile app on your IPhone/Android from the Apple App Store/Google Play Store

- · Press the ORANGE registration button to create your account
- · Enter your unique school ID number below to match your account with your school
- Once completed click <u>Create Account</u>.

Lisieux Catholic Primary School: 25437963 Congratulations you are now registered!

Activate your Account

Go to www.school24.net.au OR using the app you downloaded earlier to your iPhone/Android

Use your registered email address and password to login. Once you have logged in you will
need to complete the following steps to ensure you are ready to make your first order.

Step 1

Setup your children. In the middle of the screen there is a "Students' button. Here you can
input your child's name and class, along with any allergies or special requirements they may
have.

Step 2 (optional)

 Top-up your account. You will be taken to a secure page where you can select a top-up amount and enter your card details. Top-up is instant when using visa/master cards. You can pay as you go when purchase an item/product at Schoolz4, top up a schoolz4 acount is only optional.

Place your first order!

Congratulations. You are now ready to make your first order.

Newsletter advertising

If you or anyone you know would like to place an ad in our newsletter please see the below information. Small: A6 148 x105mm

Medium: A5 148 x 210mm Large: A4 297 x 210mm

NEWSLETTER ADVERTISING!

Do you have or know of a local business that would like to advertise to our school community?

Our newsletter gets over 1,000 views each week!

SMALL AD	MEDIUM AD	LARGE AD
One Off: \$20	One Off: \$40	One Off: \$80
One Month: \$50	One Month: \$100	One Month: \$200
One Term: \$100	One Term: \$200	One Term:\$400

OR you might like to have a Special Offer e.g. "Quote 'Lisieux' when booking a job and we'll give \$50 back to the school." Or "For every Lisieux Family Meal Deal ordered we will give \$10 back to the school."

OR you might be interested in sponsoring one of our bigger projects and have your business name and logo on it! Bigger projects get FREE Newsletter Advertising.

For Advertising Enquiries please contact Lisieux Parents and Friends Committee at: lisieuxpandf@gmail.com